MPF Lending

Maine Parent Federation, Inc.
PO Box 2067, Augusta, ME 04338-2067

(800) 870-7746 (Statewide) or (207) 588-1933
Fax: (207) 588-1938  Email: parentconnect@mpf.org

This list is also available on our website at:

www.mpf.org

Rev. 1/2021
Maine Parent Federation
Lending Library

The MPF Library is a valuable resource to families and professionals in Maine. The success of the library is greatly determined by the quality and availability of the materials we offer. To help us maintain our library, we ask that you follow these guidelines.

How to Request Materials

Call: (800) 870-7746
(207) 588-1933
E-mail: dnewcombe@mpf.org
Fax: (207) 588-1638

Write: MPF Library
PO Box 2067
Augusta, Maine 04338

Visit: 484 Maine Avenue, Suite 2D
Farmingdale, Maine 04344
Hours: 8:30 - 4:30 Mon. – Fri.

Library Policy

The complete library list is available in print or online at www.mpf.org. To request a printed copy, call the office or send an Email.

You may borrow two materials at a time. We pay postage to send the materials to you and you are responsible for the cost of return postage.

Materials are loaned for a three-week period. If you need to renew them, call to check with us, we may be able to extend the due date as long as there is not a waiting list for the material.

If materials are more than two weeks late we will ask you for a $5 late fee donation, payable to the MPF Library.

We keep a waiting list for materials that are already on loan when you request them. You can ask that your name be added to the waiting list and materials will be mailed to you as soon as they become available.

About the Library List

The library list is arranged by topic then listed alphabetically by title. Materials are not cross-referenced, so each title appears only once and you may have to check other sections.

- Please remember - we are always adding new materials and updating the library list.
We have numerous titles available in the library covering a broad range of topics. Please call the library if you need assistance locating a particular item, (800) 870-7746. Materials are grouped under the following topics:

Abuse/Neglect
Adoption/Foster Care
Adults
Advocacy/Self Advocacy
Anxiety/Stress/Fears
Assistive Technology
Attention Deficit Disorder
Autism/Asperger's Syndrome/PDD
Behavior/Discipline
Bipolar Disorder
Birth to Three
Brain Injury
Bullying
Cerebral Palsy
Child Development
Communication
Depression
Developmental Disabilities
Diabetes
Divorce/Step-Parenting
Early Childhood
Eating Disorders
Employment
Epilepsy
Gender Issues

Grief
Health/Medical
Hearing Loss
Inclusion/Integration
Learning Disabilities
Mental Illness
Miscellaneous
Non-Verbal Learning Disabilities
Obsessive Compulsive Disorder
Other Disabilities
Parent Involvement
Parent/Family Issues
Personal Stories
Play
Potty Learning
Recreation
School/Education
Self-Esteem/Social Skills
Sensory Integration
Special Education
Spina Bifida
Tourette Syndrome
Visual Impairments
<table>
<thead>
<tr>
<th>Book Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Building the Bonds of Attachment</strong></td>
<td>Daniel Hughes</td>
<td>Book</td>
<td>312</td>
<td>This book teaches the process of helping children who have been severely damaged by abuse and neglect.</td>
</tr>
<tr>
<td><strong>I Can Say No</strong></td>
<td>Doris Sanford</td>
<td>Children's Book</td>
<td></td>
<td>A book about drug abuse and choosing to say no.</td>
</tr>
<tr>
<td><strong>I Can’t Talk About It</strong></td>
<td>Doris Sanford</td>
<td>Children's Book</td>
<td></td>
<td>A book about sexual abuse, healing, and learning to trust again.</td>
</tr>
<tr>
<td><strong>Laurie Tells</strong></td>
<td>Linda Lowery</td>
<td>Children's Book</td>
<td></td>
<td>Laurie, age 11, examines her feelings about abuse.</td>
</tr>
<tr>
<td><strong>Liza’s Story</strong></td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
<td>A child’s story about neglect and the police. This book is a valuable tool for discussing abuse with children.</td>
</tr>
<tr>
<td><strong>Margaret’s Story</strong></td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
<td>A child’s story about sexual abuse and going to court. This book is a valuable tool for discussing abuse with children.</td>
</tr>
<tr>
<td><strong>Michael’s Story</strong></td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
<td>A child’s story about emotional abuse and working with a counselor. This book is a valuable tool for discussing abuse with children.</td>
</tr>
<tr>
<td><strong>Robin’s Story</strong></td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
<td>A child’s story about physical abuse and seeing the doctor. This book is a valuable tool for discussing abuse with children.</td>
</tr>
<tr>
<td><strong>When I Was Little Like You</strong></td>
<td>Jane Porett</td>
<td>Children's Book</td>
<td></td>
<td>The author uses her experience to tell children how to recognize and what to do about sexual abuse.</td>
</tr>
</tbody>
</table>
And Some Rise Above It
O. Dashawn Patrick Book 355 Pages
A true story about foster care, a moving, compelling narrative that elicits the inner strength that we all possess.

Day We Met You, The
Phoebe Koehler Children's Book
For adoptive parents, a story to explain adoption to young children.

Did My First Mother Love Me?
Kathryn Miller Children's Book
A story for an adopted child.

Endless Dreams: Building Educational Support for Youth in Foster Care
Casey Family Programs DVD 15 Mins.
This video showcases the great potential of schools to support and enrich the lives of youth in foster care.

For Your Own Good
Doris Sanford Children's Book
A child's book about living in a foster home.

Jason’s Story
Deborah Anderson and Martha Finne Children's Book 45 Pages
A story for children about going to a foster home.

Keys to Parenting an Adopted Child
Kathy Lancaster Book 190 Pages
Practical, expert advice on the rewards and challenges connected with raising an adopted child.

Memories of a Baby Stealer - Lessons I’ve Learned as a Foster Mother
Mary Callahan Book 223 Pages
Chronicles Callahan’s experiences with five foster children, shedding light on the inadequacies of the country’s child welfare system.

Our Baby
Janice Koch Children's Book
A story about birth and adoption.

Parenting the Hurt Child
Gregory Keck and Regina Kupecky Book 295 Pages
Learn ways to help adoptive families heal and grow.
Parenting Your Adopted Child
Andrew Adesman, M.D. 
Book 
236 Pages
Learn ways to give your adopted child a positive, loving home.

Raising Adopted Children
Lois Ruskai Melina 
Book 
373 Pages
Practical, reassuring advice for every adoptive parent.

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew
Sherrie Eldridge 
Book 
224 Pages
This book was written by a woman who was adopted. She gives voice to children’s unspoken concerns.

Zachary’s New Home
Geraldine Blomquist MSW & Paul Blomquist 
Children’s Book 
A book about foster care and adoption for children.

Topc: Adults

Couples with Intellectual Disabilities Talk About Living and Loving
Karin Melberg Schwier 
Book 
210 Pages
An inspiring collection of profiles of people who have found meaningful, intimate relationships.

Dear Diana
Diana Bilezikian 
Book 
207 Pages
Diana’s guide to independent living for adolescents and young adults with different learning styles and special needs.

Make the Day Matter!
Pamela Walker & Patricia Rogan 
Book 
162 Pages
Promoting typical lifestyles for adults with significant disabilities.

More Than a Job
Paul Wehman & John Kregel 
Book 
352 Pages
Shows how to secure satisfying careers for people with disabilities.

Moving Out
Dafna Krouk-Gprdon & Barbara Jackins 
Book 
225 Pages
A family guide to residential planning for adults with disabilities.

Part of the Community
Jan Nisbet & David Hagner 
Book 
299 Pages
Strategies for including everyone, helps individuals with disabilities achieve full citizenship in the community.
Sexuality
Karin Schwier & Dave Hingsburger Book 223 Pages
Offers helpful advice, practical strategies as individuals with intellectual disability explain what is important to them.

What's Stopping You?
Mark Nagler & Adam Nagler Book 336 Pages
A blueprint for action, living successfully with a disability.

Topic: Advocacy/Self Advocacy

Intelligent Lives
DVD 70 Mins.
This stars three pioneering young adults with intellectual disabilities who challenge perceptions of intelligence as they navigate high school, college, and the workforce.

Topic: Anxiety/Stress/Fears

Anxiety-Free Kids
Bonnie Zucker, Psy.D. Book 84 Pages
An interactive guide to help your child become happy and worry free and helps relieve your child’s excessive anxieties and phobias.

Don’t Pop Your Cork on Mondays!
Adolph Moser, Ed.D. Children’s Book 61 Pages

Facing Fear Without Freaking Out
Trevor Romain Children’s DVD 80 Mins.
A children’s DVD introducing the “Fear Busters”, follow the adventures of Jack and Skye and learn strategies to overcome fear.

Freeing Your Child From Anxiety
Tamar Chansky, Ph.D. Book 305 Pages
Examines all manifestations of childhood fears, including social anxiety, hair-pulling, bedwetting, clinginess, nightmares and more.

Helping Your Anxious Child
Rapee, Spence, Cobham & Wignall Book 160 Pages
This book offers a step-by-step guide to help parents assist their children in overcoming worries, fears and anxieties.

Howie Helps Himself
Joan Fassler Children’s Book
A story of a child who has a physical disability overcoming anxieties and fears.
### Night Light
Jack Dutro, Ph.D.  
A story for children afraid of the dark.

### Parent’s Guide to Building Resilience in Children & Teens, A
Kenneth Ginsburg, MD, MS Ed, FAAP  
How to help your child or teen learn to manage stress and thrive!  
308 Pages

### Stress Can Really Get On Your Nerves!
Trevor Romain & Elizabeth Verdick  
This children's book will help you stop being a worried wreck and teach you how to handle your stress.  
96 Pages

### What to Do When You’re Scared & Worried
James Crist, Ph.D.  
A guide for kids - everyone has fears and worries some of the time but you don’t have to stay scared and worried, this book can help.  
120 Pages

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### Topic: Assistive Technology

### Commonly Asked Questions about Assistive Technology
Maine CITE  
An educators’, parents’, and advocates’ guide to commonly asked questions about assistive technology devices and services.  
68 Pages

### Parent Guidebook to Assistive Technology
Maine CITE  
This book will help you find assistive technology (AT), offers ways to pay for AT and teaches you how to advocate for AT.  
141 Pages

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### Topic: Attention Deficit Disorder

### 50 Activities and Games for Kids with ADHD
Patricia Quinn & Judith Stern  
Games, puzzles, activities, articles, resources and more! Offers practical tips for solving problems and getting organized.  
94 Pages

### AD/HD & Driving
J. Marlene Snyder, Ph.D.  
Discusses the additional challenges parents encounter when their teen with AD/HD is working towards a drivers license.  
147 Pages

### ADD & ADHD Answer Book, The
Susan Ashley, Ph.D.  
Professional answers to 275 of the top questions parents ask.  
272 Pages
ADHD - A Complete and Authoritative Guide
American Academy of Pediatrics Book 354 Pages
Provides information regarding evaluation, diagnosis, behavior therapy, the role of medication, coexisting conditions, and more.

ADHD - What Every Parent Wants to Know
David Wodrich Book 285 Pages
A valuable aid for parents struggling with what to do about their child's attention, activity, and conduct problems.

ADHD Autism Connection, The
Diane M. Kennedy Book 206 Pages
New insights into the overwhelming number of similarities between Autism and ADHD.

All Dogs Have ADHD
Kathy Hoopmann Book 64 Pages
This insightful book takes a refreshing approach to understanding ADHD by combining humor with understanding.

Attention Deficit Disorder
Thomas E. Brown, Ph.D. Book 360 Pages
A book that provides insight into ADD/ADHD, demonstrates why ADHD is a far more profound disorder of cognitive development than many believe.

Daredevils and Daydreamers
Barbara D. Ingersoll, Ph.D. Book 239 Pages
Summarizes what we've learned in the past decade about ADHD and offers helpful information.

Day In The Life of an Adult With ADHD, A
Vera Joffe & Monica Iachan Book 75 Pages
A guide for adults with ADHD who are looking for ways to understand their condition and strategies to improve their life.

Delivered from Distraction
Edward Hallowell & John Ratey Book 379 Pages
Information on every aspect of ADD, including diagnostic procedures, the truth about drugs, and much more.

Distant Drums, Different Drummers
Barbara D. Ingersoll, Ph.D. Children's Book
A guide for young people with ADHD.

Eagle Eyes
Jeanne Gehret, M.A. Children's Book
A story about a boy who learns to recognize and control his ADD.
Get a Grip on ADD
Kim Frank & Susan Smith
A kid's guide to understanding and coping with attention disorders.

Gift of ADHD, The
Lara Honos-Webb, Ph.D
Learn how to transform your child's problems into strengths and channel their energy into cooperation.

Great Days Ahead
Frank Bowers
A book on parenting children who have ADHD with hope and confidence.

Help! My Grandchild has ADHD
Judy Kirzner
What children with ADHD and their parents wish you knew.

I'm Somebody Too
Jeanne Gehret, M.A.
Show how ADD affects the entire family, for non-ADD siblings nine and older.

Jumpin' Jake Settles Down
Lawrence Shapiro
A workbook to help impulsive children learn to think before they act.

Jumpin' Johnny Get Back to Work!
Michael Gordon
A child's guide to ADHD.

Learning to Slow Down and Pay Attention
Kathleen G. Nadeau, Ph.D.
This book answers the question, "What do I tell my child about ADD?"

Making the System Work for Your Child with ADHD
Peter Jensen, M.D.
How to cut through the red tape and get what you need from doctors, teachers, schools, and healthcare plans.

Maybe You Know My Kid
Mary Fowler
A parent's guide to helping your child with attention deficit hyperactivity disorder.
Maybe You Know My Teen
Mary Fowler  Book  359 Pages
A comprehensive guide for dealing with the unique challenges of raising an adolescent with ADHD.

Otto Learns About His Medicine
Matthew Galvin, M.D.  Children's Book
A story about hyperactivity and the medications that are prescribed for it.

