Maine Parent Federation
Since 1984... because every family matters

MPF Lending

Maine Parent Federation, Inc.
PO Box 2067, Augusta, ME 04338-2067

(800) 870-7746 (Statewide) or (207) 588-1933
Fax: (207) 588-1938  Email: parentconnect@mpf.org

This list is also available on our website at:

www.mpf.org

Rev. 2/2020
Maine Parent Federation  
Lending Library

The MPF Library is a valuable resource to families and professionals in Maine. The success of the library is greatly determined by the quality and availability of the materials we offer. To help us maintain our library, we ask that you follow these guidelines.

How to Request Materials

Call:  
(800) 870-7746  
(207) 588-1933

E-mail:  
dnewcombe@mpf.org

Fax:  
(207) 588-1938

Write:  
MPF Library  
PO Box 2067  
Augusta, Maine 04338

Visit:  
484 Maine Avenue, Suite 2D  
Farmingdale, Maine 04344

Hours: 8:30 - 4:30 Mon. – Fri.

Library Policy

The complete library list is available in print or online at www.mpf.org. To request a printed copy, call the office or send an Email.

You may borrow two materials at a time. We pay postage to send the materials to you and you are responsible for the cost of return postage.

Materials are loaned for a three-week period. If you need to renew them, call to check with us, we may be able to extend the due date as long as there is not a waiting list for the material.

If materials are more than two weeks late we will ask you for a $5 late fee donation, payable to the MPF Library.

We keep a waiting list for materials that are already on loan when you request them. You can ask that your name be added to the waiting list and materials will be mailed to you as soon as they become available.

About the Library List

The library list is arranged by topic then listed alphabetically by title. Materials are not cross-referenced, so each title appears only once and you may have to check other sections.

• Please remember - we are always adding new materials and updating the library list.
We have numerous titles available in the library covering a broad range of topics. Please call the library if you need assistance locating a particular item, (800) 870-7746. Materials are grouped under the following topics:

- Abuse/Neglect
- Adoption/Foster Care
- Adults
- Advocacy/Self Advocacy
- Anxiety/Stress/Fears
- Assistive Technology
- Attention Deficit Disorder
- Autism/Asperger’s Syndrome/PDD
- Behavior/Discipline
- Bipolar Disorder
- Birth to Three
- Brain Injury
- Bullying
- Cerebral Palsy
- Child Development
- Communication
- Depression
- Developmental Disabilities
- Diabetes
- Divorce/Step-Parenting
- Early Childhood
- Eating Disorders
- Employment
- Epilepsy
- Gender Issues

- Grief
- Health/Medical
- Hearing Loss
- Inclusion/Integration
- Learning Disabilities
- Mental Illness
- Miscellaneous
- Non-Verbal Learning Disabilities
- Obsessive Compulsive Disorder
- Other Disabilities
- Parent Involvement
- Parent/Family Issues
- Personal Stories
- Play
- Potty Learning
- Recreation
- School/Education
- Self-Esteem/Social Skills
- Sensory Integration
- Special Education
- Spina Bifida
- Tourette Syndrome
- Visual Impairments
TOPICS

Abuse/Neglect
Adoption/Foster Care
Adults
Advocacy/Self Advocacy
Anxiety/Stress/Fears
Assistive Technology
Attention Deficit Disorder
Autism/Asperger’s Syndrome/PDD
Behavior/Discipline
Bipolar Disorder
Birth to Three
Brain Injury
Bullying
Cerebral Palsy
Child Development
Communication
Depression
Developmental Disabilities
Diabetes
Divorce/Step-Parenting
Early Childhood
Eating Disorders
Employment
Epilepsy
Gender Issues
Grief
Health/Medical
Hearing Loss
Inclusion/Integration
Learning Disabilities
Mental Illness
Miscellaneous
Non-Verbal Learning Disabilities
Obsessive Compulsive Disorder
Other Disabilities
Parent Involvement

Parent/Family Issues
Personal Stories
Physical Disabilities
Play
Potty Learning
Recreation
School/Education
Self-Esteem/Social Skills
Sensory Integration
Special Education
Spina Bifida
Tourette Syndrome
Visual Impairments
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Building the Bonds of Attachment</td>
<td>Daniel Hughes</td>
<td>Book</td>
<td>312</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Learn the process of helping children who have been severely damaged by abuse and neglect.</td>
<td></td>
</tr>
<tr>
<td>I Can Say No</td>
<td>Doris Sanford</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A book about drug abuse and choosing to say no.</td>
<td></td>
</tr>
<tr>
<td>I Can’t Talk About It</td>
<td>Doris Sanford</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A book about sexual abuse, healing, and learning to trust again.</td>
<td></td>
</tr>
<tr>
<td>Laurie Tells</td>
<td>Linda Lowery</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Laurie, age 11, examines her feelings about abuse.</td>
<td></td>
</tr>
<tr>
<td>Liza’s Story</td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A child’s story about neglect and the police. This book is a valuable tool for discussing abuse with children.</td>
<td></td>
</tr>
<tr>
<td>Margaret’s Story</td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A child’s story about sexual abuse and going to court. This book is a valuable tool for discussing abuse with children.</td>
<td></td>
</tr>
<tr>
<td>Michael’s Story</td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A child’s story about emotional abuse and working with a counselor. This book is a valuable tool for discussing abuse with children.</td>
<td></td>
</tr>
<tr>
<td>Robin’s Story</td>
<td>Deborah Anderson &amp; Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A child’s story about physical abuse and seeing the doctor. This book is a valuable tool for discussing abuse with children.</td>
<td></td>
</tr>
<tr>
<td>When I Was Little Like You</td>
<td>Jane Porett</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>The author uses her experience to tell children how to recognize and what to do about sexual abuse.</td>
<td></td>
</tr>
<tr>
<td>Title</td>
<td>Author(s)</td>
<td>Type</td>
<td>Pages</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>----------------------------------</td>
<td>------------------------------------</td>
<td>-------</td>
</tr>
<tr>
<td>And Some Rise Above It</td>
<td>O. Dashawn Patrick</td>
<td>Book</td>
<td>355</td>
</tr>
<tr>
<td>Day We Met You, The</td>
<td>Phoebe Koehler</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Did My First Mother Love Me?</td>
<td>Kathryn Miller</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Endless Dreams: Building Educational Support for Youth in Foster Care</td>
<td>Casey Family Programs</td>
<td>DVD</td>
<td>15</td>
</tr>
<tr>
<td>For Your Own Good</td>
<td>Doris Sanford</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Jason's Story</td>
<td>Deborah Anderson and Martha Finne</td>
<td>Children's Book</td>
<td>45</td>
</tr>
<tr>
<td>Keys to Parenting an Adopted Child</td>
<td>Kathy Lancaster</td>
<td>Book</td>
<td>190</td>
</tr>
<tr>
<td>Memories of a Baby Stealer - Lessons I’ve Learned as a Foster Mother</td>
<td>Mary Callahan</td>
<td>Book</td>
<td>223</td>
</tr>
<tr>
<td>Our Baby</td>
<td>Janice Koch</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Parenting the Hurt Child</td>
<td>Gregory Keck and Regina Kupecky</td>
<td>Book</td>
<td>295</td>
</tr>
</tbody>
</table>
Parenting Your Adopted Child
Andrew Adesman, M.D.   Book   236 Pages
Learn how to give your adopted child a positive, loving home.

Raising Adopted Children
Lois Ruskai Melina   Book   373 Pages
Practical, reassuring advice for every adoptive parent.

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew
Sherrie Eldridge   Book   224 Pages
This book was written by a woman who was adopted. She gives voice to children’s unspoken concerns.

Zachary's New Home
Geraldine Blomquist MSW & Paul Blomquist   Children's Book
A book for children about foster care and adoption.

Topic: Adults

Couples with Intellectual Disabilities Talk About Living and Loving
Karin Melberg Schwier   Book   210 Pages
An inspiring collection of profiles of people who have found meaningful, intimate relationships.

Dear Diana
Diana Bilezikian   Book   207 Pages
Diana’s guide to independent living for adolescents and young adults with different learning styles and special needs.

Make the Day Matter!
Pamela Walker & Patricia Rogan   Book   162 Pages
Promoting typical lifestyles for adults with significant disabilities.

More Than a Job
Paul Wehman & John Kregel   Book   352 Pages
How to secure satisfying careers for people with disabilities.

Moving Out
Dafna Krouk-Gprdon & Barbara Jackins   Book   225 Pages
A family guide to residential planning for adults with disabilities.

Part of the Community
Jan Nisbet & David Hagner   Book   299 Pages
Strategies for including everyone, helps individuals with disabilities achieve full citizenship in the community.
### Sexuality

Karin Schwier & Dave Hingsburger  
**Book**  
223 Pages  
Offers helpful advice, practical strategies and individuals with intellectual disability explain what is important to them.

