Check out Maine Parent Federation’s workshops, we are here to help!

Advocacy
- Becoming a Great Leader!
- Can You Hear Me Now?: 
  Communication, Advocacy, and Conflict Resolution
- Self-Advocacy: Finding Your Voice

Special Education
- Making Friends with the IEP
- IEP’s, S.M.A.R.T. Goals, Great Tips, and Strategies
- S.M.A.R.T. Goals for Your Child’s IEP

MPF Resources
- Maine Parent Federation Overview

Other
- Bullying

These workshops are developed with the interests and needs of families of children with disabilities and special health care needs in mind. Providers and educators who work with families can also benefit from these workshops.

All of our workshops are one and a half to two hours in length, but we are happy to adjust the presentation time to meet your needs. We will come to your location days, evenings, or weekends.

Workshop Fees:

**Workshop Fee for Parents:**
There is no charge for parents or parent groups.

**Workshop Fee for Agencies, Providers or Professional Groups:**
There is a minimum $75 fee unless otherwise noted.

**Fee is waived if parents are invited to attend workshop or include an additional workshop for parents.**

If you, your group, school, agency, or organization is interested in scheduling a workshop or would like more information about our workshops, please contact Maine Parent Federation at:

(800) 870-7746 (Statewide) or (207) 588-1933
Website: [www.mpf.org](http://www.mpf.org) - Email: parentconnect@mpf.org