Power Parenting for Children with ADD/ADHD
Grad L. Flick, Ph.D.  Book  242 Pages
Proven, real-life strategies and techniques, up-to-date information on medications, stress management, and more.

Practical Suggestions for AD/HD
Clare Jones  Book  209 Pages
Offers practical suggestions for dealing with AD/HD throughout your life.

Put Yourself in Their Shoes
Harvey C. Parker, Ph.D.  Book  229 Pages
Information in how ADHD affects the lives of adolescents at home, school, in the workplace, and in social relationships.

Putting on the Brakes
P. Quinn, M.D. & J. Stern, M.A.  Children's Book
A guide for children eight to thirteen that will help them understand ADHD.

Putting on the Brakes Activity Book for Young People w/ADHD, The
Patricia Quinn, M.D. & Judith Stern, M.A.  Children's Book  88 Pages
This book provides dozens of ways to spark and hold the interest of young readers with ADHD. Designed as a companion book to Putting on the Brakes.

Ryan
Susan Hughes  Book  153 Pages
A mother's story of her son with hyperactivity.

Shelley the Hyperactive Turtle
Deborah Moss  Children's Book
A lovely children's story of a turtle with hyperactivity.

Superparenting for ADD
Edward Hallowell, M.D. and Peter Jensen, M.  Book  212 Pages
Offers an innovative approach to raising your distracted child and takes you inside the minds of children with ADD and shows how the world looks to them.
Survival Guide for College Students with ADHD or LD
Kathleen Nadeau
Book
95 Pages
Contains everything you need to know to find the best college for you, make the best use of support services and accommodations, select and schedule courses, and more.

Taking Charge of ADHD
Russell Barkley, Ph.D.
Book
153 Pages
The complete authoritative guide for parents, offers something for everyone involved with children with ADHD.

Teenagers with ADD
Chris A. Zeigler Dendy, M.S.
Book
370 Pages
A look at the special issues and challenges faced by teens, their families, teachers, and treatment professionals.

Teenagers with ADD, ADHD & Executive Function Deficits
Chris Zeigler Dendy
Book
359 Pages
This is a one-stop source of up-to-date, scientifically accurate, and reassuring information for parents.

Understanding Girls with AD/HD
Nadeau, Littman & Quinn
Book
293 Pages
A ground breaking book for parents, teachers, and other professionals who want to learn how to recognize and help girls with AD/HD.

Understanding Women with AD/HD
Kathleen Nadeau & Patricia Quinn
Book
465 Pages
This book will help women with AD/HD and their family and friends understand how this disorder affects women and offers ways to help.

Zipper
Caroline Janover
Children's Book
The adventures of Zipper, as he learns important life lessons and works hard to reach his goals.

Topic: Autism/Asperger's Syndrome/PDD

1001 Great Ideas for Teaching & Raising Children with Autism or
Ellen Notbohm and Veronica Zysk
Book
364 Pages
Quickly find solutions, explanations, and strategies that speak to the variety of developmental levels, learning styles, and abilities inherent in children with ASD.

101 Tips for Parents of Children with Autism
Arnold Miller and Theresa Smith
Book
223 Pages
This practical how-to-guide will help you to identify causes of distress, foster friendships, increase focus, toilet train, stop tantrums, and handle inappropriate conduct.

All Cats Have Asperger Syndrome
Kathy Hoopmann
Book
65 Pages
Touching, insightful, humorous, this book evokes the joys and challenges of raising a child who is different.
<table>
<thead>
<tr>
<th>Title</th>
<th>Type</th>
<th>Pages</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Andy and His Yellow Frisbee</td>
<td>Children's Book</td>
<td></td>
<td>This heartwarming story introduces young readers to Autism.</td>
</tr>
<tr>
<td>Aquamarine Blue 5</td>
<td>Book</td>
<td>134</td>
<td>Personal stories of college students with Autism.</td>
</tr>
<tr>
<td>Asperger Syndrome in Adolescence</td>
<td>Book</td>
<td>336</td>
<td>This book gives easy solutions to how best to help and understand anyone in adolescence with ASD.</td>
</tr>
<tr>
<td>Asperger Syndrome: A Different Mind</td>
<td>DVD</td>
<td></td>
<td>Gives viewers an opportunity to see and hear about the nature of AS from children and adults who have ASD as well as from doctors, teachers, and family members.</td>
</tr>
<tr>
<td>Asperger Syndrome: Living Outside the Bell Curve</td>
<td>DVD</td>
<td>18 Mins.</td>
<td>Focuses on 12 yr. old Andrew. Explains the causes, symptoms, and strategies for coping with Asperger Syndrome.</td>
</tr>
<tr>
<td>Asperger Syndrome: Transition to College and Work</td>
<td>DVD</td>
<td>57 Mins.</td>
<td>Practical steps students can take during high school to prepare for college and the workplace.</td>
</tr>
<tr>
<td>Asperger's Syndrome</td>
<td>Book</td>
<td>223</td>
<td>Detailed discussions of the problems people with AS may encounter and offers practical suggestions to help.</td>
</tr>
<tr>
<td>Autism is a World</td>
<td>DVD</td>
<td>40 Mins.</td>
<td>In Sue Rubin's own words, this DVD takes viewers on a journey into her mind, her daily world, and her life with Autism.</td>
</tr>
<tr>
<td>Autism Playbook, The</td>
<td>Book</td>
<td>139</td>
<td>Creative and imaginative activities to help you stay calm, learn independence, and build friendships.</td>
</tr>
<tr>
<td>Autism Spectrum Disorders</td>
<td>DVD</td>
<td>39 mins.</td>
<td>Discusses cognitive style, diagnostic characteristics, communication skills and deficits, social and challenging behaviors, and more.</td>
</tr>
<tr>
<td>Title</td>
<td>Author(s)</td>
<td>Format</td>
<td>Pages</td>
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<td>------------------------------------------------------------</td>
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<tr>
<td>Autism Through the Lifespan</td>
<td>David Holmes, Ed.D.</td>
<td>Book</td>
<td>383</td>
</tr>
<tr>
<td>The Eden Model - Presents an in-depth model for providing lifelong services for children and adults with Autism.</td>
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<tr>
<td>Autism Times Two</td>
<td>Attainment</td>
<td>DVD</td>
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<tr>
<td>Learn how one family copes with the challenges of Autism.</td>
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<tr>
<td>Behavior Support for Students with ASD</td>
<td>Debra Leach</td>
<td>Book</td>
<td>242</td>
</tr>
<tr>
<td>Provides practical help for 10 common challenges.</td>
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<tr>
<td>Being Bullied</td>
<td>Nick Dubin</td>
<td>DVD</td>
<td>30 Mins.</td>
</tr>
<tr>
<td>Offers strategies and solutions for people with Asperger’s Syndrome.</td>
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<tr>
<td>Born on a Blue Day</td>
<td>By Daniel Tammet</td>
<td>Book</td>
<td>237</td>
</tr>
<tr>
<td>A guide into the extraordinary mind of an autistic savant by the person himself, Daniel Tammet.</td>
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<tr>
<td>Born on the Wrong Planet</td>
<td>Erika Hammerschmidt</td>
<td>Book</td>
<td>198</td>
</tr>
<tr>
<td>The author recounts her struggles during her journey through life with Asperger’s Syndrome.</td>
<td></td>
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</tr>
<tr>
<td>Children with Autism - Diagnosis and Interventions</td>
<td>Trevarthen, Aitken, Papoudi &amp; Robarts</td>
<td>Book</td>
<td>348</td>
</tr>
<tr>
<td>Understanding Autism and normal infant development.</td>
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<tr>
<td>Complete Guide to Asperger’s Syndrome, The</td>
<td>Tony Atwood</td>
<td>Book</td>
<td>397</td>
</tr>
<tr>
<td>A good mix of research information, first person reports, and clinical information in an easy-to-read, non-technical format.</td>
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<tr>
<td>Early Intervention &amp; Autism</td>
<td>James Ball</td>
<td>Book</td>
<td>413</td>
</tr>
<tr>
<td>Offers real-life answers to real-life questions.</td>
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<tr>
<td>Exiting Nirvana: A Daughter’s Life with Autism</td>
<td>Clara Claiborne Park</td>
<td>Book</td>
<td>225</td>
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<tr>
<td>This book will help both parents and professionals achieve a greater understanding of the mind of a person with Autism.</td>
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<tr>
<td>Title</td>
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<tr>
<td>Fragile Success</td>
<td>Virginia Walker Sperry</td>
<td>Book</td>
<td>242 Pages</td>
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<tr>
<td>A view of Autism in all its variations - follow the story of ten children with Autism from childhood to adulthood.</td>
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<tr>
<td>Functional Behavior Assessment for People with Autism</td>
<td>Beth Glasberg &amp; Robert LaRue</td>
<td>Book</td>
<td>171 Pages</td>
</tr>
<tr>
<td>How to make sense of seemingly senseless behavior.</td>
<td></td>
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<tr>
<td>Getting the Best for Your Child with Autism</td>
<td>Bryna Siegel, Ph.D</td>
<td>Book</td>
<td>277 Pages</td>
</tr>
<tr>
<td>A must-have resource for families dealing with Autism Spectrum Disorders, offers step-by-step help for parents.</td>
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<tr>
<td>Guns A' Blazing</td>
<td>Jeffrey Cohen</td>
<td>Book</td>
<td>209 Pages</td>
</tr>
<tr>
<td>Explains how parents of children on the Autism Spectrum and schools can work together to pave a path to academic success.</td>
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<tr>
<td>I Need Help With School!</td>
<td>Rebecca A. Moyes</td>
<td>Book</td>
<td>191 Pages</td>
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<tr>
<td>A guide for parents of children with Autism and Asperger's syndrome, offers information on 504 plans, IEPs, and much more.</td>
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<tr>
<td>Ian's Walk</td>
<td>Laurie Lears</td>
<td>Children’s Book</td>
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<tr>
<td>A story about Autism and feelings.</td>
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<tr>
<td>Joey and Sam</td>
<td>Ilana Katz &amp; Edward Ritvo, M.D.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>A storybook about Autism, a family, and a brother's love.</td>
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<tr>
<td>Making Our Way: Autism</td>
<td>MPBN</td>
<td>DVD</td>
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<tr>
<td>This documentary seeks to demystify Autism, examines the broad spectrum of experiences and talks about the Autism research being done here in Maine.</td>
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<tr>
<td>Mind Apart, A</td>
<td>Peter Szatmari, MD</td>
<td>Book</td>
<td>209 Pages</td>
</tr>
<tr>
<td>This book takes you on a voyage through the world of children and young adults with Autism and Asperger's syndrome.</td>
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<tr>
<td>Mind/Body Techniques for Asperger’s Syndrome</td>
<td>Ron Rubio</td>
<td>Book</td>
<td>150 Pages</td>
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<tr>
<td>Offers exercises (with photographs) for people who experience difficulty with balance, gait, coordination, and sensory integration.</td>
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<tr>
<td>Title</td>
<td>Author/Editors</td>
<td>Type</td>
<td>Pages</td>
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<tr>
<td>--------------------------------------------</td>
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<tr>
<td>My Child Has Autism</td>
<td>Clarissa Willis, Ph.D.</td>
<td>Book</td>
<td>160</td>
</tr>
<tr>
<td>Explain Autism in simple terms, discusses the major characteristics associated with Autism, and offers strategies to help children at home, in school, and in the community.</td>
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<tr>
<td>My Friend with Autism</td>
<td>Beverly Bishop</td>
<td>Children's Book</td>
<td>30</td>
</tr>
<tr>
<td>A book to help provide young children and their parents with information about their friends who have Autism Spectrum Disorder.</td>
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<tr>
<td>How to meet the challenges and help your child thrive.</td>
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<tr>
<td>Parenting a Child with Asperger Syndrome</td>
<td>Brenda Boyd</td>
<td>Book</td>
<td>202</td>
</tr>
<tr>
<td>Brenda, who’s son has AS, offers 200 tips and strategies for parents and teachers that will have a positive effect and help you understand ‘Planet Asperger”.</td>
<td></td>
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<tr>
<td>Parenting a Teen or Young Adult with Asperger Syndrome</td>
<td>Brenda Boyd</td>
<td>Book</td>
<td>240</td>
</tr>
<tr>
<td>Brenda, who’s son has ASD, offers 325 ideas, insights, tips, and parenting strategies, full of down-to-earth and up-to-date advice.</td>
<td></td>
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</tr>
<tr>
<td>Pervasive Developmental Disorder - An Altered Perspective</td>
<td>Barbara Quinn &amp; Anthony Malone</td>
<td>Book</td>
<td>157</td>
</tr>
<tr>
<td>Written for parents, the author provides realistic and practical information brought to life by the stories of families.</td>
<td></td>
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<tr>
<td>Picture’s Worth, A : PECS &amp; Other Visual Communication Strategies in Autism</td>
<td>Andy Bondy, Ph.D. &amp; Lori Frost, M.S.</td>
<td>Book</td>
<td>155</td>
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<tr>
<td>Easy-to-understand guide presenting the Picture Exchange Communication System to help children express needs &amp; desires.</td>
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<tr>
<td>Playing It Right!</td>
<td>Rachel Bareket</td>
<td>Book</td>
<td>101</td>
</tr>
<tr>
<td>Social skills activities for parents and teachers of young children with Autism Spectrum Disorders, including Asperger Syndrome, and Autism.</td>
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<td></td>
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<tr>
<td>Pretending to be Normal</td>
<td>Liane Holliday Willey</td>
<td>Book</td>
<td>173</td>
</tr>
<tr>
<td>This autobiography will allow others to understand the world as perceived by a person with Asperger’s Syndrome.</td>
<td></td>
<td></td>
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<tr>
<td>Reaching Out, Joining In</td>
<td>Mary Jane Weiss, Ph.D., BCBA &amp; Sandra</td>
<td>Book</td>
<td>225</td>
</tr>
<tr>
<td>This book shows ways to teach social skills to young children with Autism.</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Title</td>
<td>Author(s)</td>
<td>Type</td>
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<tr>
<td><strong>Reweaving the Autistic Tapestry</strong></td>
<td>Lisa Blakemore-Brown</td>
<td>Book</td>
<td>351</td>
</tr>
<tr>
<td>This book offers an in-depth look at the links between ADHD and Autism Spectrum Disorders.</td>
<td></td>
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<tr>
<td><strong>Right From the Start - Behavioral Intervention for Young Children</strong></td>
<td>Sandra Harris, Ph.D. &amp; Mary Jane Weiss, Ph.</td>
<td>Book</td>
<td>138</td>
</tr>
<tr>
<td>Explains how the teaching method known as intensive behavioral intervention can benefit young children with Autism &amp; related disorders.</td>
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<tr>
<td><strong>Solving Behavior Problems in Autism</strong></td>
<td>Linda Hodgdon</td>
<td>Book</td>
<td>254</td>
</tr>
<tr>
<td>Provides practical help for educators and parents who face behavior and self-management challenges.</td>
<td></td>
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<tr>
<td><strong>Straight Talk About Autism with Parents &amp; Kids</strong></td>
<td>Attainment</td>
<td>DVD</td>
<td>37 Mins</td>
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<tr>
<td>Discusses childhood and adolescent issues, features interviews with kids and parents.</td>
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<tr>
<td><strong>Ten Things Every Child With Autism Wishes You Knew</strong></td>
<td>Ellen Notbohm</td>
<td>Book</td>
<td>111</td>
</tr>
<tr>
<td>This book defines the top 10 characteristics that illuminate the minds and hearts of children with Autism.</td>
<td></td>
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<tr>
<td><strong>Treasure Chest of Behavioral Strategies for Individuals with Autism, A</strong></td>
<td>Beth Fouse Ph.D. &amp; Maria Wheeler, M.Ed.</td>
<td>Book</td>
<td>448</td>
</tr>
<tr>
<td>A comprehensive, easy-to-understand book full of practical tools for behavioral strategies, intervention strategies, and case examples.</td>
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<td></td>
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<tr>
<td><strong>Un-prescription for Autism, The</strong></td>
<td>Janet Lintala</td>
<td>Book</td>
<td>288</td>
</tr>
<tr>
<td>A natural approach for a calmer happier and more focused child.</td>
<td></td>
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<tr>
<td><strong>Verbal Behavior Approach, The</strong></td>
<td>Mary Lynch Barbera</td>
<td>Book</td>
<td>197</td>
</tr>
<tr>
<td>How to teach children with Autism and related disorders.</td>
<td></td>
<td></td>
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<tr>
<td><strong>What I Wish I’d Known About Raising a Child with Autism</strong></td>
<td>Bobbi Sheahan and Kathy DeOrdellas</td>
<td>Book</td>
<td>236</td>
</tr>
<tr>
<td>A mom and a psychologist offer heartfelt guidance for the first five years.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Who Took My Shoe?</strong></td>
<td>Karen Emigh</td>
<td>Children's Book</td>
<td>19</td>
</tr>
<tr>
<td>Written by the mother of a son with Autism Spectrum Disorder, helps children understand the who, what, when questions.</td>
<td></td>
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</tr>
</tbody>
</table>
### Topic: Behavior/Discipline