---

### What's Stopping You?

Mark Nagler & Adam Nagler  
**Book**  
336 Pages  
A blueprint for action, living successfully with a disability.

---

#### Topic: Advocacy/Self Advocacy

**Intelligent Lives**  
**DVD**  
70 Mins.  
This stars three pioneering young adults with intellectual disabilities who challenge perceptions of intelligence as they navigate high school, college, and the workforce.

---

#### Topic: Anxiety/Stress/Fears

**Anxiety-Free Kids**  
Bonnie Zucker, Psy.D.  
**Book**  
84 Pages  
An interactive guide to help your child become happy and worry free and helps relieve your child’s excessive anxieties and phobias.

**Don’t Pop Your Cork on Mondays!**  
Adolph Moser, Ed.D.  
**Children’s Book**  
61 Pages  

**Facing Fear Without Freaking Out**  
Trevor Romain  
**Children’s DVD**  
80 Mins.  
A children’s DVD introducing the “Fear Busters”, follow the adventures of Jack and Skye and learn strategies to overcome fear.

**Freeing Your Child From Anxiety**  
Tamar Chansky, Ph.D.  
**Book**  
305 Pages  
Examines all manifestations of childhood fears, including social anxiety, hair-pulling, bedwetting, clingingness, nightmares and more.

**Helping Your Anxious Child**  
Rapee, Spence, Cobham & Wignall  
**Book**  
160 Pages  
This book offers a step-by-step guide to help parents assist their children in overcoming worries, fears and anxieties.

**Howie Helps Himself**  
Joan Fassler  
**Children’s Book**  
A story of a child who has a physical disability overcoming anxieties and fears.
**Night Light**  
Jack Dutro, Ph.D.  
*Children's Book*  
A story for children afraid of the dark.

---

**Parent’s Guide to Building Resilience in Children & Teens, A**  
Kenneth Ginsburg, MD, MS Ed, FAAP  
*Book*  
308 Pages  
How to help your child or teen learn to manage stress and thrive!

---

**Stress Can Really Get On Your Nerves!**  
Trevor Romain & Elizabeth Verdick  
*Children's Book*  
96 Pages  
This children’s book will help you stop being a worried wreck and teach you how to handle your stress.

---

**What to Do When You’re Scared & Worried**  
James Crist, Ph.D.  
*Children's Book*  
120 Pages  
A guide for kids - everyone has fears and worries some of the time but you don’t have to stay scared and worried, this book can help.

---

**Topic: Assistive Technology**

**Commonly Asked Questions about Assistive Technology**  
Maine CITE  
*Book*  
68 Pages  
An educators’, parents’, and advocates’ guide to commonly asked questions about assistive technology devices and services.

---

**Parent Guidebook to Assistive Technology**  
Maine CITE  
*Book*  
141 Pages  
This book will help you find assistive technology (AT), offers ways to pay for AT and teaches you how to advocate for AT.

---

**Topic: Attention Deficit Disorder**

**50 Activities and Games for Kids with ADHD**  
Patricia Quinn & Judith Stern  
*Children's Book*  
94 Pages  
Games, puzzles, activities, articles, resources and more! Offers practical tips for solving problems and getting organized.

---

**AD/HD & Driving**  
J. Marlene Snyder, Ph.D.  
*Book*  
147 Pages  
Discusses the additional challenges parents encounter when their teen with AD/HD is working towards a drivers license.

---

**ADD & ADHD Answer Book, The**  
Susan Ashley, Ph.D.  
*Book*  
272 Pages  
Professional answers to 275 of the top questions parents ask.
ADHD - A Complete and Authoritative Guide
American Academy of Pediatrics Book 354 Pages
Up-to-date information regarding evaluation, diagnosis, behavior therapy, the role of medication, coexisting conditions and more.

ADHD - What Every Parent Wants to Know
David Wodrich Book 285 Pages
A valuable aid for parents struggling with what to do about their child’s attention, activity and conduct problems.

ADHD Autism Connection, The
Diane M. Kennedy Book 206 Pages
New insights into the overwhelming number of similarities between autism and ADHD.

All Dogs Have ADHD
Kathy Hoopmann Book 64 Pages
This insightful book takes a refreshing approach to understanding ADHD by combining humor with understanding.

Attention Deficit Disorder
Thomas E. Brown, Ph.D. Book 360 Pages
A book that provides insight into ADD/ADHD, demonstrates why ADHD is a far more profound disorder of cognitive development than many believe.

Daredevils and Daydreamers
Barbara D. Ingersoll, Ph.D. Book 239 Pages
Summarizes what we’ve learned in the past decade about ADHD and offers helpful information.

Day In The Life of an Adult With ADHD, A
Vera Joffe & Monica Iachan Book 75 Pages
A guide for adults with ADHD who are looking for ways to understand their condition and strategies to improve their life.

Delivered from Distraction
Edward Hallowell & John Ratey Book 379 Pages
Information on every aspect of ADD, including new diagnostic procedures, the truth about drugs, and much more.

Distant Drums, Different Drummers
Barbara D. Ingersoll, Ph.D. Children’s Book
A guide for young people with ADHD.

Eagle Eyes
Jeanne Gehret, M.A. Children’s Book
A story about a boy who learns to recognize and control his ADD.
Getting a Grip on ADD
Kim Frank & Susan Smith
Children's Book
A kid's guide to understanding and coping with attention disorders.

Gift of ADHD, The
Lara Honos-Webb, Ph.D
Book
Learn how to transform your child’s problems into strengths and channel their energy into cooperation.

Great Days Ahead
Frank Bowers
Book
Parenting children who have ADHD with hope and confidence.

Help! My Grandchild has ADHD
Judy Kirzner
Book
What children with ADHD and their parents wish you knew.

I'm Somebody Too
Jeanne Gehret, M.A.
Children's Book
Show how ADD affects the entire family, for non-ADD siblings nine and older.

Jumpin' Jake Settles Down
Lawrence Shapiro
Children's Book
A workbook to help impulsive children learn to think before they act.

Jumpin' Johnny Get Back to Work!
Michael Gordon
Children's Book
A child's guide to ADHD.

Learning to Slow Down and Pay Attention
Kathleen G. Nadeau, Ph.D.
Children's Book
This book answers the question, “What do I tell my child about ADD?”

Making the System Work for Your Child with ADHD
Peter Jensen, M.D.
Book
How to cut through the red tape and get what you need from doctors, teachers, schools and healthcare plans.

Maybe You Know My Kid
Mary Fowler
Book
A parent’s guide to helping your child with attention deficit hyperactivity disorder.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maybe You Know My Teen</td>
<td>Mary Fowler</td>
<td>Book</td>
<td>359</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A comprehensive guide for dealing with the unique challenges of raising an adolescent with ADHD.</td>
<td></td>
</tr>
<tr>
<td>Otto Learns About His Medicine</td>
<td>Matthew Galvin, M.D.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A story about hyperactivity and medications that are prescribed for it.</td>
<td></td>
</tr>
<tr>
<td>Power Parenting for Children with ADD/ADHD</td>
<td>Grad L. Flick, Ph.D.</td>
<td>Book</td>
<td>242</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Proven, real-life strategies and techniques, up-to-date information on medications, stress management and more.</td>
<td></td>
</tr>
<tr>
<td>Practical Suggestions for AD/HD</td>
<td>Clare Jones</td>
<td>Book</td>
<td>209</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Offers practical suggestions for dealing with AD/HD throughout your life.</td>
<td></td>
</tr>
<tr>
<td>Put Yourself in Their Shoes</td>
<td>Harvey C. Parker, Ph.D.</td>
<td>Book</td>
<td>229</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Information in how ADHD affects the lives of adolescents at home, school, in the workplace, and in social relationships.</td>
<td></td>
</tr>
<tr>
<td>Putting on the Brakes</td>
<td>P. Quinn, M.D. &amp; J. Stern, M.A.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A guide for children eight to thirteen that will help them understand ADHD.</td>
<td></td>
</tr>
<tr>
<td>Putting on the Brakes Activity Book for Young People w/ADHD, The</td>
<td>Patricia Quinn, M.D. &amp; Judith Stern, M.A.</td>
<td>Children's Book</td>
<td>88</td>
</tr>
<tr>
<td></td>
<td></td>
<td>This book provides dozens of ways to spark and hold the interest of young readers with ADHD. Designed as a companion book to Putting on the Brakes.</td>
<td></td>
</tr>
<tr>
<td>Ryan</td>
<td>Susan Hughes</td>
<td>Book</td>
<td>153</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A mother's story of her son with hyperactivity</td>
<td></td>
</tr>
<tr>
<td>Shelley the Hyperactive Turtle</td>
<td>Deborah Moss</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A lovely children's story of a turtle with hyperactivity.</td>
<td></td>
</tr>
<tr>
<td>Superparenting for ADD</td>
<td>Edward Hallowell, M.D. and Peter Jensen, M.</td>
<td>Book</td>
<td>212</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Offers an innovative approach to raising your distracted child and takes you inside the minds of children with ADD and shows how the world looks to them.</td>
<td></td>
</tr>
</tbody>
</table>
Survival Guide for College Students with ADHD or LD
Kathleen Nadeau          Book  95 Pages
Contains everything you need to know to find the best college for you, make the best use of support services and accommodations, select and schedule courses, and more.

