

PLEASE JOIN US!

At any of the 15 Support Groups Across the State

York, Cumberland, Oxford and Androscoggin Counties

Laurie Cavanaugh, Regional Parent Support Coordinator, (207) 284-0033; Email: gearregionone@aol.com

Lewiston - Meets the 2nd Wednesday of each month at CMMC from 6:30-8 p.m.

Norway - Meets the 4th Wednesday of each month at Stevens Memorial Hospital 6:30-8 p.m.

South Portland - Meets the 1st Wednesday of each month at YAI Family Center, Lydia Rd, 6:30-8 p.m.

Kennebec, Somerset and Franklin Counties

Kathy Tisdale, Regional Parent Support Coordinator (207) 582-7573; Email: tisdale71@msn.com

Diane Bouffard, Regional Parent Support Coordinator (207) 634-2336; Email: diane_bouffard@tds.net

Waterville - Meets the 1st Tuesday of each month at Alford Youth Center, 126 North Street, 6:30-8 p.m.

Augusta - Meets the 2nd Tuesday of each month at Crisis & Counseling Center, 32 Winthrop St, 6-8 p.m.

Skowhegan - Meets the 4th Tuesday of each month at Crisis & Counseling Center, 346 Water St, 9:30 to 11 a.m.

Hancock, Waldo and Knox Counties

Cindy Seekins, Regional Parent Support Coordinator, (207) 223-9993; Email: cseekins1@verizon.net

Belfast - Meets the 2nd Tuesday of each month at Captain Albert Stevens School Library, Elementary Lane, 6-8 p.m.

Ellsworth – Meets the 4th Friday of each month at KidsPeace of New England from 10:30a-12:30 p.m.

Rockland – Meets the 4th Tuesday of each month at Mid-Coast Children's Services, 272 Park St. from 1-2:30 p.m.

Searsport - Meets 4th Tuesday of each month at Waldo County Head Start, 3 Back Searsport Rd from 5:30-7:30 p.m.

Lincoln, Sagadahoc Counties including Brunswick area

Norman LeBlanc, Regional Parent Support Coordinator, (207) 721-0161; Email: nleblanc5@verizon.net

Brunswick - Meets the 2nd Monday of each month at Mid-Coast Hospital, 121 Medical Center Drive from 6:30 to 8 p.m.

Bath - Meets the 3rd Thursday each month at Families CAN, Mid-Coast Maine Community Action, 34 Wing Farm Parkway 10-12 p.m.

Penobscot, Piscataquis and Washington Counties

Helen Jones, Regional Parent Support Coordinator, (207) 564-3361; Email: gearregion3@verizon.net

Bangor - Meets the 3rd Tuesday of each month at Wings for Families and Children, 900 Hammond St. from 6-7:30 p.m.

Dover-Foxcroft - Meets the 3rd Thursday of each month at Mayo Regional Hospital in the Sebec room from 6-7:30 p.m.

Newport – Meets the 4th Monday each month at Newport Elementary School Library from 6-7:30 p.m.

Aroostook County – Contact 1-800-264-9224 for support and more information

For More Info, Contact us at 1-800-264-9224 or visit us on the web at: www.gearparentnetwork.com