**1-2-3 Magic for Kids**  
Thomas Phelan, Ph.D.  
*Book*  
98 Pages  
This book is designed to help parents explain this simple discipline program to children, presented from the child’s point of view.

**1-2-3 Magic for Teachers**  
Thomas Phelan, Ph.D. & Sarah Jane  
*Book*  
248 Pages  
Effective classroom discipline, Pre-K through Grade 8. Shows how teachers can establish and maintain reasonable control of their classrooms.

**1-2-3 Magic: Managing Difficult Behavior in Children 2 - 12**  
Thomas Phelan, Ph.D.  
*Book or DVD*  
Addresses the difficult task of child discipline with humor, keen insight, and proven experience.

**Angry Child, The**  
Tim Murphy, Ph.D.  
*Book*  
256 Pages  
Dr. Murphy explains both the roots of, and the solutions for, uncontrollable anger in children, showing how parents can help.

**Angry Kids Frustrated Parents**  
Terry Hyland & Jerry Davis, Ph.D.  
*Book*  
171 Pages  
Are you worried about aggression in your children? This book offers practical ways to prevent and reduce aggression.

**Answer is No, The**  
Cynthia Whitman, MSW  
*Book*  
220 Pages  
Help for parents of 2 to 12 year olds, how to limit TV, sweets, begging at stores, staying up late, make-up, and much more.

**Best Friends, Worst Enemies: Understanding the Social Lives of Children**  
Michael Thompson, Ph.D.  
*Book*  
299 Pages  
Brings to life the drama of childhood relationships, guiding parents to a deeper understanding of the motives and meanings of children’s social behavior.

**Cliques, Phonies, & Other Baloney**  
Trevor Romain  
*Children’s Book*  
129 Pages  
As you laugh along with the jokes and cartoons, you’ll learn important facts about friendship and popularity and learn ways to deal with cliques.

**Common Sense Parenting of Toddlers & PreSchoolers**  
Bridget Barnes & Steven York  
*Book*  
277 Pages  
Shows you how discipline can be more about teaching than punishment and more positive than negative for you and your child.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Format</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discipline: Teaching Limits with Love</td>
<td>Hosted by Dr. T. Berry Brazelton</td>
<td>DVD</td>
<td>27 Mins.</td>
</tr>
<tr>
<td>Don’t Be a Menace on Sundays!</td>
<td>Adolph Moser, Ed.D.</td>
<td>Children’s Book</td>
<td>61 Pages</td>
</tr>
<tr>
<td>Don’t Let Your Emotions Run Your Life for Teens</td>
<td>Sheri Van Dijk</td>
<td>Book</td>
<td>150 Pages</td>
</tr>
<tr>
<td>Don’t Rant &amp; Rave on Wednesdays!</td>
<td>Adolph Moser, Ed.D.</td>
<td>Children’s Book</td>
<td>61 Pages</td>
</tr>
<tr>
<td>Explosive Child, The</td>
<td>Ross Greene</td>
<td>Book</td>
<td>275 Pages</td>
</tr>
<tr>
<td>From Chaos to Calm</td>
<td>Janet Heininger, Ph.D. &amp; Sharon Weiss, M.</td>
<td>Book</td>
<td>326 Pages</td>
</tr>
<tr>
<td>Grounded for Life?!</td>
<td>Louise Felton Tracy, MS</td>
<td>Book</td>
<td>147 Pages</td>
</tr>
<tr>
<td>How to Handle a Hard-to-Handle Kid</td>
<td>C. Drew Edwards, Ph.D.</td>
<td>Book</td>
<td>217 Pages</td>
</tr>
<tr>
<td>How to Negotiate w/Kids Even When You Think You Shouldn’t</td>
<td>Scott Brown</td>
<td>Book</td>
<td>218 Pages</td>
</tr>
<tr>
<td>How to Take the GrrRR Out of Anger</td>
<td>Elizabeth Verdick &amp; Marjorie Lisovskis</td>
<td>Children’s Book</td>
<td>119 Pages</td>
</tr>
</tbody>
</table>

This video shows parents that setting limits is not punishment but a loving way to teach a child how to control their behavior.


Dialectical behavior therapy skills for helping you manage mood swings, control angry outbursts, and get along with others.

A children’s anger-control book.

A new approach for understanding and parenting easily frustrated, chronically inflexible children.

Effective parenting of challenging children with ADHD and other behavioral problems.

Stop blowing your fuse and start communication with your teenager, gain the tools to really influence your child on the issues that matter most.

A parents' guide to understanding and changing problem behaviors.

Seven essential skills to end conflict and bring more joy into your family.

Offers 5 steps to taming your temper, 6 steps to solving anger problems and much more.
Leaving the Door Open
SAMSA
CD
Alternatives to seclusion and restraint, provides alternative approaches

Lost at School
Ross Greene, Ph.D.
Book
303 Pages
Learn why our kids with behavioral challenges are falling through the cracks and how we can help them.

More 1-2-3 Magic
Thomas W. Phelan, Ph.D.
DVD
120 Minutes
Help for parents to encourage good behavior, independence and self-esteem.

No More Meltdowns
Jed Baker, Ph.D.
Book
150 Pages
This book gives parents positive strategies to manage and prevent out-of-control behavior.

Paper Tigers
DVD
102 Mins.
Follows a year in the life of an alternative high school that has radically changed the approach to disciplining and working with its students. A model for how to break the cycles of poverty, violence, and disease.

Parenting the Strong-Willed Child
Rex Forehand, Ph.D. & Nicholas Long, Ph.D.
Book
264 Pages
The clinically proven five-week program for parents of two-to six-year olds.

Show Me Your Mad Face
Connie Schnoes
Book
222 Pages
Learn how to teach children to feel angry without losing control.

SOS! Help for Parents
Lynn Clark, Ph.D.
Book
246 Pages
A practical guide for handling common everyday behavior problems.

Surviving Your Adolescents
Thomas Phelan, Ph.D.
Book
How to manage and let go of your 13 to 18 year olds.

Tired of Yelling
Lyndon D. Waugh, M.D.
Book
272 Pages
Offers solutions for more peaceful homes and classrooms.
Treating Explosive Kids
Ross Greene & J. Stuart Ablon  Book  246 Pages
The Collaborative Problem-Solving Approach, a practical and easily understood guide for treating explosive children and adolescents.

Volcano In My Tummy, A
Eliane Whitehouse & Warwick Pudney  Book  80 Pages
Full of useful ways for teachers and caregivers to help young people learn safe and effective ways of responding to anger.

Will My Kid Grow Out of It?
Bonny Forest  Book  278 Pages
This guide will help you understand some of your child’s worrisome behaviors.

Win the Whining War & Other Skirmishes
Cynthia Whitman  Book
Guide to reducing conflict with children 2 - 12.

Without Spanking or Spoiling
Elizabeth Crary  Book  126 Pages
Practical, positive ways to guide young children’s behavior. Leaders Guide also available.

Your Defiant Child
Russell Barkley, Ph.D. & Christine Benton  Book  239 Pages
Restore your loving relationship with your child and bring peace to your home. Eight steps to better behavior.

Topic: Bipolar Disorder

Adult Bipolar Disorders - Understanding Your Diagnosis and Getting Help
Mitzi Walsh  Book  371
Offers info on diagnosis, medical interventions, lifestyle changes, therapies, family life, work, community, and more.

Bipolar Child, The
Demitri Papelos, M.D. & Janice Papelos  Book  398 Pages
The definitive and reassuring guide to childhood’s most misunderstood disorder.

Bipolar Disorder
Mitzi Waltz  Book  442 Pages
Help for children and adolescents, covers the range of topics that parents need to know to help their children.

Bipolar Kids
Rosalie Greenberg, M.D.  Book  294 Pages
This book offers ways to help your child find calm in the mood storm.
<table>
<thead>
<tr>
<th>Topic: Birth to Three</th>
</tr>
</thead>
</table>
| **Alex: The Fathering of a Preemie**  
Jeff Stimpson  
Book  
280 Pages  
A father’s poignant account of raising his premature son. |
| **Fathers & Babies**  
Jean Marzollo & Irene Trivas  
Book  
235 Pages  
How babies grow and what they need from their fathers - birth to 18 months. |
| **Happiest Baby - Guide to Great Sleep, The**  
Harvey Karp  
Book  
367 Pages  
Offers new ideas to easily solve sleep problems for babies and toddlers. |
| **Period of Purple Crying, The**  
National Center on Shaken Baby Syndrome  
DVD  
10 Mins.  
Did you know your baby would cry like this? Offers an understanding of your baby's crying, explains what is normal, what to expect when your baby cries, and how to keep your baby safe. |
**Topic: Brain Injury**

**Children with Traumatic Brain Injury**  
Lisa Schoenbridt  
*Book*  
482 Pages  
Provides parents with the support and information they need to cope and help their child recover.

**Elvin - The Elephant Who Forgets**  
Heather Snyder, Ph.D.  
*Children's Book*  
For children who sustain a brain injury, this book will enhance their understanding of the changes they may experience.

**In Search of Wings**  
Beverly Bryant  
*Book*  
234 Pages  
This book tells the story of learning to cope with TBI after an auto accident that affected her cognitive skills and memory.

**Living with Brain Injury**  
Senelick & Ryan  
*Book*  
145 Pages  
Help to understand what you can do to help, and how you can find the strength, knowledge, and hope to move forward.

**Topic: Bullying**

**Bullies Are a Pain in the Brain**  
Trevor Romain  
*Children's DVD & Book*  
105 Pages  
If you're sick of being picked on, pushed around, threatened or teased, this DVD (or book) is for you.

**Bully on the Bus**  
Carl W. Bosch  
*Children's Book*  
What would you do? The decision is yours!

**Bully-Proofing Your Child**  
Carla Garrity, Ph.D.  
*Book*  
92 Pages  
A parent's guide to help your child develop an effective personalized strategy for dealing with bullying.

**Bully-Proofing Your Child - First Aid for Hurt Feelings**  
Garrity, Baris & Porter  
*Book*  
17 Pages  
By using tools in this book you can reduce the chances that your child will become a target & circumvent the bully/victim dynamic.

**Bully-Proofing Your School - Elementary Schools**  
Garrity, Jens, Porter, Sager & Short-Camilli  
*Book*  
505 Pages  
Step-by-step guidance and flexible scheduling make it easy for you to implement and maintain this program in your school.
Bully-Proofing Your School - Middle Schools  
Marla Bonds, Psy.D. & Sally Stoker, MSW  
**Book**  
421 Pages

This highly acclaimed program will help schools create an environment where students feel safe and secure.

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Bully, The Bullied and Beyond, The  
Esther Williams, M.Ed, LPC  
**Book**  
260 Pages

Help for bullies, victims and bystanders, for grades 5 through 12.

---

Bullying: When Your Child is the Target  
Charles Fay, Ph.D.  
**Book**  
134 Pages

This book will teach you how to empower your kids to handle and overcome bullying.