Taking Charge of ADHD
Russell Barkley, Ph.D.     Book  153 Pages
The complete authoritative guide for parents, offers something for everyone involved with children with ADHD.

Teenagers with ADD
Chris A. Zeigler Dendy, M.S.  Book  370 Pages
A look at the special issues and challenges faced by teens, their families, teachers and treatment professionals.

Teenagers with ADD, ADHD & Executive Function Deficits
Chris Zeigler Dendy        Book  359 Pages
This is a one-stop source of up-to-date, scientifically accurate, and reassuring information for parents.

Understanding Girls with AD/HD
Nadeau, Littman & Quinn       Book  293 Pages
A ground breaking book for parents, teachers, and other professionals who want to learn how to recognize and help girls with AD/HD.

Understanding Women with AD/HD
Kathleen Nadeau & Patricia Quinn   Book  465 Pages
This book will help women with AD/HD their family and friends understand how this disorder affects women and offers ways to help.

Zipper
Caroline Janover          Children's Book
The adventures of Zipper, as he learns important life lessons and works hard to reach his goals.

Topic: Autism/Asperger's Syndrome/PDD

1001 Great Ideas for Teaching & Raising Children with Autism or
Ellen Notbohm and Veronica Zysk       Book  364 Pages
Quickly find solutions, explanations, and strategies that speak to the variety of developmental levels, learning styles, and abilities inherent in children with ASD.

101 Tips for Parents of Children with Autism
Arnold Miller and Theresa Smith        Book  223 Pages
This practical how-to-guide will help you to identify causes of distress, foster friendships, increase focus, toilet train, stop tantrums, and handle inappropriate conduct.

All Cats Have Asperger Syndrome
Kathy Hoopmann                   Book  65 Pages
Touching, insightful, humorous, this book evokes the joys and challenges of raising a child who is different.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author/Producer</th>
<th>Type</th>
<th>Pages/Minutes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Andy and His Yellow Frisbee</td>
<td>Mary Thompson</td>
<td>Book</td>
<td></td>
</tr>
<tr>
<td>This heartwarming story introduces young readers to Autism.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Aquamarine Blue 5</strong></td>
<td>Dawn Prince Hughes</td>
<td>Book</td>
<td>134 Pages</td>
</tr>
<tr>
<td>Personal stories of college students with Autism.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asperger Syndrome in Adolescence</strong></td>
<td>Liane Holliday Willey</td>
<td>Book</td>
<td>336 Pages</td>
</tr>
<tr>
<td>This book gives easy solutions to how best to help and understand anyone in adolescence with ASD.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asperger Syndrome: A Different Mind</strong></td>
<td>Narrated by Simon Baron-Cohen</td>
<td>DVD</td>
<td></td>
</tr>
<tr>
<td>Gives viewers an opportunity to see and hear about the nature of AS from children and adults who have ASD as well as from doctors, teachers, and family members.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asperger Syndrome: Living Outside the Bell Curve</strong></td>
<td>Attainment</td>
<td>DVD</td>
<td>18 Mins.</td>
</tr>
<tr>
<td>Focuses on 12 yr. old Andrew. Explains the causes, symptoms, and strategies for coping with Asperger Syndrome.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asperger Syndrome: Transition to College and Work</strong></td>
<td>Coulter Video</td>
<td>DVD</td>
<td>57 Mins.</td>
</tr>
<tr>
<td>Practical steps students can take during high school to prepare for college and the workplace.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Asperger's Syndrome</strong></td>
<td>Tony Atwood</td>
<td>Book</td>
<td>223 Pages</td>
</tr>
<tr>
<td>Detailed discussions of the problems people with the syndrome will encounter and practical suggestions to help.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Autism is a World</strong></td>
<td>CNN Documentary</td>
<td>DVD</td>
<td>40 Mins.</td>
</tr>
<tr>
<td>In Sue Rubin's own words, this DVD takes viewers on a journey into her mind, her daily world and her life with Autism.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Autism Playbook, The</strong></td>
<td>McHenry &amp; Moog</td>
<td>Book</td>
<td>139 Pages</td>
</tr>
<tr>
<td>Creative and imaginative activities to help you stay calm, learn independence and build friendships.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Autism Spectrum Disorders</strong></td>
<td>Attainment</td>
<td>DVD</td>
<td>39 mins.</td>
</tr>
<tr>
<td>Discusses cognitive style, diagnostic characteristics, communication skills &amp; deficits, social and challenging behaviors and more.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Autism Through the Lifespan
David Holmes, Ed.D. Book 383 Pages
The Eden Model - Presents an in-depth model for providing lifelong services for children and adults with Autism.

Autism Times Two
Attainment DVD
Learn how one family copes with the challenges of Autism.

Behavior Support for Students with ASD
Debra Leach Book 242 Pages
Provides practical help for 10 common challenges.

Being Bullied
Nick Dubin DVD 30 Mins.
Offers strategies and solutions for people with Asperger's Syndrome.

Born on a Blue Day
By Daniel Tammet Book 237 Pages
A guide into the extraordinary mind of an autistic savant by the person himself, Daniel Tammet.

Born on the Wrong Planet
Erika Hammerschmidt Book 198 Pages
The author recounts her struggles during her journey through life with Asperger's Syndrome.

Children with Autism - Diagnosis and Interventions
Trevarthen, Aitken, Papoudi & Robarts Book 348 Pages
Understanding Autism and normal infant development.

Complete Guide to Asperger’s Syndrome, The
Tony Atwood Book 397 Pages
A good mix of research information, first person reports and clinical information in an easy-to-read, non-technical format.

Early Intervention & Autism
James Ball Book 413 Pages
Offers real-life answers to real-life questions.

Exiting Nirvana: A Daughter’s Life with Autism
Clara Claiborne Park Book 225 Pages
This book will help both parents and professionals to have a greater understanding of the mind of a person with Autism.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Format</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fragile Success</td>
<td>Virginia Walker Sperry</td>
<td>Book</td>
<td>242</td>
</tr>
<tr>
<td>A view of Autism in all its variations - follow the story of ten children with Autism from childhood to adulthood.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Functional Behavior Assessment for People with Autism</td>
<td>Beth Glasberg &amp; Robert LaRue</td>
<td>Book</td>
<td>171</td>
</tr>
<tr>
<td>How to make sense of seemingly senseless behavior.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Getting the Best for Your Child with Autism</td>
<td>Bryna Siegel, Ph.D</td>
<td>Book</td>
<td>277</td>
</tr>
<tr>
<td>A must-have resource for families dealing with Autism Spectrum Disorders, offers step-by-step help for parents.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guns A’ Blazing</td>
<td>Jeffrey Cohen</td>
<td>Book</td>
<td>209</td>
</tr>
<tr>
<td>Explains how parents of children on the Autism Spectrum and schools can work together to pave a path to academic success.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>I Need Help With School!</td>
<td>Rebecca A. Moyes</td>
<td>Book</td>
<td>191</td>
</tr>
<tr>
<td>A guide for parents of children with autism and Asperger’s syndrome, offers information on 504 plans, IEPs, and much more.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ian’s Walk</td>
<td>Laurie Lears</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A story about Autism and feelings.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Joey and Sam</td>
<td>Illana Katz &amp; Edward Ritvo, M.D.</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>A storybook about Autism, a family and a brother’s love.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Making Our Way: Autism</td>
<td>MPBN</td>
<td>DVD</td>
<td></td>
</tr>
<tr>
<td>This documentary seeks to demystify Autism, examines the broad spectrum of experiences and talks about the Autism research being done here in Maine.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mind Apart, A</td>
<td>Peter Szatmari, MD</td>
<td>Book</td>
<td>209</td>
</tr>
<tr>
<td>This book takes you on a voyage through the world of children and young adults with Autism and Asperger’s syndrome.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mind/Body Techniques for Asperger’s Syndrome</td>
<td>Ron Rubio</td>
<td>Book</td>
<td>150</td>
</tr>
<tr>
<td>Offers exercises (with photographs) for people who experience difficulty with balance, gait, coordination and sensory integration.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### My Child Has Autism
Clarissa Willis, Ph.D.  
*Book*  
160 Pages  
Explains Autism in simple terms, discusses the major characteristics associated with Autism, and offers strategies to help children at home, in school, and in the community.

### My Friend with Autism
Beverly Bishop  
*Children's Book*  
30 Pages  
A book to help provide young children and their parents with information about their friends who have Autism Spectrum Disorder.

### Parent’s Guide to Asperger Syndrome & High-Functioning Autism, A
Ozonoff, Dawson & McPartland  
*Book*  
How to meet the challenges and help your child thrive.

### Parenting a Child with Asperger Syndrome
Brenda Boyd  
*Book*  
202 Pages  
Brenda, who’s son has AS, offers 200 tips and strategies for parents and teachers that will have a positive effect and help you understand ‘Planet Asperger”.

### Parenting a Teen or Young Adult with Asperger Syndrome
Brenda Boyd  
*Book*  
240 Pages  
Brenda, who’s son has ASD, offers 325 ideas, insights, tips, and parenting strategies, full of down-to-earth and up-to-date advice.

### Pervasive Developmental Disorder - An Altered Perspective
Barbara Quinn & Anthony Malone  
*Book*  
157 Pages  
Written for parents, the author provides realistic and practical information brought to life by the stories of families.

### Picture’s Worth, A : PECS & Other Visual Communication Strategies in Autism
Andy Bondy, Ph.D. & Lori Frost, M.S.  
*Book*  
155 Pages  
Easy-to-understand guide presenting the Picture Exchange Communication System to help children express needs & desires.

### Playing It Right!
Rachel Bareket  
*Book*  
101 Pages  
Social skills activities for parents and teachers of young children with Autism Spectrum Disorders, including Asperger Syndrome and Autism.

### Pretending to be Normal
Liane Holliday Willey  
*Book*  
173 Pages  
This autobiography will allow others to understand the world as perceived by a person with Asperger’s Syndrome.

### Reaching Out, Joining In
Mary Jane Weiss, Ph.D., BCBA & Sandra  
*Book*  
225 Pages  
This book shows ways to teach social skills to young children with Autism.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Right From the Start - Behavioral Intervention for Young Children</strong></td>
<td>Sandra Harris, Ph.D. &amp; Mary Jane Weiss, Ph.</td>
<td>Book</td>
<td>138</td>
<td>Explains how the teaching method known as intensive behavioral intervention can benefit young children with Autism &amp; related disorders.</td>
</tr>
<tr>
<td><strong>Solving Behavior Problems in Autism</strong></td>
<td>Linda Hodgdon</td>
<td>Book</td>
<td>254</td>
<td>Provides practical help for educators and parents who face behavior and self-management challenges.</td>
</tr>
<tr>
<td><strong>Straight Talk About Autism with Parents &amp; Kids</strong></td>
<td>Attainment</td>
<td>DVD</td>
<td>37</td>
<td>Discusses childhood and adolescent issues, features interviews with kids and parents.</td>
</tr>
<tr>
<td><strong>Ten Things Every Child With Autism Wishes You Knew</strong></td>
<td>Ellen Notbohm</td>
<td>Book</td>
<td>111</td>
<td>This book defines the top 10 characteristics that illuminate the minds and hearts of children with Autism.</td>
</tr>
<tr>
<td><strong>Un-prescription for Autism, The</strong></td>
<td>Janet Lintala</td>
<td>Book</td>
<td>288</td>
<td>A natural approach for a calmer happier and more focused child.</td>
</tr>
<tr>
<td><strong>Verbal Behavior Approach, The</strong></td>
<td>Mary Lynch Barbera</td>
<td>Book</td>
<td>197</td>
<td>How to teach children with Autism and related disorders.</td>
</tr>
<tr>
<td><strong>What I Wish I’d Known About Raising a Child with Autism</strong></td>
<td>Bobbi Sheahan and Kathy DeOrdellas</td>
<td>Book</td>
<td>236</td>
<td>A mom and a psychologist offer heartfelt guidance for the first five years.</td>
</tr>
<tr>
<td><strong>Who Took My Shoe?</strong></td>
<td>Karen Emigh</td>
<td>Children's Book</td>
<td>19</td>
<td>Written by the mother of a son with Autism Spectrum Disorder, helps children understand the who, what, when questions.</td>
</tr>
</tbody>
</table>
### Topic: Behavior/Discipline

**1-2-3 Magic for Kids**  
Thomas Phelan, Ph.D.  
*Book*  
98 Pages  
This book is designed to help parents explain this simple discipline program to children, presented from the child's point of view.

**1-2-3 Magic for Teachers**  
Thomas Phelan, Ph.D. & Sarah Jane  
*Book*  
248 Pages  
Effective classroom discipline, Pre-K through Grade 8. How teachers can establish and maintain reasonable control of their classrooms.

**1-2-3 Magic: Managing Difficult Behavior in Children 2 - 12**  
Thomas Phelan, Ph.D.  
*Book or DVD*  
Addresses the difficult task of child discipline with humor, keen insight, and proven experience.

**Angry Child, The**  
Tim Murphy, Ph.D.  
*Book*  
256 Pages  
Dr. Murphy explains both the roots of and the solutions for uncontrollable anger in children, showing how parents can help.

**Angry Kids Frustrated Parents**  
Terry Hyland & Jerry Davis, Ph.D.  
*Book*  
171 Pages  
Are you worried about aggression in your children? This book offers practical ways to prevent and reduce aggression.

**Answer is No, The**  
Cynthia Whitman, MSW  
*Book*  
220 Pages  
Help for parents of 2 to 12 year olds, how to limit TV, sweets, begging at stores, staying up late, make-up, and much more.

**Best Friends, Worst Enemies: Understanding the Social Lives of Children**  
Michael Thompson, Ph.D.  
*Book*  
299 Pages  
Brings to life the drama of childhood relationships, guiding parents to a deeper understanding of the motives and meanings of children’s social behavior.

**Cliques, Phonies, & Other Baloney**  
Trevor Romain  
*Children's Book*  
129 Pages  
As you laugh along with the jokes and cartoons, you'll learn important facts about friendship and popularity and learn ways to deal with cliques.

**Common Sense Parenting of Toddlers & PreSchoolers**  
Bridget Barnes & Steven York  
*Book*  
277 Pages  
Shows you how discipline can be more about teaching than punishment and more positive than negative for you and your child.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Format</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Discipline: Teaching Limits with Love</strong></td>
<td>Hosted by Dr. T. Berry Brazelton</td>
<td>DVD</td>
<td>27 Mins.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>This video shows parents that setting limits is not punishment but a loving way to teach a child how to control their behavior.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Don’t Be a Menace on Sundays!</strong></td>
<td>Adolph Moser, Ed.D.</td>
<td>Children’s Book</td>
<td>61 Pages</td>
</tr>
<tr>
<td></td>
<td>The children’s anti-violence book.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Don’t Let Your Emotions Run Your Life for Teens</strong></td>
<td>Sheri Van Dijk</td>
<td>Book</td>
<td>150 Pages</td>
</tr>
<tr>
<td></td>
<td>Dialectical behavior therapy skills for helping you manage mood swings, control angry outbursts, and get along with others.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Don’t Rant &amp; Rave on Wednesdays!</strong></td>
<td>Adolph Moser, Ed.D.</td>
<td>Children’s Book</td>
<td>61 Pages</td>
</tr>
<tr>
<td></td>
<td>The children’s anger-control book.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Explosive Child, The</strong></td>
<td>Ross Greene</td>
<td>Book</td>
<td>275 Pages</td>
</tr>
<tr>
<td></td>
<td>A new approach for understanding and parenting easily frustrated, chronically inflexible children.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>From Chaos to Calm</strong></td>
<td>Janet Heininger, Ph.D. &amp; Sharon Weiss, M.</td>
<td>Book</td>
<td>326 Pages</td>
</tr>
<tr>
<td></td>
<td>Effective parenting of challenging children with ADHD and other behavioral problems.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Grounded for Life?!</strong></td>
<td>Louise Felton Tracy, MS</td>
<td>Book</td>
<td>147 Pages</td>
</tr>
<tr>
<td></td>
<td>Stop blowing your fuse and start communication with your teenager, gain the tools to really influence your child on the issues that matter most.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>How to Handle a Hard-to-Handle Kid</strong></td>
<td>C. Drew Edwards, Ph.D.</td>
<td>Book</td>
<td>217 Pages</td>
</tr>
<tr>
<td></td>
<td>A parents’ guide to understanding and changing problem behaviors.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>How to Negotiate w/Kids Even When You Think You Shouldn’t</strong></td>
<td>Scott Brown</td>
<td>Book</td>
<td>218 Pages</td>
</tr>
<tr>
<td></td>
<td>Seven essential skills to end conflict and bring more joy into your family.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>How to Take the GrrRR Out of Anger</strong></td>
<td>Elizabeth Verdick &amp; Marjorie Lisovskis</td>
<td>Children’s Book</td>
<td>119 Pages</td>
</tr>
<tr>
<td></td>
<td>Offers 5 steps to taming your temper, 6 steps to solving anger problems and much more.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Title</td>
<td>Author(s)</td>
<td>Format</td>
<td>Pages or Mins.</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>-------------------------------</td>
<td>--------</td>
<td>---------------</td>
</tr>
<tr>
<td>Leaving the Door Open</td>
<td>SAMSA</td>
<td>CD</td>
<td></td>
</tr>
<tr>
<td>Lost at School</td>
<td>Ross Greene, Ph.D.</td>
<td>Book</td>
<td>303 Pages</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>More 1-2-3 Magic</td>
<td>Thomas W. Phelan, Ph.D.</td>
<td>DVD</td>
<td>120 Minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No More Meltdowns</td>
<td>Jed Baker, Ph.D.</td>
<td>Book</td>
<td>150 Pages</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Paper Tigers</td>
<td></td>
<td>DVD</td>
<td>102 Mins.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parenting the Strong-Willed Child</td>
<td>Rex Forehand, Ph.D. &amp; Nicholas Long, Ph.D.</td>
<td>Book</td>
<td>264 Pages</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Show Me Your Mad Face</td>
<td>Connie Schnoes</td>
<td>Book</td>
<td>222 Pages</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOS! Help for Parents</td>
<td>Lynn Clark, Ph.D.</td>
<td>Book</td>
<td>246 Pages</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surviving Your Adolescents</td>
<td>Thomas Phelan, Ph.D.</td>
<td>Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tired of Yelling</td>
<td>Lyndon D. Waugh, M.D.</td>
<td>Book</td>
<td>272 Pages</td>
</tr>
</tbody>
</table>