---

Easing the Teasing  
Judy S. Freedman, MSW, LCSW  
**Book**  
266 Pages

Learns ways to help your child cope with name-calling, ridicule, and verbal bullying.

---

Fruit of the Vine  
Ellen Weisberg & Ken Yoffe  
**Children's Book**  
21 Pages

Meet Justin, whose physical features and personality, make him a target for bullying. Will appeal to grade school-aged fantasy readers and anyone interested in the topic of bullies.

---

Good Friends are Hard to Find  
Fred Frankel, Ph.D.  
**Book**  
242 Pages

Learn ways to help your child find, make, and keep friends. Deals with teasing, bullying, meanness, and more.

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In the Shoes of Christopher  
A film by James Callner  
**DVD**  
27 Mins.

A story about a bully and a boy with OCD.

---

Set Straight on Bullies  
National School Safety Center  
**Book**  
Practical strategies for preventing school yard bullying.

---

Stop Bullying Now!  
HRSA  
**DVD**  
12 animated episodes depicting a group of characters at a school who experience bullying first-hand and what they do to help resolve the situation.

---

Taking the Bully by the Horns  
Kathy Noll & Dr. Jay Carter  
**Book**  
Explores different ways children and teenagers are bullied, offers ideas regarding what to do about it.
Topic: Cerebral Palsy

Children with Cerebral Palsy
Elaine Geralis Book 434 Pages
An essential book for those who want to learn about Cerebral Palsy and its affect on the family.

It's Your Turn at Bat
Barbara Aiello & Jeffrey Shulman Children's Book
A boy with Cerebral Palsy discovers inner strength when it's time for a big league play.

My Perfect Son has Cerebral Palsy
Marie Kennedy Book 96 Pages
A mother's guide of helpful hints, offers a better understanding of Cerebral Palsy.

Teaching Motor Skills to Children with Cerebral Palsy
Sieglinde Martin Book 237 Pages
A guide for parents and professionals on teaching motor skills to children with movement disorders.

Topic: Child Development

Ages & Stages - A Parent's Guide to Normal Childhood Development
Dr. Charles Schaefer and Theresa DiGeronimo Book 232 Pages
Tips and techniques for building your child's social, emotional, interpersonal, and cognitive skills.

By The Ages
K. Eileen Allen & Lynn R. Marotz Book 244 Pages
Behavior and development of children pre-birth through eight.

How to Help a Clumsy Child
Lisa A. Kurtz Book 176 Pages
Strategies for young children with developmental motor concerns.

What Young Children Need to Succeed
Jolene Roehlkepartin and Nancy Leffert Book 143 Pages
A leaders guide to working together to build assets from birth to age 11.
Topic: Communication

How to Talk So Kids Can Learn at Home and in School
Adele Faber & Elaine Mazlish  
Book  
272 Pages
Shows parents and teachers how to help children handle the everyday problems that interfere with learning.

How to Talk So Kids Will Listen
Adele Faber & Elaine Mazlish  
Book  
232 Pages
Helpful tips on how to effectively communicate with your children.

How to Talk to Your Kids About Really Important Things
Charles Schaefer & Theresa DiGeronimo  
Book  
311 Pages
Offers practical guidance on a wide range of life's experiences.

Topic: Depression

Down Came the Rain
Brooke Shields  
Book  
222 Pages
Follow Brooke's own story of her journey through postpartum depression.

Helping Students Overcome Depression and Anxiety
Kenneth Merrell  
Book  
231 Pages
Offers clear cut strategies for addressing these problems creatively and effectively with students in grades K - 12.

Helping Your Child Cope with Depression and Suicidal Thoughts
Tonia Shamoo & Philip Patros  
Book  
180 Pages
A self-help manual for parents who want to learn solid principles of communication with their children who may be feeling depressed or suicidal.

Helping Your Depressed Child
Martha Underwood Barnard, Ph.D.  
Book  
194 Pages
Learn how to assess and understand your child's symptoms and seek appropriate help.

Is Your Child Depressed?
Nathan Naparstek, Ph.D.  
Book  
246 Pages
Answers to your questions - what you need to know about recognizing and treating your child's depression.

More Than Moody
Harold Koplewicz, M.D.  
Book  
366 Pages
Recognizing and treating adolescent depression.
Topic: Developmental Disabilities

Babies with Down Syndrome
SJ Skallerup  
**Book**  
358 Pages

A new parent’s guide.

Be Good to Eddie Lee
Virginia Fleming  
**Children's Book**

This book offers an important lesson about friendship.

Charlsie's Chuckle
Clara Widess Berkus  
**Children's Book**

The story of an adventurous 7 year old with Down Syndrome.

Children with Mental Retardation
Romayne Smith M.A.  
**Book**  
437 Pages

A guide to raising a child with mental retardation.

Down Syndrome Parenting 101
Natalie Hale  
**Book**  
240 Pages

Must-have advice for making your life easier, offers advice on almost ‘everything’.

Down Syndrome: The First 18 Months
Will Schermerhorn  
**DVD**  
108 Minutes


Early Communication Skills for Children with Down Syndrome
Libby Kumin  
**Book**  
388 Pages

Shows parents how they can support and encourage their child’s speech and language development from birth to age 6.

Fasten Your Seatbelt
Brian Skotko & Susan Levine  
**Book**  
190 Pages

A crash course on Down Syndrome for brothers and sisters.
Stay Away from Simon!
Carol Carrick
Children's Book
Lucy and her brother examine their feelings about a boy with developmental delays whom they fear as he follows them home.

Understanding Down Syndrome
Cliff Cunningham
Book
243 Pages
A constructive and positive book with sensible and practical advice.

We Laugh, We Love, We Cry
Thomas Bergman
Book
48 Pages
A book about children with mental retardation.

Topic: Diabetes

Even Little Kids Get Diabetes
Connie White Pirner
Children's Book
A story about diabetes and how it affects a child's life.

Knees Lifted High (Diabetes Prevention)
Georgia Perez
Children's Book
32 Pages
This book gives children fun ideas for active outdoor play.

Plate Full of Color (Diabetes Prevention)
Georgia Perez
Children's Book
32 Pages
This story tells children about Mother Earth’s gift of colorful, tasty vegetables for healthy eating.

Sarah and Puffle
Linnea Mulder, R.N.
Children's Book
A story about diabetes for children 4 to age years of age.

Sun, The Rain and The Insulin, The
Joan MacCracken, M.D.
Book
250 Pages
A story of families sharing the challenges of diabetes.

Through the Eyes of The Eagle (Diabetes Prevention)
Georgia Perez
Children's Book
32 Pages
A children’s story about diabetes.

Tricky Treats (Diabetes Prevention)
Georgia Perez
Children's Book
20 Pages
This story shows children the difference between healthy snacks and sweet treats.
**Topic: Divorce/Step-Parenting**

Don’t Fall Apart on Saturdays!
Adolph Moser, Ed.D.  
Children's Book  
A children’s divorce-survival book.

I Have Two Dads
Linnea Schultz  
Children's Book  
A young girl works through her family’s divorce and remarriage.

Let’s Talk About Divorce
Fred Rogers  
Children's Book  
Offers ways to talk about it that feel right for you and your child.

Please Come Home
Doris Sanford  
Children's Book  
A book about divorce and learning and growing.

Why Are We Getting a Divorce?
Peter Mayle  
Children's Book  
Help the entire family with their concerns about divorce.

**Topic: Early Childhood**

Early Childhood: Where Learning Begins Mathematics
Carol Fromboulti & Natalie Rinck  
Booklet  
Mathematical activities for parents and their two to five year old children.

Love and Logic Magic for Early Childhood
Jim Fay and Charles Fay  
Book  
Offers practical parenting advice from birth to six years old.

Sleep Book for Tired Parents, The
Rebecca Huntley  
Book  
Help for solving children's sleep problems.
**Topic: Eating Disorders**

*When Your Child Has an Eating Disorder*
Abigail Natenshon  
**Book**  
278 Pages  
For parents of preteen through college-age children, a step-by-step workbook for parents and caregivers.

---

**Topic: Employment**

*Disability and Business*
Charles A. Riley II  
**Book**  
231 Pages  
Best practices and strategies for inclusion.

---

*Discover What You’re Best At*
Linda Gale  
**Book**  
181 Pages  
The complete career system that lets you test yourself to discover your true career abilities.

---

*Discovering Your Perfect Career*
Rene Carew  
**Book**  
324 Pages  
Simple strategies that will help you land the job of dreams and expert advice on matching your profile to the perfect job.

---

*Finding a Career that Works for You*
Wilma Fellman, M.Ed.  
**Book**  
200 Pages  
A guide for people who are in the process of choosing a career and finding a job.

---

*Learning a Living*
Dale S. Brown  
**Book**  
340 Pages  
A guide to planning your career and finding a job for people with learning disabilities, ADD/ADHD and dyslexia.

---

*Working on the Dream*
Don Lavin and Andrea Everett  
**Book**  
136 Pages  
A guide to career planning and job success.

---

**Topic: Epilepsy**

*Children with Seizures*
Martin Kutscher, MD  
**Book**  
150 Pages  
Explores the types and causes of seizures and offers practical advice on what to observe and do during an attack.
Guide to Understanding and Living with Epilepsy, A
Orrin Devinsky, M.D. Book 345 Pages
Contains valuable information on a wide range of medical, social and legal issues.

Lee The Rabbit With Epilepsy
Deborah Moss Children's Book
An ideal book for young children who have epilepsy or have a sibling or a friend with epilepsy.

Living with Epilepsy
Dr. David Chadwick & Sue Usiskin Book 127 Pages
This practical guide dispels the myths and misunderstandings that surround epilepsy and offers encouraging advice.

---

**Topic: Gender Issues**

200 Ways to Raise a Boy’s Emotional Intelligence
Will Glennon Book 212 Pages
This book offers support and heartfelt advice to everyone in a young man’s life--from parents and teachers to friends and classmates.

Boy’s Guide to Growing Up: Choices & Changes during Puberty, The
T. Couwenhoven Book 64 Pages
This book will help you understand what body changes to expect and how to handle them. It also explains social rules for keeping your body clean and safe.

Changes in You and Me
Paulette Bourgeois & Martin Wolfish, M.D. Book 64
A book about puberty, mostly for boys.

Girl’s Guide to Growing Up, The
T. Couwenhoven Book 60 Pages
A book about choices and changes in the tween years.

It’s Perfectly Normal - For Ages 10 and Up
Robie Harris Book 89 Pages
Provides accurate, unbiased answers to nearly every conceivable question from conception and puberty to birth control and AIDS.

What’s Happening to Me?
Peter Mayle Children's Book
A guide to puberty and answers to some of the most embarrassing questions.
## Topic: Grief

### 35 Ways to Help a Grieving Child

*The Doug Center*

*Book*  
47 Pages  
This guidebook presents 35 simple and practical suggestions for supporting a grieving child.

### Don’t Despair on Thursdays!

*Adolph Moser, Ed.D.*  
*Children’s Book*  
61 Pages  
A children’s grief-management book.

### It Must Hurt Alot

*Doris Sanford*  
*Children’s Book*  
A book about death and learning and growing.

### Life & Loss

*Linda Goldman*  
*Book*  
203 pages  
A guide to help grieving children.

### Someone Special Died

*Joan Singleton Prestine*  
*Children’s Book*  
32 Pages  
This children’s story tells about feelings when someone close to you dies.

### When Families Grieve

*Sesame Street*  
*DVD*  
This kit includes a DVD, a guide for parents and caregivers and a children’s story.

### You Hold Me and I’ll Hold You

*Jo Carson*  
*Children’s Book*  
A little girl describes events following the death of an aunt, realistic, consoling picture of good people grieving.

## Topic: Health/Medical

### Brush, Brush, Brush! - For Toddlers

*Scholastic*  
*Children’s Book*  
It's never too early to start healthy habits. This rhyme will inspire little ones to brush their teeth.

### Chris Gets Ear Tubes

*Betty Pace*  
*Children’s Book*  
A book to aid children in the understanding about having ear tubes.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages/Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deepest Well, The</td>
<td>Nadine Burke Harris, MD</td>
<td>Book</td>
<td>250 Pages</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Learn about how deeply our bodies can be imprinted for life by childhood adversity and discover how to help heal the long-term effects.</td>
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<tr>
<td>Going to the Doctor</td>
<td>T. Berry Brazelton</td>
<td>Children's Book</td>
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<tr>
<td></td>
<td></td>
<td>This book explains each step of a visit to the doctor for your child.</td>
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<tr>
<td>Little Tree</td>
<td>Joyce C. Mills, Ph.D.</td>
<td>Children's Book</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>A story for children with serious medical problems.</td>
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<tr>
<td>Parenting Children with Health Issues and Special Needs</td>
<td>Foster Cline and Lisa Greene</td>
<td>Book</td>
<td>100 Pages</td>
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<tr>
<td></td>
<td></td>
<td>Shows readers how to help kids identify themselves as having a disease instead of being one, invaluable guide for parents and caretakers.</td>
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<tr>
<td>Parenting Children with Special Medical Needs</td>
<td>Foster Cline and Lisa Greene</td>
<td>DVD</td>
<td>3 Hrs.</td>
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<tr>
<td></td>
<td></td>
<td>You will learn essential parenting skills to help children of all ages cope with challenges, adhere to medical requirements and live a hope-filled life.</td>
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<tr>
<td>Peppa Pig Dentist Trip</td>
<td>Scholastic</td>
<td>Children's Book</td>
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<td></td>
<td></td>
<td>Peppa and George are going to the dentist. It's George's first visit, so he's a little nervous - but Peppa show him that a trip to the dentist can be lots of fun!</td>
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<tr>
<td>Spark</td>
<td>John Ratey</td>
<td>Book</td>
<td>294 Pages</td>
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<tr>
<td></td>
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<td>The revolutionary new science of exercise and the brain.</td>
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<tr>
<td>Talking With Your Doctor</td>
<td>Children's Medical Services Network</td>
<td>CD</td>
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<td>Learn how to talk with your Dr. and other health care professionals, it's time to be more in charge of your health.</td>
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<tr>
<td>Tanya and the Tobo Man</td>
<td>Lesley Koplow, C.S.W.</td>
<td>Children's Book</td>
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<td>A story for children entering therapy.</td>
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<td>The Tooth Book</td>
<td>Dr. Seuss</td>
<td>Children's Book</td>
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<td></td>
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<td>A fun book for children, all about teeth!</td>
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<tr>
<td>Title</td>
<td>Author(s)</td>
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<td><strong>Button in Her Ear, A</strong></td>
<td>Ada B. Litchfield</td>
<td>Children's Book</td>
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<td><strong>Day We Met Cindy, The</strong></td>
<td>Anne Marie Starowitz</td>
<td>Children's Book</td>
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<td><strong>Discovering Sign Language</strong></td>
<td>Laura Greene and Eva Barash Dicker</td>
<td>Book</td>
<td>89</td>
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<td><strong>Handtalk</strong></td>
<td>Remy Charlip, Mary Beth, and George Ancona</td>
<td>Book</td>
<td></td>
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<tr>
<td><strong>Helping Children Who Are Deaf</strong></td>
<td>Niemann, Greenstein and David</td>
<td>Book</td>
<td>245</td>
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<tr>
<td><strong>Kid-Friendly Parenting with Deaf and Hard of Hearing Children</strong></td>
<td>Daria Medwid &amp; Denise Chapman Weston</td>
<td>Book</td>
<td>373</td>
</tr>
<tr>
<td><strong>Now I Understand</strong></td>
<td>Gregory S. LaMore</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td><strong>Signed English Starter, The</strong></td>
<td>Harry Bornstein &amp; Karen Saulnier</td>
<td>Book</td>
<td>200</td>
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<tr>
<td><strong>Signs for Me</strong></td>
<td>Ben Bahan &amp; Joe Dannis</td>
<td>Children's Book</td>
<td>117</td>
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<tr>
<td><strong>Survival Guide to Signing</strong></td>
<td>Leonard Lane</td>
<td>Book</td>
<td>203</td>
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</table>
### Teach Your Tot to Sign
Stacy A. Thompson
**Book**
199 Pages
Easy-to-use guide to teach infants and young children more than 500 basic American Sign Language signs.

### Where's Spot
Eric Hill
**Children's Book**
This special edition features an illustrated sign language translation in "Signed English" on each page.

### Topic: Inclusion/Integration

#### Dealing with Discrimination
Don Middleton
**Children's Book**
24 Pages
This children’s book explains how discrimination starts, your rights, being the new kid in town, breaking down walls, and more.

#### Delicate Threads
Debbie Staub, Ph.D.
**Book**
244 Pages
Offers a rare look at friendships between children with and without special needs in inclusive settings.

#### I’m Chocolate, You’re Vanilla
Marguerite Wright
**Book**
290 Pages
This book teaches parents and educators of black and biracial children how to reduce racism’s impact on a child’s development.

#### Including Samuel
Dan Habib
**DVD**
58 Mins.
This award winning film documents Dan’s family’s struggles with inclusion and includes the experiences of four other families.

#### Quick Guides to Inclusion
Michael F. Giangreco
**Book**
139 Pages
Ideas for educating students with disabilities.

### What’s Wrong with Timmy?
Maria Shriver
**Children's Book**
Helps children understand that kids with disabilities are not to be feared, pitied, or ridiculed but are to be embraced, challenged, and included.

### Topic: Learning Disabilities

#### Beyond F.A.T. City - A Look Back, A Look Ahead
Richard Lavoie
**DVD**
90 Mins.
Offers practical strategies as well as inspirational messages for those who teach children with learning disabilities.
Developmental Dyspraxia
Madeline Portwood

Offers an intervention program which will significantly improve the cognitive functioning of the child or teenager with Dyspraxia.

Don't-Give-Up-Kid and Learning Differences, The
Jeanne Gehret, MA

A book about a young boy who has difficulty learning to read.

Dyslexia - How Would I Cope?
Michael Ryden

This book gives a clear insight into the difficulties and frustrations experienced by those suffering with this disability.

F.A.T. City - How Difficult Can This Be?
Richard Lavoie


He's My Brother
Joe Lasker

A young boy describes the school and home experiences of his younger brother who has a learning disability.

How Many Days Until Tomorrow?
Caroline Janover

The story of Josh, a 12 year old with dyslexia, who spends the summer with his older brother and grandparents on a remote island.

How to Help Your Child Succeed in School
Sandra Rief

Strategies and guidance for parents of children with ADHD and/or learning disabilities.

Josh, A Boy with Dyslexia
Caroline Janover

A boy's fears, tragedies, and triumphs as he lives with dyslexia.

Learning Outside the Lines
Jonathan Mooney & David Cole

Two Ivy League students with learning disabilities and ADHD give you the tools for academic success and educational revolution.

Legacy of the Blue Heron - Living with Learning Disabilities
Harry Sylvester

The remarkable true story of Harry's struggle with learning disabilities, inspiring and informative, a must read!
<table>
<thead>
<tr>
<th>Title</th>
<th>Author/Editor</th>
<th>Type</th>
<th>Pages</th>
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<tbody>
<tr>
<td>Many Ways to Learn</td>
<td>Judith Stern, MA &amp; Uzi Ben-Ami, Ph.D.</td>
<td>Children's Book</td>
<td>82 Pages</td>
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<tr>
<td>A young people's guide to learning disabilities.</td>
<td></td>
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<tr>
<td>Misunderstood Child, The</td>
<td>Larry Silver, M.D.</td>
<td>Book</td>
<td>300 Pages</td>
</tr>
<tr>
<td>A guide for parents of children with learning disabilities.</td>
<td></td>
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<tr>
<td>Misunderstood Minds</td>
<td>WGBH Boston</td>
<td>DVD</td>
<td>90 Minutes</td>
</tr>
<tr>
<td>Follow 5 children and their families as they deal with the puzzling mysteries presented by their unique learning differences.</td>
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<tr>
<td>One Word at a Time</td>
<td>Linda G. Tessler, Ph.D.</td>
<td>Book or CD</td>
<td>267 Pages</td>
</tr>
<tr>
<td>A road map for navigating through Dyslexia and other learning disabilities.</td>
<td></td>
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<tr>
<td>Parenting a Struggling Reader</td>
<td>Susan Hall &amp; Louisa Moats, Ed.D.</td>
<td>Book</td>
<td>284 Pages</td>
</tr>
<tr>
<td>This book offers a detailed, realistic program for getting parents actively involved in their children's reading lives.</td>
<td></td>
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<tr>
<td>Patrick's Secret</td>
<td>Patricia Murray</td>
<td>Children's Book</td>
<td>96 Pages</td>
</tr>
<tr>
<td>Patrick has a secret, he cannot read. Follow this story of Patrick and his friends as they build a race car for the Soap Box Derby.</td>
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<tr>
<td>Reach for the Moon</td>
<td>Samantha Abeel</td>
<td>Book</td>
<td></td>
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<tr>
<td>Samantha Abeel has a learning disability. This book of beautiful poetry and art reflects her journey of growth and self-discovery.</td>
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<tr>
<td>Reality of Dyslexia, The</td>
<td>John Osmond</td>
<td>Book</td>
<td>150 Pages</td>
</tr>
<tr>
<td>A highly readable account of the problems arising from dyslexia with useful appendices on recognizing this in children.</td>
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<tr>
<td>Secrets Aren't Always for Keeps</td>
<td>Barbara Aiello &amp; Jeffrey Shulman</td>
<td>Children's Book</td>
<td></td>
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<tr>
<td>The story of a child who wants to keep her learning disability a secret.</td>
<td></td>
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<tr>
<td>Something's Not Right</td>
<td>Nancy Lelewewr</td>
<td>Book</td>
<td>184 Pages</td>
</tr>
<tr>
<td>An autobiography, Nancy has dyslexia and writes about raising 4 children, 3 of whom have some form of learning disability.</td>
<td></td>
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</tr>
</tbody>
</table>
Trouble with School
Kathryn & Allison Boesel Dunn
Children's Book
Allison and her mother tell the story of Allison's learning disability.

What is Dyslexia?
Alan Hultquist
Book
95 Pages
A book explaining dyslexia for kids and adults to use together.

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**Topic: Mental Illness**

Straight Talk About Psychiatric Medications for Kids
Timothy E. Wilens, M.D.
Book
309 Pages
Overview of the medication options available to children w/emotional, developmental, and behavioral disorders.

Straight Talk About Your Child’s Mental Health
Dr. Stephen Faraone
Book
387 Pages
What to do when something seems wrong, a ‘must read’ for parents.

Straight Talk: Families Speak to Families about Child & Youth Mental Health
Conni Wells
Book
157 Pages
A guide for families of children and youth with emotional, behavioral, and mental health disorders, written through the words of other families.

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**Topic: Miscellaneous**

Affirmation Web, The
Lori Lite
Children's Book
A believe in yourself adventure, positive thoughts and statements.

Arnie and the New Kid
Nancy Carlson
Children's Book
A book about friendships and disabilities.

Awakening Brilliance
Pam Sims
Book
200 Pages
Ignite the love of learning - learn how to inspire children to become successful learners.

Boy and A Bear, A
Lori Lite
Children’s Book
The story of a boy and a polar bear who share a friendship, and learn to relax together.
Boyfriends & Girlfriends: A Guide to Dating for People w/Disabilities  
Terri Couwenhoven, MS  
115 Pages  
Learn what to do when you have a crush on someone, how to tell if a person likes you, how to handle rejection, how to respect boundaries, and much more.

Captain Tommy  
Abby Ward Messner  
Children’s Book  
A sensitive and realistic portrayal of a boy who reluctantly agrees to play with someone new, someone different, and finds a new friend.

Chinese Eyes  
Marjorie Ann Waybill  
Children’s Book  
The story of a first-grader facing prejudice.

Common Sense Guide to Your Child’s Special Needs, The  
Pellegrino  
380 Pages  
Book  
When to worry, when to wait, what to do!

Coping Skills Workbook, The  
Lisa Schab, LCSW  
97 Pages  
Book  
Teaches kids nine essential skills to help deal with real-life crisis. For use by a child with adult guidance.

Creating Compassionate Kids  
Shauna Tomainey  
270 Pages  
Book  
Essential conversations to have with young children.

Cyber-Safe Kids, Cyber-Savvy Teens  
Nancy Willard  
324 Pages  
Book  
This book will help you learn ways to help young people use the internet safely and responsibly.

Dealing with Feelings  
Eric Dlugokinski, Ph.D.  
Children’s Book  
For children of all ages, teaches four basis steps for dealings with feeings.

Don’t Look At Me  
Doris Sanford  
Children’s Book  
A book about feeling different and changing and feeling special.

Don’t Tell a Whopper on Fridays!  
Adolph Moser, Ed.D.  
Children’s Book  
61 Pages  
A children’s truth-control book.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Type</th>
<th>Pages</th>
<th>Description</th>
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<tbody>
<tr>
<td>Feed Your Head</td>
<td>Earl Hipp</td>
<td>Book</td>
<td>138</td>
<td>A book for teenagers, learn some excellent stuff on being yourself!</td>
</tr>
<tr>
<td>Financial Literacy for Teens</td>
<td>Chad Foster</td>
<td>Book</td>
<td>117</td>
<td>The teen’s guide to the real world of money - learn about credit card debt, insurance essentials, secrets to saving, scams, and more.</td>
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<tr>
<td>Free to Be...You and Me</td>
<td>Marlo Thomas</td>
<td>Children’s Book</td>
<td></td>
<td>The parent volume of the TV show celebrating children.</td>
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<tr>
<td>Giraffes Can’t Dance</td>
<td>Giles Andreee &amp; Guy Parker-Rees</td>
<td>Children’s Book</td>
<td></td>
<td>Filled with light-footed rhymes and high-stepping illustrations, this tale is a gentle inspiration for every child with dreams of greatness.</td>
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<tr>
<td>Hear My Roar</td>
<td>Dr. Ty Hochban</td>
<td>Children’s Book</td>
<td></td>
<td>For children five and up, a story of family violence.</td>
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<td>How to Make Your Child a Reader for Life</td>
<td>Paul Kropp</td>
<td>Book</td>
<td>316</td>
<td>Full of practical information and advice, includes lists of over 300 “must have” books you and your child can enjoy.</td>
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<tr>
<td>Julie’s Beach Adventure</td>
<td>Anne Manuel</td>
<td>Children’s Book</td>
<td></td>
<td>A book about friendship.</td>
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<tr>
<td>K is For Kiss Good Night</td>
<td>Jill Sardegna</td>
<td>Children’s Book</td>
<td></td>
<td>A cozy bedtime alphabet book.</td>
</tr>
<tr>
<td>Kissing Hand, The</td>
<td>Audrey Penn</td>
<td>Children’s Book</td>
<td></td>
<td>A message of love for any child who needs reassurance.</td>
</tr>
<tr>
<td>Leadership on the Line</td>
<td>Ronald Heifetz &amp; Marty Linsky</td>
<td>Book</td>
<td>250</td>
<td>Describes the personal challenges and tactical problems that arise when trying to exert constructive influence in all kinds of organization setting.</td>
</tr>
<tr>
<td>Title</td>
<td>Author</td>
<td>Type</td>
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<td>Leo the Late Bloomer</td>
<td>Robert Kraus</td>
<td>Children's Book</td>
<td></td>
<td>Children will enjoy following the tale of Leo the tiger, who was a late bloomer.</td>
</tr>
<tr>
<td>Life Planning Workbook, The</td>
<td>L. Mark Russell &amp; Arnold E. Grant</td>
<td>Book</td>
<td>271</td>
<td>A guide to help parents provide for the future of their child with a disability after their death.</td>
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<tr>
<td>Lights for Gita</td>
<td>Rachna Gilmore</td>
<td>Children's Book</td>
<td></td>
<td>Gita’s holiday isn’t going to be the same in her new country.</td>
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<tr>
<td>Mommy, Daddy &amp; Me</td>
<td>Lyn Littlefield Hoopes</td>
<td>Children's Book</td>
<td></td>
<td>A children’s story about a family spending the day exploring an island, skipping stones, climbing hills, and sharing their joy and love.</td>
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<tr>
<td>My Big Sister Takes Drugs</td>
<td>Judith Vigna</td>
<td>Children's Book</td>
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<td>A young boy deals with his sister’s drug problem.</td>
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<tr>
<td>My Brother Matthew</td>
<td>Mary Thompson</td>
<td>Children's Book</td>
<td></td>
<td>A sibling explains what it's like to have a brother with special needs.</td>
</tr>
<tr>
<td>My Two Uncles</td>
<td>Judith Vigna</td>
<td>Children's Book</td>
<td></td>
<td>Elly's family is in turmoil - Grampy can’t accept her uncle and his friend.</td>
</tr>
<tr>
<td>Not Much Just Chillin’</td>
<td>Linda Perlstein</td>
<td>Book</td>
<td>273</td>
<td>Reveals what really takes place underneath kids' don't touch-me facade and offers a trail map to the baffling place between child and teen.</td>
</tr>
<tr>
<td>Planning for the Future</td>
<td>Russell, Grant, Joseph, and Fee</td>
<td>Book</td>
<td>440</td>
<td>This book provides information to help you plan for and provide a meaningful life for your child with a disability after your death.</td>
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<tr>
<td>Princess Pooh</td>
<td>Kathleen M. Muldoon</td>
<td>Children's Book</td>
<td></td>
<td>Jealous of her sister's royal treatment as she sits in her wheelchair, Patty Jean tries it out and discovers it's not so fun after all.</td>
</tr>
<tr>
<td>Title</td>
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<td>Seven Habits of Highly Effective Teens, The</td>
<td>Sean Covey</td>
<td>Book</td>
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<td>Six Most Important Decisions You’ll Ever Make, The</td>
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<td>Smart but Scattered</td>
<td>Peg Dawson Ed.D. &amp; Richard Guare, Ph.D.</td>
<td>Book</td>
<td>314</td>
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<td>Someone Special, Just Like You</td>
<td>Tricia Brown</td>
<td>Children’s Book</td>
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<td>Someplace to Go</td>
<td>Maria Testa</td>
<td>Children’s Book</td>
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<td>Something for Mom</td>
<td>Norma Jean Weston</td>
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<td>Stick Up for Yourself</td>
<td>Kaufman, Raphael &amp; Espeland</td>
<td>Book</td>
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<td>Teenagers Preparing for the Real World</td>
<td>Chad Foster</td>
<td>Book</td>
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<td>Touching the Hearts of Children Anthology: The Art of Being a Military Child</td>
<td>Military Child Education Coalition</td>
<td>Book</td>
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<td>Tough Times, Resilient Kids</td>
<td>Dr. Sam Goldstein</td>
<td>DVD</td>
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</table>