Learn why our kids with behavioral challenges are falling through the cracks and how we can help them.

Help for parents to encourage good behavior, independence and self-esteem.

This book gives parents positive strategies to manage and prevent out-of-control behavior.

Follows a year in the life of an alternative high school that has radically changed the approach to disciplining and working with its students. A model for how to break the cycles of poverty, violence and disease.

The clinically proven five-week program for parents of two-to six-year olds.

Learn to teach children how to feel angry without losing control.

A practical guide for handling common everyday behavior problems.

How to manage and let go of your 13 to 18 year olds.

Offers solutions for more peaceful homes and classrooms.
Treating Explosive Kids
Ross Greene & J. Stuart Ablon  
**Book** 246 Pages
The Collaborative Problem-Solving Approach, a practical and easily understood guide for treating explosive children and adolescents.

Volcano In My Tummy, A
Eliane Whitehouse & Warwick Pudney  
**Book** 80 Pages
Full of useful ways for teachers and caregivers to help young people learn safe and effective ways of responding to anger.

Will My Kid Grow Out of It?
Bonny Forest  
**Book** 278 Pages
This guide will help you understand some of your child’s worrisome behaviors.

Win the Whining War & Other Skirmishes
Cynthia Whitman  
**Book**
Guide to reducing conflict with children 2 - 12.

Without Spanking or Spoiling
Elizabeth Crary  
**Book** 126 Pages
Practical, positive ways to guide young children's behavior. Leaders Guide also available.

Your Defiant Child
Russell Barkley, Ph.D. & Christine Benton  
**Book** 239 Pages
Restore your loving relationship with your child and bring peace to your home. Eight steps to better behavior.

**Topic: Bipolar Disorder**

Adult Bipolar Disorders - Understanding Your Diagnosis and Getting Help
Mitzi Walsh  
**Book** 371
Offers info on diagnosis, medical interventions, lifestyle changes, therapies, family life, work, community and more.

Bipolar Child, The
Demitri Papadopoulos, M.D. & Janice Papadopoulos  
**Book** 398 Pages
The definitive and reassuring guide to childhood’s most misunderstood disorder.

Bipolar Disorder
Mitzi Waltz  
**Book** 442 Pages
Help for children and adolescents, covers the range of topics that parents need to know to help their children.

Bipolar Kids
Rosalie Greenberg, M.D.  
**Book** 294 Pages
This book offers ways to help your child find calm in the mood storm.
Bipolar Teen, The
David Milkowitz, Ph.D. & Elizabeth George, Book 356 Pages
Offers comprehensive information, real-life stories and practical suggestions for parenting your challenging teen.

New Hope for Children and Teens with Bipolar Disorder
Boris Birmaher, MD Book 349 Pages
Packed with useful tips on parenting strategies, treatment strategies and hope.

Raising a Moody Child
Mary Fristad, Ph.D. & Jill Goldberg Arnold, Ph. Book 260 Pages
How to cope with depression and bipolar disorder, gives kids the skills to manage their moods.

Survival Strategies for Parenting Children with Bipolar Disorder
George T. Lynn, M.A., M.P.A., C.M.H.C. Book 236 Pages
Innovative parenting and counseling techniques for helping children with bipolar disorder and the conditions that may occur with it.

Win the Battle
Bob Olson Book 140 Pages
The three step lifesaving formula to conquer depression and bipolar disorder.

Topic: Birth to Three

Alex: The Fathering of a Preemie
Jeff Stimpson Book 280 Pages
A father’s poignant account of raising his premature son.

Fathers & Babies
Jean Marzollo & Irene Trivas Book 235 Pages
How babies grow and what they need from their fathers - birth to 18 months.

Happiest Baby - Guide to Great Sleep, The
Harvey Karp Book 367 Pages
Offers new ideas to easily solve sleep problems for babies and toddlers.

Period of Purple Crying, The
National Center on Shaken Baby Syndrome DVD 10 Mins.
Did you know your baby would cry like this? Offers an understanding of your baby's crying, explains what is normal, what to expect when your baby cries, and how to keep your baby safe.
**Topic: Brain Injury**

**Children with Traumatic Brain Injury**
Lisa Schoenbridt  
Book  
482 Pages  
Provides parents with the support and information they need to cope ad help their child recover.

**Elvin - The Elephant Who Forgets**
Heather Snyder, Ph.D.  
Children's Book  
For children who sustain a brain injury, this book will enhance their understanding of the changes they may experience.

**In Search of Wings**
Beverly Bryant  
Book  
234 Pages  
This book tells the story of learning to cope with TBI after an auto accident that affected her cognitive skills and memory.

**Living with Brain Injury**
Senelick & Ryan  
Book  
145 Pages  
Help to understand, what you can do to help and how you can find the strength, knowledge and hope to move forward.

**Topic: Bullying**

**Bullies Are a Pain in the Brain**
Trevor Romain  
Children's DVD &  
105 Pages  
If you’re sick of being picked on, pushed around, threatened or teased, this DVD (or book) is for you.

**Bully on the Bus**
Carl W. Bosch  
Children's Book  
What would you do? The decision is yours!

**Bully-Proofing Your Child**
Carla Garrity, Ph.D.  
Book  
92 Pages  
A parent's guide to help your child develop an effective personalized strategy for dealing with bullying.

**Bully-Proofing Your Child - First Aid for Hurt Feelings**
Garrity, Baris & Porter  
Book  
17 Pages  
Using tools in this book you can reduce the chances that your child will become a target & circumvent the bully/victim dynamic.

**Bully-Proofing Your School - Elementary Schools**
Garrity, Jens, Porter, Sager & Short-Camilli  
Book  
505 Pages  
Step by step guidance and flexible scheduling make it easy for you to implement and maintain this program in your school.
Bully-Proofing Your School - Middle Schools
Marla Bonds, Psy.D. & Sally Stoker, MSW  Book  421 Pages
This highly acclaimed program will help you and your staff create an environment where students feel safe and secure.

Bully, The Bullied and Beyond, The
Esther Williams, M.Ed, LPC  Book  260 Pages
Help for bullies, victims and bystanders, for grades 5 through 12.

Bullying: When Your Child is the Target
Charles Fay, Ph.D.  Book  134 Pages
This book will teach you how to empower your kids to handle, and overcome, bullying.

Easing the Teasing
Judy S. Freedman, MSW, LCSW  Book  266 Pages
Helping your child cope with name-calling, ridicule and verbal bullying.

Fruit of the Vine
Ellen Weisberg & Ken Yoffe  Children's Book  21 Pages
Meet Justin, whose physical features and personality make him a target for bullying. Will appeal to grade school-aged fantasy readers and anyone interested in the topic of bullies.

Good Friends are Hard to Find
Fred Frankel, Ph.D.  Book  242 Pages
Ways to help your child find, make and keep friends, deals with teasing, bullying, meanness and more.

In the Shoes of Christopher
A film by James Callner  DVD  27 Mins.
A story about a bully and a boy with OCD.

Set Straight on Bullies
National School Safety Center  Book
Practical strategies for preventing school yard bullying.

Stop Bullying Now!
HRSA  DVD
12 animated episodes depicting a group of characters at a school who experience bullying first-hand and what they do to help resolve the situation.

Taking the Bully by the Horns
Kathy Noll & Dr. Jay Carter  Book
Explores different ways children and teenagers are bullied, offers ideas regarding what to do about it.
Children with Cerebral Palsy
Elaine Geralis  
An essential book for those who want to learn about Cerebral Palsy and its affect on the family.