This DVD explores the American family and the lives of today's youth, and discovers why some thrive, yet many others struggle.
View from the Balcony: Leadership Challenges in Systems of Care, A  
Gary DeCarolis  
Book  
152 Pages  
A look at the hard work and leadership that it takes to do systems change work, especially for parents and families.

Views From Our Shoes  
Donald Meyer  
Children's Book  
A story about growing up with a brother or sister with special needs.

What Teens Need to Succeed  
P. Benson, J. Galbraith & P. Espeland  
Book  
361 Pages  
Offers more than 1200 ideas for building assets at home, at school, in your community, in your congregation, and with your friends, true stories and more.

Why Don't They Like Me?  
Susan Sheridan, Ph.D.  
Book  
162 Pages  
Helping your child make and keep friends.

**Topic: Non-Verbal Learning Disabilities**

Bridging the Gap  
Rondalyn Varney Whitney  
Book  
291 Pages  
Offers powerful and practical strategies for raising a child with nonverbal learning disorder.

Non-Verbal Learning Disabilities  
Marieke Molenaar-Klumper  
Book  
112 Pages  
Offers information on characteristics, diagnosis, and treatment within an educational setting.

Nonverbal Learning Disabilities at Home  
Pamela Tanguay  
Book  
267 Pages  
Offers straightforward, sensible, cohesive, and easy to understand advice for overwhelmed, under-supported parents.

**Topic: Obsessive Compulsive Disorder**

Blink, Blink, Clop, Clop: Why Do We Do Things We Can't Stop?  
E. Katrina Moitz, Ph.D & Jennifer Jablonsky  
Children's Book  
A humorous yet sensitive story that shows it is possible to learn to deal with Obsessive Compulsive Disorder and enjoy life.

From Thoughts to Obsessions  
Per Hove Thomsen  
Book  
150 Pages  
Explains the symptoms, assessment procedures, and treatment strategies for OCD in children and adolescents.
<table>
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<th>Author(s)</th>
<th>Type</th>
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<td>Obsessive-Compulsive Disorder - Help For Children and Adolescents</td>
<td>Mizti Walsh</td>
<td>Book</td>
<td>384</td>
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<td></td>
<td>Offers information on diagnosis, parenting techniques, navigating the special education system, understanding medication, therapy, and more.</td>
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<tr>
<td>Talking Back to OCD</td>
<td>John March, MD</td>
<td>Book</td>
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<tr>
<td></td>
<td>A unique 2-in-1 book that encourages young readers to take control of OCD and offers ways parents can help support them.</td>
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<td>Touch and Go Joe</td>
<td>Joe Wells</td>
<td>Book</td>
<td>128</td>
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<tr>
<td></td>
<td>This book is about Joe's experience with OCD which started at age nine.</td>
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<tr>
<td>When Once is Not Enough</td>
<td>Gail Steketee &amp; Kerrin White</td>
<td>Book</td>
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<tr>
<td></td>
<td>Help for obsessive compulsives.</td>
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**Topic: Other Disabilities**

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<th>Title</th>
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<tr>
<td>ACC and Me</td>
<td>Kathryn Schilmoeller &amp; Lynn Paul</td>
<td>Children's Book</td>
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<tr>
<td></td>
<td>A children's book about agenesis of the corpus callosum.</td>
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<tr>
<td>Angelman Syndrome A to Z</td>
<td>Julie Hyman &amp; Alice Evans</td>
<td>Book</td>
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<td></td>
<td>Everything you ever wanted to know about Angelman Syndrome and then some!</td>
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<tr>
<td>Breathe Easy</td>
<td>Jonathan Weiss, Ph.D.</td>
<td>Children's Book</td>
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<td>A young people's guide to asthma.</td>
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<td>Can't Play Won't Play</td>
<td>Sharon Drew &amp; Elizabeth Atter</td>
<td>Book</td>
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<tr>
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<td>Simply sizzling ideas to get the ball rolling for children with Dyspraxia.</td>
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<td>Casualties of Progress</td>
<td>Alison Johnson</td>
<td>Book</td>
<td>276</td>
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<td></td>
<td>Personal stories from the chemically sensitive.</td>
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<tr>
<td>Cat's Got Your Tongue?</td>
<td>Charles E. Schaefer, Ph.D.</td>
<td>Children's Book</td>
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<td>A story of a girl who is afraid to speak, who behavior is known as &quot;elective mutism&quot;.</td>
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<tr>
<td>Title</td>
<td>Author(s)</td>
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<td>Child with Special Needs, The</td>
<td>Stanley Greenspan, M.D. &amp; Serena Wieder</td>
<td>Book</td>
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<td>The comprehensive approach to developmental challenges including Autism, PDD, language and speech problems, Down Syndrome, Cerebral Palsy, ADD, and other related disorders.</td>
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<tr>
<td>Children with Cleft Lip and Palate</td>
<td>Hardin Jones, Chapman, &amp; Scherer</td>
<td>Book</td>
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<tr>
<td>A parent’s guide to early speech-language development and treatment.</td>
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<td>Children with Facial Difference</td>
<td>Hope Charkins, M.S.W.</td>
<td>Book</td>
<td>361</td>
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<tr>
<td>This book covers more commonly occurring conditions, plus rarer and severe forms of facial difference.</td>
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<td>Children with Fragile X Syndrome</td>
<td>Jayne Dixon Weber</td>
<td>Book</td>
<td>460</td>
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<tr>
<td>A comprehensive guide for parents and professionals. This guide is both supportive and authoritative.</td>
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<tr>
<td>Coping with Chronic Fatigue Syndrome</td>
<td>Fred Friedberg, Ph.D.</td>
<td>Book</td>
<td>166</td>
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<tr>
<td>Strategies presented will help improve tolerance of symptoms, reduce the stress, generate a sense of well-being, and more.</td>
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<tr>
<td>David Explores Gaucher Disease</td>
<td>Carol Fisher, RN</td>
<td>Children’s Book</td>
<td>33</td>
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<tr>
<td>A children’s book that tells David’s story and his quest to learn more about Gaucher Disease.</td>
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<tr>
<td>Dear Kids of Alcoholics</td>
<td>Lindsey Hall &amp; Leigh Cohn</td>
<td>Children’s Book</td>
<td>33</td>
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<tr>
<td>An honest book about alcoholism for readers 8 - 17.</td>
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<tr>
<td>Dyslogic Syndrome</td>
<td>Bernard Rimland</td>
<td>Book</td>
<td>192</td>
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<tr>
<td>Learn why millions of kids are hyper, attention-disordered, learning disabled, depressed, aggressive, defiant, violent, and what can be done about it.</td>
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<td>Executive Function “Dysfunction”</td>
<td>Rebecca Moyes</td>
<td>Book</td>
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<tr>
<td>Packed with real-world examples of executive functioning deficits and multiple strategies to overcome them.</td>
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<tr>
<td>Fetal Alcohol Syndrome</td>
<td>Ann Streissguth</td>
<td>Book</td>
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<tr>
<td>A guide for families and communities using compelling case stories about this completely preventable disability.</td>
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Finding My Way
Michelle Sherman, Ph.D & DeAnne Sherman  Book     130 Pages
A teen’s guide to living with a parent who has experienced trauma.

Hunter Syndrome Stories
Shire USA, Inc.  Children's Book  21 Pages
The children’s booklet will help children learn about Hunter Syndrome and understand how it affects kids who have HS. Can be used as a teaching tool in a classroom.

I Know the World’s Worst Secret
By Doris Sanford  Children's Book
A book about living with an alcoholic parent and choosing to grow in spite of the pain.

Kara Mia
Maryann Anglim & Walter Allen, M.D.  Book
The story of sudden loss and slow recovery in a teenager with Long QT syndrome.

Kids in the Syndrome Mix of ADHD, LD, Asperger’s, TS, Bi-Polar....
Martin Kutscher  Book  223 Pages
Up-to-date, all-in-one guide to the whole range of often coexisting neurobehavioral disorders in children.

Kids with Celiac Disease
Danna Korn  Book  252 Pages
A family guide to raising happy, healthy, gluten-free children.

Late, Lost, and Unprepared
Joyce Cooper-Kahn, Ph.D. & Laurie Dietzel,  Book  232 Pages
A parent’s guide to helping children with Executive Function.

Little People: Learning to See the World Through My Daughter’s Eyes
Dan Kennedy  Book  296 Pages
Explores dwarfism from ancient times while sharing his own story about his daughter who was born with achondroplasia.

Lyme Disease
Maine Center for Disease Control and  DVD
A DVD about awareness and prevention of Lyme Disease.

My Book for Kids with Cansur
Jason Gaes  Children's Book
Jason spent six months writing this book, without help, then asked his brothers to illustrate it.
My Buddy
Audrey Ososky
A young boy with Muscular Dystrophy tells how he teamed up with a dog trained to do things for him that he can’t.

My Dad Loves Me, My Dad Has a Disease
Claudia Black, Ph.D.
A children's book for help in understanding alcoholism.

My Friend Leslie
Maxine Rosenberg
A lovely story of two friends, one with multiple disabilities.

Oppositional Child, The
O. Randall Braman
How to recognize and change the self-defeating behavior of a child or adult who persists in doing the opposite of what he should do.

Raising an Emotionally Healthy Child When a Parent is Sick
Paula Rauch, MD
Common sense advice for anyone supporting one who’s facing the demands of raising children while struggling with illness.

Teens Face to Face with Chronic Illness
Suzanne Le Vert
Discusses chronic diseases, examines how they affect daily activities and relationships with family and friends.

Understanding Controversial Therapies for Children w/ Autism, ADD and
Lisa Kurtz
This book offers a balanced overview of complementary and alternative therapies and is a useful guide for parents.

Understanding Motor Skills in Children w/ Dyspraxia, ADHD, Autism and
Lisa Kurtz
A user-friendly guide to improving motor skills that includes clear diagrams and tables to outline key points and includes a normal development chart.

When Love is Not Enough
Nancy Thomas
A guide to parenting children with Reactive Attachment Disorder (RAD).

When Your Child is Cutting
McVey-Noble, Khemlani-Patel & Neziroglu
A parent’s guide to helping children overcome self-injury. Learn how to talk to your child, understand why they cut and find help.
Auggie Pullman was born with a facial difference. He is just an ordinary kid with an extraordinary face. This funny, uplifting novel is a one sitting read to remember long after the

**Topic: Parent Involvement**

**ABC's of Parent Involvement in Education, The**  
CT Parents Plus  
**Book**  
132 Pages  
Offers a variety of creative ideas about how parents can help their children learn through everyday experiences.

**Building Successful Partnerships**  
National PTA  
**Book**  
237 Pages  
A guide for developing parent and family involvement programs.

**Topic: Parent/Family Issues**

**100 Days and 99 Nights**  
Alan Madison  
**Children's Book**  
138 Pages  
A children’s story about a father’s tour of military duty.

**101 Ways to be a Long-Distance Super Dad or Mom Too!**  
George Newman  
**Book**  
123 Pages  
Tips to help span the miles and improve communication, ways to make better use of your holidays and vacations together and much more.