It's Your Turn at Bat
Barbara Aiello & Jeffrey Shulman  
A boy with Cerebral Palsy discovers inner strength when it's time for a big league play.

My Perfect Son has Cerebral Palsy
Marie Kennedy  
A mother's guide of helpful hints, offers a better understanding of Cerebral Palsy.

Teaching Motor Skills to Children with Cerebral Palsy
Sieglinde Martin  
A guide for parents and professionals on teaching motor skills to children with movement disorders.

Topic: Child Development

Ages & Stages - A Parent’s Guide to Normal Childhood Development
Dr. Charles Schaefer and Theresa DiGeronimo  
Tips and techniques for building your child’s social, emotional, interpersonal, and cognitive skills.

By The Ages
K. Eileen Allen & Lynn R. Marotz  
Behavior and development of children pre-birth through eight.

How to Help a Clumsy Child
Lisa A. Kurtz  
Strategies for young children with developmental motor concerns.

What Young Children Need to Succeed
Jolene Roehlkepartin and Nancy Leffert  
A leader's guide to working together to build assets from birth to age 11.
**Topic: Communication**

**How to Talk So Kids Can Learn at Home and in School**
Adele Faber & Elaine Mazlish  
*Book*  
272 Pages  
Shows parents and teachers how to help children handle the everyday problems that interfere with learning.

**How to Talk So Kids Will Listen**
Adele Faber & Elaine Mazlish  
*Book*  
232 Pages  
Helpful tips on how to effectively communicate with your children.

**How to Talk to Your Kids About Really Important Things**
Charles Schaefer & Theresa DiGeronimo  
*Book*  
311 Pages  
Offers practical guidance on a wide range of life's experiences.

---

**Topic: Depression**

**Down Came the Rain**
Brooke Shields  
*Book*  
222 Pages  
Follow Brooke’s story of her journey through postpartum depression.

**Helping Students Overcome Depression and Anxiety**
Kenneth Merrell  
*Book*  
231 Pages  
Offers clear cut strategies for addressing these problems creatively and effectively with students in grades K - 12.

**Helping Your Child Cope with Depression and Suicidal Thoughts**
Tonia Shamoo & Philip Patros  
*Book*  
180 Pages  
A self-help manual for parents who want to learn solid principles of communication with their children who may be feeling depressed or suicidal.

**Helping Your Depressed Child**
Martha Underwood Barnard, Ph.D.  
*Book*  
194 Pages  
Learn how to assess and understand your child’s symptoms and seek appropriate help.

**Is Your Child Depressed?**
Nathan Naparstek, Ph.D.  
*Book*  
246 Pages  
Answers to your questions - what you need to know about recognizing and treating your child’s depression.

**More Than Moody**
Harold Koplewicz, M.D.  
*Book*  
366 Pages  
Recognizing and treating adolescent depression.
### What to Do When You’re Sad & Lonely

James Crist, Ph.D.  
Children's Book  
120 Pages

A guide for kids - no matter how sad and lonely you feel, how often or why, this book can help.

### When Nothing Matters Anymore

Bev Cobain, R.N.C.  
Book  
165 Pages

A survival guide for depressed teens. Offers personal stories from teens, survival tips, resources and the truth about depression.

---

**Topic: Developmental Disabilities**

### Babies with Down Syndrome

SJ Skallerup  
Book  
358 Pages

A new parent’s guide.

---

### Be Good to Eddie Lee

Virginia Fleming  
Children's Book

An important lesson about friendship.

---

### Charlsie’s Chuckle

Clara Widess Berkus  
Children's Book

The story of an adventurous 7 year old with Down Syndrome.

---

### Children with Mental Retardation

Romayne Smith M.A.  
Book  
437 Pages

A guide to raising a child with mental retardation.

---

### Down Syndrome Parenting 101

Natalie Hale  
Book  
240 Pages

Must-have advice for making your life easier, offers advice on almost ‘everything’.

---

### Down Syndrome: The First 18 Months

Will Schermerhorn  
DVD  
108 Minutes


---

### Early Communication Skills for Children with Down Syndrome

Libby Kumin  
Book  
388 Pages

Shows parents how they can support and encourage their child’s speech and language development from birth to age 6.

---

### Fasten Your Seatbelt

Brian Skotko & Susan Levine  
Book  
190 Pages

A crash course on Down Syndrome for brothers and sisters.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author, Editor</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stay Away from Simon!</td>
<td>Carol Carrick</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Lucy and her brother examine their feelings about a boy with</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>developmental delays whom they fear as he follows them home.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Understand Down Syndrome</td>
<td>Cliff Cunningham</td>
<td>Book</td>
<td>243</td>
</tr>
<tr>
<td>A constructive and positive book with sensible and practical</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>advice.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>We Laugh, We Love, We Cry</td>
<td>Thomas Bergman</td>
<td>Book</td>
<td>48</td>
</tr>
<tr>
<td>A book about children with mental retardation.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Topic: Diabetes**

<table>
<thead>
<tr>
<th>Title</th>
<th>Author, Editor</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Even Little Kids Get Diabetes</td>
<td>Connie White Pirner</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>A story about diabetes and how it affects a child’s life.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Knees Lifted High (Diabetes Prevention)</td>
<td>Georgia Perez</td>
<td>Children's Book</td>
<td>32</td>
</tr>
<tr>
<td>This book gives children fun ideas for active outdoor play.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Plate Full of Color (Diabetes Prevention)</td>
<td>Georgia Perez</td>
<td>Children's Book</td>
<td>32</td>
</tr>
<tr>
<td>This story tells children about Mother Earth’s gift of colorful,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>tasty vegetables for healthy eating.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sarah and Puffle</td>
<td>Linnea Mulder, R.N.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>A story about diabetes for children 4 to age years of age.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun, The Rain and The Insulin, The</td>
<td>Joan MacCracken, M.D.</td>
<td>Book</td>
<td>250</td>
</tr>
<tr>
<td>A story of families sharing the challenges of diabetes.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Through the Eyes of The Eagle (Diabetes Prevention)</td>
<td>Georgia Perez</td>
<td>Children's Book</td>
<td>32</td>
</tr>
<tr>
<td>A children’s story about diabetes.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tricky Treats (Diabetes Prevention)</td>
<td>Georgia Perez</td>
<td>Children's Book</td>
<td>20</td>
</tr>
<tr>
<td>This story shows children the difference between healthy snacks and</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>sweet treats.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Topic: Divorce/Step-Parenting**

**Don’t Fall Apart on Saturdays!**  
Adolph Moser, Ed.D.  
The children's divorce-survival book.

**I Have Two Dads**  
Linnea Schultz  
A young girl works through her family's divorce and remarriage.

**Let’s Talk About Divorce**  
Fred Rogers  
Offers ways to talk about it that feel right for you and your child.

**Please Come Home**  
Doris Sanford  
A book about divorce and learning and growing.

**Why Are We Getting a Divorce?**  
Peter Mayle  
Help the entire family with their concerns about divorce.

---

**Topic: Early Childhood**

**Early Childhood: Where Learning Begins Mathematics**  
Carol Frombouluti & Natalie Rinck  
Mathematical activities for parents and their two to five year old children.

**Love and Logic Magic for Early Childhood**  
Jim Fay and Charles Fay  
Practical parenting advice from birth to six years old.

**Sleep Book for Tired Parents, The**  
Rebecca Huntley  
Help for solving children's sleep problems.
Topic: Eating Disorders

When Your Child Has an Eating Disorder
Abigail Natenshon

Book
278 Pages
For parents of preteen through college-age children, a step-by-step workbook for parents and caregivers.

Topic: Employment

Disability and Business
Charles A. Riley II

Book
231 Pages
Best practices and strategies for inclusion.

Discover What You’re Best At
Linda Gale

Book
181 Pages
The complete career system that lets you test yourself to discover your true career abilities.

Discovering Your Perfect Career
Rene Carew

Book
324 Pages
Simple strategies that will help you land the job of dreams and expert advice on matching your profile to the perfect job.

Finding a Career that Works for You
Wilma Fellman, M.Ed.

Book
200 Pages
A guide for people who are in the process of choosing a career and finding a job.

Learning a Living
Dale S. Brown

Book
340 Pages
A guide to planning your career and finding a job for people with learning disabilities, ADD/ADHD and dyslexia.

Working on the Dream
Don Lavin and Andrea Everett

Book
136 Pages
A guide to career planning and job success.

Topic: Epilepsy

Children with Seizures
Martin Kutscher, MD

Book
150 Pages
Explores the types and causes of seizures and offers practical advice on what to observe and do during an attack.
Guide to Understanding and Living with Epilepsy, A
Orrin Devinsky, M.D. Book 345 Pages
Contains valuable information on a wide range of medical, social and legal issues.