**After Your Child's Diagnosis**  
Cindy Binstock  
**Book**  
158 Pages  
Offers parents resources, references, available alternatives, other options, and more.

**All Kinds of Families**  
Norman Simon  
**Children's Book**  
A picture book that illustrates the diversities and similarities in families.

**Benni & Victoria**  
Patricia Arst  
**Children's Book**  
A boy who can't live with his mother and how he learns to cope.

**Black, White, Just Right!**  
Marguerite Davol  
**Children's Book**  
This multiracial family is "just right".
<table>
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<th>Title</th>
<th>Author/Speaker</th>
<th>Type</th>
<th>Pages</th>
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<tr>
<td>Changing Families</td>
<td>David Fassler, M.D.</td>
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<td>A guide to help children express their feelings.</td>
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<td>Connection Parenting</td>
<td>Pam Leo</td>
<td>Book</td>
<td>200</td>
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<td>Learn how to parent through connection instead of coercion.</td>
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<td>Creating Compassionate Kids</td>
<td>Shauna Tominey</td>
<td>Book</td>
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<td>Essential conversations to have with young children. Written with</td>
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<td>wisdom and sensitivity, guides adults into conversations on a range of topics.</td>
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<td>Deployments, Homecomings, and Changes</td>
<td>Sesame Street</td>
<td>DVD</td>
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<td>This kit contains two DVDs, a magazine for parents and caregivers,</td>
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<td>an a children's activity poster.</td>
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<td>Disability is Natural</td>
<td>Kathie Snow</td>
<td>Book</td>
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<tr>
<td>Revolutionary common sense for raising successful children with</td>
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<td>disabilities.</td>
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<td>Do I Have a Daddy?</td>
<td>Jeanne Warren Lindsay</td>
<td>Children's Book</td>
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<td>A story about a single-parent child.</td>
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<td>Family First</td>
<td>Dr. Phil McGraw</td>
<td>Book</td>
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<td>Your step-by-step plan for creating a phenomenal family.</td>
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<td>Father Need</td>
<td>Kyle Pruett, M.D.</td>
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<td>Shows why father care is as essential as mother care for your child's physical, emotional development.</td>
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<td>Get Out of My Life...but first could you drive me and Cheryl to the Mall?</td>
<td>Anthony Wolf, Ph.D.</td>
<td>Book</td>
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<td>A parent's guide to the new teenager.</td>
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<td>Going Solo While Raising Children with Disabilities</td>
<td>Laura Marshak, Ph.D.</td>
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<td>In this book you will find a wealth of support, affirmation, and</td>
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<td>practical ideas for living well.</td>
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<td>Foster Cline &amp; Jim Fay</td>
<td>Book</td>
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<td>Offers practical solutions to today's grandparenting challenges.</td>
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<td>Grandparents as Parents</td>
<td>Sylvie de Toledo &amp; Deborah Edler Brown</td>
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<tr>
<td>A guidebook for any grandparent who is helping to support, raise, or</td>
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<td>is contemplating raising a grandchild.</td>
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<td>Helicopters, Drill Sargeants, and Consultants</td>
<td>Jim Fay</td>
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<td>Learn about these parenting styles and the messages they send to</td>
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<td>your children.</td>
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<td>Home Again</td>
<td>Dorinda Silver Williams</td>
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<td>A children’s book written to help a child understand reunion with</td>
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<td>a parent when they return from deployment.</td>
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<td>Into the Great Forest</td>
<td>Irene Wineman Marcus &amp; Paul</td>
<td>Children's Book</td>
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<td>A story for children away from parents for the first time.</td>
<td>Marcus, Ph.D.</td>
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<td>It's Not Fair, Jeremy Spencer's Parents Let Him Stay Up All Night!</td>
<td>Anthony E. Wolf, Ph.D.</td>
<td>Book</td>
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<td>A guide to the tougher parts of parenting.</td>
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<td>Kids Are Worth It!</td>
<td>Barbara Coloroso</td>
<td>Book</td>
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<td>How to give your child the gift of inner discipline.</td>
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<td>Lots of Moms</td>
<td>Shelly Rotner &amp; Sheila Kelly</td>
<td>Children's Book</td>
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<td>Each mom is different.</td>
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<td>Married with Special Needs Children</td>
<td>Laura Marshak &amp; Fran Pollock Prezant</td>
<td>Book</td>
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<td>A guide to keeping couples connected - eases concerns and addresses</td>
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<td>a broad range of marital and parenting issues.</td>
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<td>Military Youth Coping with Separation: When Family Members Deploy</td>
<td>Uniformed West Chapter of the</td>
<td>DVD</td>
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<td>This is DVD is designed for older children and adolescents as they</td>
<td>Academy of</td>
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<td>face military deployment in their family.</td>
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</table>
Mr. Poe & Friends Discuss Family Reunion After Deployment
Uniformed West Chapter of the Academy of DVD 30 Mins.
This DVD is an animated multimedia deployment support toolkit for children, ages 6 to 11.

My Dad Lost His Job
Mary Kalifon Children's Book
Helps families deal with dad's lost job.

My New Baby-Sitter
Christine Loomis Children's Book
Introducing a new baby-sitter into the family.

Over There (A Mommy Version and A Daddy Version)
Dorinda Silver Williams, LCSW-C Children's Book
A children's book written to help a child adjust to a parents deployment. A great tool to help talk about and support a child’s feelings.

Parents Are Teachers, Too
Claudia Jones Book 190 Pages
How to help your child achieve their full potential and feel really positive about themselves and their abilities.

Parents Do Make a Difference
Michele Borba. Ed.D. Book 246 Pages
How to raise kids with solid character, strong minds, and caring hearts.

Parents, Teens and Boundaries
Jane Blustein, Ph.D. Book 202 Pages
Testing their limits is how teenagers grow and learn, yet some parents don’t know how to draw the line. Here are 20 relationship-building techniques.

Pick Up Your Socks….And Other Skills Growing Children Need!
Elizabeth Crary Book 108 Pages
A practical guide to raising responsible children. Helps you recognize where your child is and build on abilities.

Power Source Parenting
Bethany Casarjian Book 260 Pages
This book has answers to some of the most difficult challenges you’ll face, a great resource for young parents.

Relationship Rescue
Dr. Phil/Phillip McGraw, Ph.D. Book 254 Pages
A seven-step strategy for reconnecting with your partner.
Resilient Family, The
Paul Powers, Sc.D. & Arthus Dell Orto, Ph.D. Book 185 Pages
Practical advice and hope for families with a child who has a serious illness or disability.

Robert Lives with His Grandparents
Martha Hickman Children's Book
Robert learns to be proud of his family.

Secrets of Happy Families, The
Bruce Feiler Book 307 Pages
This book show how we can create stronger parent/child relationships, manage chaos, teach values and grit, and have fun.

Seven Habits of Highly Effective Families, The
Stephen Covey Book or Audio 389 Pages
Jump-start your thinking and behaviors so that you can give your best to and get the most from your family.

Special Children, Challenged Parents
Robert Naseef, Ph.D. Book 291 Pages
Discusses the struggles and rewards of raising a child with a disability.

Special Kids Need Special Parents
Judith Loseff Lavin Book 319 Pages
A resource for parents of children with special needs that gives readers advice, encouragement, and comfort.

That's My Child
Lizanne Capper Book 198 Pages
Strategies for parents of children with disabilities.

Understanding Your Special Needs Grandchild
Clare Jones, Ph.D. Book 126 Pages
This book will help grandparents realize and accept the vitally important role they play in their grandchild’s life.

Visit to the Big House, A
Oliver Butterworth Children’s Book 46 Pages
This book was written to help children cope with the difficulties of visiting a parent in prison.

Voices from Fatherhood
Patrick Kilcarr, Ph.D & Patricia Quinn, M.D. Book 184 Pages
The essential guidebook helps fathers enhance and deepen their relationships with their sons and the entire family.
### What About Me?
Allan Peterkin, M.D.

When brothers and sisters get sick, ways parents can help their well children cope with a chronically ill sibling.

### What Do You Do With a Child Like This?
L. Tobin

Journey into the world of troubled children and enhance your understanding of the child’s total needs. Provides techniques to help.

### What We Can’t Tell You
Kathleen Cushman

Teens candidly share their feelings about their parents and offer insight and strategies for connecting with adolescents.

### When the Bees Fly Home
Andrea Cheng

The tale of a family learning to celebrate two very different sons. Will foster positive discussions about gender and differences.

### Young Children on the Homefront
Amy Kim & Tracy Songer

*Young Children on the Homefront: Coming Together Around Military Families* -- family stories, family strengths.

#### Topic: Personal Stories

### An Autumn Called Evan
Deborah Klane

Deborah’s extremely moving chronicle of life with an exceptional child.

### Beyond All Expectations
JoAnne Putnam

The story of Paige Barton as told by her friend JoAnne Putman with Foreword by former Governor of Maine, Angus King, and Introduction by Debbie Gilmer.

### Boy in the Moon, The
Ian Brown

Ian’s son was born with a very rare genetic mutation. This is their story, written with humor and stark honesty, and infused with a father’s love for his son.

### Chasing the Rabbit
Derek Volk with Dylan Volk

The story of a Dad’s life raising a son on the Autism Spectrum.

### Embracing the Monster
Veronica Crawford

Find out first hand what it is like to live with hidden disabilities as you follow Veronica’s enlightening story.
**Expecting Adam**
Martha Beck  
*Book*  
328 Pages  
Follow the parents true story about Adam, a child born with Down Syndrome.

**God Made Me Special!**
Ryan C. Farrell  
*Children's Book*  
Ryan writes about his personal experiences dealing with Tourette Syndrome, OCD, ADHD, and Conduct Disorder.

**I Wish**
Kate Divine McAnaney  
*Book*  
87 Pages  
Dreams and realities of parenting a child with special needs.

**Knowing Jesse**
Marianne Leone  
*Book*  
254 Pages  
A mother's story of grief, grace, and everyday bliss of raising a son with Cerebral Palsy who is also quadriplegic, unable to speak, and wracked by seizures.

**Longest Trip Home, The**
John Grogan  
*Book*  
334 Pages  
A funny, unforgettable, poignant, moving, memoir from the author of Marley & Me.

**Uncommon Fathers**
Donald Meyer  
*Book*  
206 Pages  
Nineteen fathers offer a seldom-heard perspective on raising children with special needs.

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**Topic: Play**

**Face Your Feelings**
Lawrence Shapiro, Ph.D  
*Children's Book*  
A play and read book for help children learn and feelings.

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**Topic: Potty Learning**

**Once Upon a Potty for Her**
Alona Frankel  
*Children's DVD*  
30 Mins.  
Kids’ Music DVD - Kids and parents can watch, laugh, learn, and sing while coming to grips with the trials and tribulations of toilet training.

**Once Upon a Potty for Him**
Alona Frankel  
*Children's DVD*  
30 Mins.  
Kids’ Music DVD - Kids and parents can watch, laugh, learn, and sing while coming to grips with the trials and tribulations of toilet training.
### Topic: Recreation

**Potty Chronicles, The**  
Annie Reiner, LCSW  
Children's Book  
A story to help children adjust to toilet training.

**Potty Journey, The**  
Judith Coucouvanis  
Book  148 Pages  
A guide to toilet training for children with special needs, including Autism and related disorders.

**Backyards and Butterflies**  
Doreen Greenstein  
Book  72 Pages  
Ways to include children with disabilities in outdoor activities.

**Riding for the Disabled**  
Vanessa Britton  
Book  144 Pages  
Covers training a horse to work with riders with disabilities, special aids, methods of instruction, benefits of therapeutic riding, and more.

### Topic: School/Education

**Admission Matters**  
Springer, Reider, & Franck  
Book  316 Pages  
What students and parents need to know about getting into college, offers lots of tips and tools to help.

**Educated Child, The**  
William J. Bennett  
Book  664 Pages  
What your child should learn, 10 signs of a good school, books your child should read, character education, and more.

**Functional Assessments**  
Witt, Daly & Noell  
Book  267 Pages  

**Get On Top of It!**  
Laurie Hartwig & Gina Meredith  
Book  144 Pages  
Teacher's manual - teaching students to problem solve.

**Guide to Colleges for Students w/ LD or ADHD, The**  
Marybeth Kravets & Imy Wax  
Book  831 Pages  
This indispensable resource profiles 357 schools and has a Quick Contact Reference List for 1,000 additional schools.
Helpful Alphabet of Friendly Objects, A
Poems by John UpDike/Photos by David Children's Book
A great way to review the alphabet, pictures, and poems for each letter of the alphabet.

Helping Your Child Get Ready for School
Nancy Paulu Booklet 50 Pages
Includes activities for children birth through 5.

Helping Your Child Succeed at School
L. John Gasson Book 208 Pages
Advice to parents on how to contribution to their child's education and build a positive working relationship with teachers.

High School Navigator
Jim Hudon, Linda Hudon, Gail Donahue Pepin and Gerry Pepin Book 224 Pages
This book will help students make choices and guide them through high school and on to college.

How to Do Homework Without Throwing Up
Trevor Romain Children's Book
If homework makes you uneasy or queasy, this book is for you.

How to Help Your Child with Homework
Marguerite C. Radenich, Ph.D. Book
Encouraging good study habits and ending the homework wars.

More Than a Test Score
Robert Schultz & James Delisle Book 150 Pages
Based on a survey of thousands of gifted teens -they talk about being gifted, talented, or otherwise extraordinary.

No Child Left Behind (NCLB)
Peter Wright, Pamela Wright & Suzanne Heath Book & DVD 339 Pages
Includes full text of the NCLB act, analysis, and interpretation and a CD-ROM of resources and references.

Real-Life Homeschooling
Rhonda Barfield Book 306 Pages
The stories of 21 families who teach their children at home.

Seven Steps to Homework Success
S. Zentall, Ph.D. & S. Goldstein, Ph.D. Book 138 Pages
A family guide for solving common homework problems.
<table>
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<th>Author(s)</th>
<th>Format</th>
<th>Pages</th>
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<tr>
<td>Teaching the Tiger</td>
<td>M. Dornbush Ph.D. &amp;</td>
<td>Book</td>
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<td>S.Pruitt, M. Ed.</td>
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<td>A handbook for individuals involved in the education of students with</td>
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<td>Teaching with the Brain in Mind</td>
<td>Eric Jensen</td>
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<td>The latest, practical, easy-to-understand research on learning and</td>
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<td>the brain.</td>
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<td>Think College!</td>
<td>Meg Grigal &amp; Debra</td>
<td>Book</td>
<td>323</td>
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<td>Hart</td>
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<td>This book offers options and educational opportunities to set the</td>
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<td>stage for successful, fulfilling community lives.</td>
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<td>Too Old for This, Too Young for That!</td>
<td>Harriet Mosatche, Ph.D. &amp; Karen Unger, M.A.</td>
<td>Children's Book</td>
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<td>A survival guide for the middle-school years.</td>
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<td>Upside-Down Brilliance - The Visual-Spatial Learner</td>
<td>Linda Kreger Silverman</td>
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<td>Parents, teachers &amp; friends of visual-spatial learners will delight</td>
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<td>in this book filled with illuminating insights, wisdom, &amp; practical</td>
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<td>suggestions.</td>
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<td>Visual Intelligence</td>
<td>Donald D. Hoffman</td>
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<td>This book reveals the intelligence of vision, it explores the subtle</td>
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<td>hidden rules by which we construct objects, movement, and colors.</td>
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<td>When Gifted Kids Don’t Have All the Answers</td>
<td>Jim Delisle, Ph.D. &amp;</td>
<td>Book</td>
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<td>Judy Galbraith, M.A.</td>
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<td>Offers proven, practical suggestions for encouraging social and</td>
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<td>emotional growth among gifted, talented, and creative children.</td>
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<td>You’re Smarter Than You Think</td>
<td>Thomas Armstrong, Ph.D.</td>
<td>Book</td>
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<td>A kid’s guide to multiple intelligences. Learn about 8 different</td>
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<td>intelligences and what they mean plus lots more valuable</td>
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<td>information.</td>
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<td>Your College Experience</td>
<td>Gardner, Jewler, and</td>
<td>Book</td>
<td>317</td>
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<td>Barefoot</td>
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<td>Your successful college experience starts right here with strategies</td>
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<td>for success.</td>
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**Topic: Self-Esteem/Social Skills**

Don’t Feed the Monster on Tuesdays!
Adolph Moser, Ed.D. | Children's Book | 61 Pages
<table>
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<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
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<tr>
<td>I Want Your Moo</td>
<td>Marcella Bakur &amp; Jill Neimark</td>
<td>Children's Book</td>
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<td>A story for children 4 to 8 about self-esteem.</td>
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<tr>
<td>It's So Much Work to be Your Friend</td>
<td>Richard Lavoie</td>
<td>Book</td>
<td>394</td>
<td>Addresses the social skills problems faced by many children and adolescents with learning disabilities.</td>
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<td>Raise Your Child's Social IQ</td>
<td>Cathi Cohen, LCSW</td>
<td>Book</td>
<td>228</td>
<td>Practical, step-by-step plan based on the highly successful Stepping Stones program.</td>
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<tr>
<td>Self-Esteem Revolutions in Children</td>
<td>Thomas W. Phelan, Ph.D.</td>
<td>Book</td>
<td>173</td>
<td>Understanding and managing the critical transitions in your child's life.</td>
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<td>Sometimes I Drive My Mom Crazy...But I Know She's Crazy About Me</td>
<td>Lawrence Shapiro</td>
<td>Children's Book</td>
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<td>A book to boost the self-esteem of children with ADHD.</td>
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<td>Topic: Sensory Integration</td>
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<tr>
<td>Arnie and His School Tools</td>
<td>Jennifer Vennendall</td>
<td>Children's Book</td>
<td>47</td>
<td>Simple sensory solutions that build success - with the right tools, everybody's day goes a little smoother!</td>
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<td>Everything Parent’s Guide to Sensory Integration Disorder, The</td>
<td>Terri Mauro</td>
<td>Book</td>
<td>303</td>
<td>Learn how to get the right diagnosis, understand treatments, and advocate for your child.</td>
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<tr>
<td>Getting Kids In Sync</td>
<td>Carol Kranowitz</td>
<td>DVD</td>
<td>26 Mins.</td>
<td>Sensory-motor activities to help children develop body awareness and integrate their senses.</td>
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<td>Integrated Yoga</td>
<td>Nicole Cuomo</td>
<td>Book</td>
<td>102</td>
<td>This book offers easy-to-follow basic postures and sequences for children and young people with sensory issues, easily adaptable to adults.</td>
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<tr>
<td>Title</td>
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<td>Preschool Sense</td>
<td>Carol Kranowitz</td>
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<td>Sensory Integration and the Child</td>
<td>A. Jean Ayres, Ph.D.</td>
<td>Book</td>
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<td>Starting Sensory Integration Therapy</td>
<td>Bonnie Arnowine</td>
<td>Book</td>
<td>128</td>
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<td>Top: Special Education</td>
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<td>A Guide to Collaboration for IEP Teams</td>
<td>Nicholas Martin</td>
<td>Book</td>
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<tr>
<td>All About IEPs</td>
<td>Peter Wright, Pamela Darr Wright &amp; Sandra Webb O'Connor</td>
<td>Book</td>
<td>166</td>
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<td>Believe in My Child with Special Needs</td>
<td>Mary Falvey</td>
<td>Book</td>
<td>167</td>
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<td>Better IEP Meetings - Everyone Wins</td>
<td>Barbara D. Bateman &amp; Cynthia M. Herr</td>
<td>Book</td>
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<td>Better IEP's</td>
<td>Barbara D. Bateman, Ph.D.</td>
<td>Book</td>
<td>276</td>
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<td>First IEP, The</td>
<td>Deborah Chen and Annie Cox</td>
<td>DVD</td>
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<td>From Emotions to Advocacy - The Special Education Survival Guide</td>
<td>Pamela Darr Wright &amp; Peter W. D. Wright</td>
<td>Book</td>
<td>382</td>
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<td>From Gobbledygook to Clearly Written Annual IEP Goals</td>
<td>Barbara Bateman</td>
<td>Book</td>
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<td>Guide to Special Education Advocacy, A</td>
<td>Matthew Cohen</td>
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<td>Guiding Your Teenager w/Special Needs Through the Transition from</td>
<td>Mary Korpi</td>
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<td>School to Adult Life</td>
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<td>IEP Checklist, The</td>
<td>Winterman and Rosas</td>
<td>Book</td>
<td>215</td>
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<td>Implementing Ongoing Transition Plans for the IEP</td>
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<td>Making the Move to Managing Your Own Personal Assistance Services</td>
<td>Office of Disability</td>
<td>Book</td>
<td>66</td>
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<td>Employment Policy</td>
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<td>Nick Joins In</td>
<td>Joe Lasker</td>
<td>Book</td>
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<td>Parent's Complete Special Education Guide</td>
<td>R. Pierangelo, Ph.D. &amp;</td>
<td>Book</td>
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<td>R. Jacoby</td>
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<td>Special Education Law</td>
<td>Peter Wright &amp; Pamela</td>
<td>Book</td>
<td>442</td>
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<td>Surviving Due Process: When Parents and The School Board Disagree</td>
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</table>
Targeting Language Delays  
Caroline Lee  
Contains IEP goals and activities for students with developmental challenges.

Teaching Self-Determination to Students with Disabilities  
Wehmeyer, Agran & Hughes  
Versatile instructional methods for teaching basic self-determination skills to students with disabilities.

Transition Issues Related to Students with Visual Disabilities  
Jane Erin and Karen Wolfe  
Practical resource to help in preparing individuals for adulthood.

Transition of Youth & Young Adults w/Emotional Behavioral Difficulties  
Hewitt Clark & Deanne Unruh  
Provides a variety of easy-to-use, evidence-supported strategies to guide young adults through transition.

Why Johnny Doesn’t Behave - 20 Tips and Measurable BIPs  
Barbara Bateman & Annemieke Golly  
Discusses functional behavioral assessments and behavioral intervention plans, offers 20 concrete tips for teachers.

Writing Measurable IEP Goals & Objectives  
Barbara Bateman & Cynthia Herr  
Measurable goals and objectives can be surprisingly fast, easy to write, and helpful - once the skills taught here has been learned!

You, Your Child, and “Special” Education  
Barbara Coyne Cutler  
A guide to dealing with the system -- the answers are in this empowering, no-nonsense guide.

Topic: Spina Bifida

Children with Spina Bifida  
Marlene Lutkenhoff, R.N.  
Provides parents with guidance and support of help meet their child's often intensive needs from birth through childhood.

SPINAbilities  
M. Lutkenhoff & S. Oppenheimer  
A young person's guide to Spina Bifida.
### Topic: Tourette Syndrome

<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
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</thead>
<tbody>
<tr>
<td>Adam and the Magic Marble</td>
<td>Adam &amp; Carol Buehrens</td>
<td>Children's Book</td>
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<td></td>
<td></td>
<td><strong>Children's Book</strong></td>
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<tr>
<td></td>
<td>Two boys with Tourette Syndrome</td>
<td>find a magic marble that can cure the disorder but they decide their friend with Cerebral Palsy needs it.</td>
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<tr>
<td>Children with Tourette Syndrome</td>
<td>Tracy Haerle</td>
<td>Book</td>
<td>298</td>
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<tr>
<td></td>
<td></td>
<td><strong>Book</strong></td>
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<tr>
<td></td>
<td>This book depicts the broad range of Tourette Syndrome and provides information.</td>
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<tr>
<td>Diagnosing and Treating Tourette Syndrome</td>
<td>The Tourette Syndrome Association</td>
<td>DVD</td>
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<tr>
<td></td>
<td>2 disc series, #1: Scientific literature on Adobe Acrobat PDF format on CD and #2: Medical and educational videos in DVD format</td>
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<tr>
<td>Don't Think About Monkeys</td>
<td>Adam Ward Seligman &amp; John Hilkevich</td>
<td>Book</td>
<td>206</td>
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<td></td>
<td></td>
<td><strong>Book</strong></td>
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<tr>
<td></td>
<td>A collection of stories written by fourteen people who live with Tourette Syndrome.</td>
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<tr>
<td>Hi, I'm Adam</td>
<td>Adam Buehrens</td>
<td>Children's Book</td>
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<td></td>
<td></td>
<td><strong>Children's Book</strong></td>
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<tr>
<td></td>
<td>A child's book about Tourette Syndrome written by a 10 year old boy with TS.</td>
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<tr>
<td>I Have Tourette's But Tourette's Doesn't Have Me</td>
<td>HBO and the Tourette Syndrome Association</td>
<td>DVD</td>
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<td></td>
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<td><strong>DVD</strong></td>
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<td></td>
<td>A documentary that dispels the myths of Tourette Syndrome through the experiences of young children.</td>
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<tr>
<td>Tourette's Syndrome</td>
<td>Mitzi Walsh</td>
<td>Book</td>
<td>400</td>
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<tr>
<td></td>
<td></td>
<td><strong>Book</strong></td>
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<tr>
<td></td>
<td>This book will help you find answers and get help. Info regarding diagnosis, medical interventions, schools, the workplace, and more.</td>
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<tr>
<td>What Makes Ryan Tick?</td>
<td>Susan Hughes</td>
<td>Book</td>
<td>305</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Book</strong></td>
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<tr>
<td></td>
<td>A family's triumph over Tourette Syndrome and ADHD.</td>
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<tr>
<td>Why Do You Do That?</td>
<td>Uttom Chowdhury &amp; Mary Robertson</td>
<td>Children's Book</td>
<td>95</td>
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<td></td>
<td></td>
<td><strong>Children's Book</strong></td>
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</tr>
<tr>
<td></td>
<td>Young people will find comfort and good humor in this superbly written book about Tourette Syndrome.</td>
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</table>
# Topic: Visual Impairments

<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Business is Looking Up</td>
<td>Barbara Aiello &amp; Jeffrey Shulman</td>
<td>Children's Book</td>
<td></td>
<td>An eleven year old with a visual impairment sets up a business and discovers there is a lot to it besides making money.</td>
</tr>
<tr>
<td>Cane in Her Hand, A</td>
<td>Eleanor Mill</td>
<td>Children's Book</td>
<td></td>
<td>A young girl finds a way to cope with her failing vision.</td>
</tr>
<tr>
<td>Children with Visual Impairments - A Parent's Guide</td>
<td>M. Cay Holbrook, Ph.D.</td>
<td>Book</td>
<td>395</td>
<td>This book provides the support and guidance parents need who have children w/mild to severe visual impairments.</td>
</tr>
<tr>
<td>Helping Children Who Are Blind</td>
<td>Sandy Niemann &amp; Namita Jacob</td>
<td>Book</td>
<td>192</td>
<td>The activities in this book can help parents, caregivers, and others help a child with vision problems.</td>
</tr>
<tr>
<td>Listen for the Bus - David's Story</td>
<td>Patricia McMahon</td>
<td>Children's Book</td>
<td></td>
<td>A real-life look at David, who is blind, as he begins kindergarten.</td>
</tr>
<tr>
<td>Luna and the BIG BLUR</td>
<td>Shirley Day</td>
<td>Children's Book</td>
<td></td>
<td>A story for children who wear glasses.</td>
</tr>
<tr>
<td>See the Ocean</td>
<td>Estelle Condra</td>
<td>Children's Book</td>
<td></td>
<td>Tells the story of a young girl, who is blind, who sees the beauty of nature with her mind and her heart.</td>
</tr>
<tr>
<td>When You Have a Visually Impaired Student in Your Classroom</td>
<td>American Foundation for the Blind</td>
<td>Book</td>
<td>87</td>
<td>A great resource for teachers, provides essential information to help you work effectively with students who are blind or visually impaired.</td>
</tr>
</tbody>
</table>