Lee The Rabbit With Epilepsy
Deborah Moss Children's Book
An ideal book for young children who have epilepsy or have a sibling or a friend with epilepsy.

Living with Epilepsy
Dr. David Chadwick & Sue Usiskin Book 127 Pages
This practical guide dispels the myths and misunderstandings that surround epilepsy and offers encouraging advice.

Topic: Gender Issues

200 Ways to Raise a Boy’s Emotional Intelligence
Will Glennon Book 212 Pages
This book offers support and heartfelt advice to everyone in a young man’s life--from parents and teachers to friends and classmates.

Boy’s Guide to Growing Up: Choices & Changes during Puberty, The
T. Couwenhoven Book 64 Pages
This book will help you understand what body changes to expect and how to handle them. It also explains social rules for keeping your body clean and safe.

Changes in You and Me
Paulette Bourgeois & Martin Wolfish, M.D. Book 64
A book about puberty, mostly for boys.

Girl’s Guide to Growing Up, The
T. Couwenhoven Book 60 Pages
Choices and Changes in the tween years.

It’s Perfectly Normal - For Ages 10 and Up
Robie Harris Book 89 Pages
Provides accurate, unbiased answers to nearly every conceivable question from conception and puberty to birth control and AIDS.

What’s Happening to Me?
Peter Mayle Children's Book
A guide to puberty and answers to some of the most embarrassing questions.
35 Ways to Help a Grieving Child  
The Douggy Center  
This guidebook presents 35 simple and practical suggestions for supporting a grieving child.

Don’t Despair on Thursdays!  
Adolph Moser, Ed.D.  
The children’s grief-management book.

It Must Hurt A lot  
Doris Sanford  
A book about death and learning and growing.

Life & Loss  
Linda Goldman  
A guide to help grieving children.

Someone Special Died  
Joan Singleton Prestine  
This children’s story tells about feelings when someone close to you dies.

When Families Grieve  
Sesame Street  
This kit includes a DVD, a guide for parents and caregivers and a children’s story.

You Hold Me and I’ll Hold You  
Jo Carson  
A little girl describes events following the death of an aunt, realistic, consoling picture of good people grieving.

Chris Gets Ear Tubes  
Betty Pace  
A book to aid children in the understanding about having ear tubes.

Deepest Well, The  
Nadine Burke Harris, MD  
Learn about how deeply our bodies can be imprinted for life by childhood adversity and discover how to help heal the long-term effects.
Going to the Doctor
T. Berry Brazelton
Children's Book
Each step of a visit to the doctor is explained for a child.

Little Tree
Joyce C. Mills, Ph.D.
Children's Book
A story for children with serious medical problems.

Parenting Children with Health Issues and Special Needs
Foster Cline and Lisa Greene
Book
100 Pages
Shows readers how to help kids identify themselves as having a disease instead of being one, invaluable guide for parents and caretakers.

Parenting Children with Special Medical Needs
Foster Cline and Lisa Greene
DVD
3 Hrs.
You will learn essential parenting skills to help children of all ages cope with challenges, adhere to medical requirements and live a hope-filled life.

Spark
John Ratey
Book
294 Pages
The revolutionary new science of exercise and the brain.

Talking With Your Doctor
Children’s Medical Services Network
CD
Talking with your Doctor and other health care professionals, it’s time to be more in charge of your health.

Tanya and the Tobo Man
Lesley Koplow, C.S.W.
Children's Book
A story for children entering therapy.

Topic: Hearing Loss

Button in Her Ear, A
Ada B. Litchfield
Children's Book
A little girl relates how her hearing deficiency is detected and corrected with the use of a hearing aid.

Day We Met Cindy, The
Anne Marie Starowitz
Children's Book
A book written by 1st graders about a friend with a hearing impairment.

Discovering Sign Language
Laura Greene and Eva Barash Dicker
Book
89 Pages
This book is filled with information about people with deafness and games using sign language.
# Handtalk
Remy Charlip, Mary Beth, and George Ancona  
**Book**
Shows you the ABC of finger spelling and sign language.

## Helping Children Who Are Deaf
Niemann, Greenstein and David  
**Book**  245 Pages
How to make language accessible to deaf children so they can learn about, interact with and understand the world around them.

## Kid-Friendly Parenting with Deaf and Hard of Hearing Children
Daria Medwid & Denise Chapman Weston  
**Book**  373 Pages
This step-by-step guide offers hundreds of ideas and methods that work with children ages 3 to 12.

## Now I Understand
Gregory S. LaMore  
**Children's Book**
A book for children that explains hearing impairments.

## Signed English Starter, The
Harry Bornstein & Karen Saulnier  
**Book**  200 Pages
A beginning book in the signed English system.

## Signs for Me
Ben Bahan & Joe Dannis  
**Children's Book**  117 Pages
This book shows basic sign vocabulary for children, parents and teachers.

## Survival Guide to Signing
Leonard Lane  
**Book**  203 Pages
A great book for beginners who want to learn basic American Sign Language vocabulary, features over 500 common signs.

## Teach Your Tot to Sign
Stacy A. Thompson  
**Book**  199 Pages
Easy-to-use guide to teach infants and young children more than 500 basic American Sign Language signs.

## Where's Spot
Eric Hill  
**Children's Book**
This special edition features an illustrated sign language translation in "Signed English" on each page.

### Topic: Inclusion/Integration

## Dealing with Discrimination
Don Middleton  
**Children's Book**  24 Pages
This children's book explains how discrimination starts, your rights, being the new kid in town, breaking down walls and more.
### Delicate Threads
Debbie Staub, Ph.D.  
**Book**  
244 Pages

Offers a rare look at friendships between children with and without special needs in inclusive settings.

### I’m Chocolate, You’re Vanilla
Marguerite Wright  
**Book**  
290 Pages

Teaches parents and educators of black and biracial children how to reduce racism’s impact on a child’s development.

### Including Samuel
Dan Habib  
**DVD**  
58 Mins.

This award winning film documents Dan’s family’s struggles with inclusion and includes the experiences of four other families.

### Quick Guides to Inclusion
Michael F. Giangreco  
**Book**  
139 Pages

Ideas for educating students with disabilities.

### What’s Wrong with Timmy?
Maria Shriver  
**Children’s Book**

Helps children understand that kids with disabilities are not to be feared, pitied or ridiculed but are to be embraced, challenged and included.

---

**Topic: Learning Disabilities**

### Beyond F.A.T. City - A Look Back, A Look Ahead
Richard Lavoie  
**DVD**  
90 Mins.

Offers practical strategies as well as inspirational messages for those who teach children with learning disabilities.

### Don't-Give-Up-Kid and Learning Differences, The
Jeanne Gehret, MA  
**Children’s Book**

A book about a young boy who has difficulty learning to read.

### Dyslexia - How Would I Cope?
Michael Ryden  
**Book**  
63 Pages

This book gives a clear insight into the difficulties and frustrations experienced by those suffering with this disability.

### He’s My Brother
Joe Lasker  
**Children’s Book**

A young boy describes the school and home experiences of his younger brother who has a learning disability.

### How Difficult Can This Be?
Richard Lavoie  
**DVD**  
70 Mins.

Understanding Learning Disabilities: The F.A.T. (Frustration, Anxiety, and Tension) City Workshop
How Many Days Until Tomorrow?
Caroline Janover

Children's Book
173 Pages
The story of Josh, a 12 year old with dyslexia, who spends the summer with his older brother and grandparents on a remote island.

How to Help Your Child Succeed in School
Sandra Rief

DVD
55 Mins.
Strategies and guidance for parents of children with ADHD and/or learning disabilities.

Josh, A Boy with Dyslexia
Caroline Janover

Children's Book
A boy's fears, tragedies and triumphs as he lives with dyslexia.

Learning Outside the Lines
Jonathan Mooney & David Cole

Book
286 Pages
Two Ivy League students with learning disabilities and ADHD give you the tools for academic success and educational revolution.

Legacy of the Blue Heron - Living with Learning Disabilities
Harry Sylvester

Book
179 Pages
The remarkable true story of Harry's struggle with learning disabilities, inspiring and informative, a must read!

Many Ways to Learn
Judith Stern, MA & Uzi Ben-Ami, Ph.D.

Children's Book
82 Pages
A young people's guide to learning disabilities.

Misunderstood Child, The
Larry Silver, M.D.

Book
300 Pages
A guide for parents of children with learning disabilities.

Misunderstood Minds
WGBH Boston

DVD
90 Minutes
Follow 5 children and their families as they deal with the puzzling mysteries presented by their unique learning differences.

One Word at a Time
Linda G. Tessler, Ph.D.

Book or CD
267 Pages
A road map for navigating through Dyslexia and other learning disabilities.

Parenting a Struggling Reader
Susan Hall & Louisa Moats, Ed.D.

Book
284 Pages
This book offers a detailed, realistic program for getting parents actively involved in their children's reading lives.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author/Editors</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patrick’s Secret</td>
<td>Patricia Murray</td>
<td>Children’s Book</td>
<td>96</td>
</tr>
<tr>
<td>Patrick has a secret, he cannot read.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Follow this story of Patrick and his</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>friends as they build a race car for</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>the Soap Box Derby.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reach for the Moon</td>
<td>Samantha Abeel</td>
<td>Book</td>
<td></td>
</tr>
<tr>
<td>Samantha Abeel has a learning</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>disability. This book of beautiful</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>poetry and art reflects her</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>journey of growth and self-discovery.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reality of Dyslexia, The</td>
<td>John Osmond</td>
<td>Book</td>
<td>150</td>
</tr>
<tr>
<td>A highly readable account of the</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>problems arising from dyslexia with</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>useful appendices on recognizing this</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>in children.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Secrets Aren't Always for Keeps</td>
<td>Barbara Aiello &amp; Jeffrey Shulman</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>The story of a child who wants to</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>keep her learning disability a secret.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Something’s Not Right</td>
<td>Nancy Lelewre</td>
<td>Book</td>
<td>184</td>
</tr>
<tr>
<td>An autobiography, Nancy has dyslexia</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>and writes about raising 4 children,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 of whom have some form of learning</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>disability.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trouble with School</td>
<td>Kathryn &amp; Allison Boesel Dunn</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>Allison and her mother tell the story</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>of Allison’s learning disability.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What is Dyslexia?</td>
<td>Alan Hultquist</td>
<td>Book</td>
<td>95</td>
</tr>
<tr>
<td>A book explaining dyslexia for kids</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>and adults to use together.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Topic: Mental Illness**

<table>
<thead>
<tr>
<th>Title</th>
<th>Author/Editors</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Straight Talk About Psychiatric Medications for Kids</td>
<td>Timothy E. Wilens, M.D.</td>
<td>Book</td>
<td>309</td>
</tr>
<tr>
<td>Overview of the medication options available to children w/emotional,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>developmental &amp; behavioral disorders.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Straight Talk About Your Child’s Mental Health</td>
<td>Dr. Stephen Faraoe</td>
<td>Book</td>
<td>387</td>
</tr>
<tr>
<td>What to do when something seems wrong, a ‘must read’ for parents.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Straight Talk: Families Speak to Families about Child &amp; Youth Mental</td>
<td>Conni Wells</td>
<td>Book</td>
<td>157</td>
</tr>
<tr>
<td>Health</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A guide for families of children and youth with emotional, behavioral,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>and mental health disorders, written through the words of other</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>families.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Affirmation Web, The
Lori Lite
Children's Book
A believe in yourself adventure, positive thoughts and statements.

Arnie and the New Kid
Nancy Carlson
Children's Book
A book about friendships and disabilities.

Awakening Brilliance
Pam Sims
Book
200 Pages
Ignite the love of learning - learn how to inspire children to become successful learners.

Boy and A Bear, A
Lori Lite
Children's Book
A boy and a polar bear who share a friendship, learn to relax together.

Boyfriends & Girlfriends: A Guide to Dating for People w/Disabilities
Terri Couwenhoven, MS
Book
115 Pages
Learn what to do when you have a crush on someone, how to tell if a person likes you, how to handle rejection, how to respect boundaries, and much more.

Captain Tommy
Abby Ward Messner
Children's Book
A sensitive and realistic portrayal of a boy who reluctantly agrees to play with someone new, some different and finds a new friend.

Chinese Eyes
Marjorie Ann Waybill
Children's Book
A first-grader faces prejudice.

Common Sense Guide to Your Child’s Special Needs, The
Pellegrino
Book
380 Pages
When to worry, when to wait, what to do!

Coping Skills Workbook, The
Lisa Schab, LCSW
Book
97 Pages
Teaches kids nine essential skills to help deal with real-life crisis. For use by a child with adult guidance.

Creating Compassionate Kids
Shauna Tomainey
Book
270 Pages
Essential conversations to have with young children.
<table>
<thead>
<tr>
<th>Title</th>
<th>Category</th>
<th>Author</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cyber-Safe Kids, Cyber-Savvy Teens</td>
<td>Book</td>
<td>Nancy Willard</td>
<td>324</td>
</tr>
<tr>
<td>This book will help you learn ways to help young people use the internet safely and responsibly.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dealing with Feelings</td>
<td>Children's Book</td>
<td>Eric Dlugokinski, Ph.D.</td>
<td></td>
</tr>
<tr>
<td>For children of all ages, teaches four basis steps for dealings with feelings.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Don’t Look At Me</td>
<td>Children's Book</td>
<td>Doris Sanford</td>
<td></td>
</tr>
<tr>
<td>A book about feeling different and changing and feeling special.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Don’t Tell a Whopper on Fridays!</td>
<td>Children's Book</td>
<td>Adolph Moser, Ed.D.</td>
<td>61</td>
</tr>
<tr>
<td>The children’s truth-control book.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feed Your Head</td>
<td>Book</td>
<td>Earl Hipp</td>
<td>138</td>
</tr>
<tr>
<td>A book for teenagers, learn some excellent stuff on being yourself!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Financial Literacy for Teens</td>
<td>Book</td>
<td>Chad Foster</td>
<td>117</td>
</tr>
<tr>
<td>The teen’s guide to the real world of money, learn about credit card debt, insurance essentials, secrets to saving, scams and more.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Free to Be...You and Me</td>
<td>Children's Book</td>
<td>Marlo Thomas</td>
<td></td>
</tr>
<tr>
<td>The parent volume of the TV show celebrating children.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Giraffes Can’t Dance</td>
<td>Children's Book</td>
<td>Giles Andreae &amp; Guy Parker-Rees</td>
<td></td>
</tr>
<tr>
<td>Filled with light-footed rhymes and high-stepping illustrations, this tale is a gentle inspiration for every child with dreams of greatness.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hear My Roar</td>
<td>Children's Book</td>
<td>Dr. Ty Hochban</td>
<td></td>
</tr>
<tr>
<td>For children five and up, a story of family violence.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How to Make Your Child a Reader for Life</td>
<td>Book</td>
<td>Paul Kropp</td>
<td>316</td>
</tr>
<tr>
<td>Full of practical information and advice, includes lists of over 300 “must have” books you and your child can enjoy.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Julie's Beach Adventure  
Anne Manuel  
A book about friendship.

K is For Kiss Good Night  
Jill Sardegna  
A cozy bedtime alphabet book.

Kissing Hand, The  
Audrey Penn  
A message of love for any child who needs reassurance.

Leadership on the Line  
Ronald Heifetz & Marty Linsky  
Book  
250 Pages  
Describes the personal challenges and tactical problems that arise when trying to exert constructive influence in all kinds of organization setting.

Leo the Late Bloomer  
Robert Kraus  
Children's Book  
Children will enjoy following the tale of Leo the tiger, who was a late bloomer.

Life Planning Workbook, The  
L. Mark Russell & Arnold E. Grant  
Book  
271 Pages  
A guide to help parents provide for the future of their child with a disability after their death.

Lights for Gita  
Rachna Gilmore  
Children's Book  
Gita's holiday isn't going to be the same in her new country.

Mommy, Daddy & Me  
Lyn Littlefield Hoopes  
Children's Book  
A children's story about a family spending the day exploring an island, skipping stones, climbing hills and sharing their joy and love.

My Big Sister Takes Drugs  
Judith Vigna  
Children's Book  
A young boy deals with his sister's drug problem.

My Brother Matthew  
Mary Thompson  
Children's Book  
A sibling explains what it's like to have a brother with special needs.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>My Two Uncles</strong></td>
<td>Judith Vigna</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Elly's family is in turmoil; Grampy can't accept her uncle and his friend.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Not Much Just Chillin’</strong></td>
<td>Linda Perlstein</td>
<td>Book</td>
<td>273</td>
</tr>
<tr>
<td>Reveals what really takes place underneath kids’ don’t touch-me facade and offers a trail map to the baffling place between child and teen.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Planning for the Future</strong></td>
<td>Russell, Grant, Joseph, and Fee</td>
<td>Book</td>
<td>440</td>
</tr>
<tr>
<td>This book provides information to help you plan for and provide a meaningful life for your child with a disability after your death.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Princess Pooh</strong></td>
<td>Kathleen M. Muldoon</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Jealous of her sister's royal treatment as she sits in her wheelchair, Patty Jean tries it out and discovers it's not so fun after all.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Seven Habits of Highly Effective Teens, The</strong></td>
<td>Sean Covey</td>
<td>Book</td>
<td>266</td>
</tr>
<tr>
<td>A step-by-step guide to help improve self-image, build friendships, resist peer pressure, achieve goals, and much more.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Six Most Important Decisions You’ll Ever Make, The</strong></td>
<td>Sean Covey</td>
<td>Book</td>
<td>324</td>
</tr>
<tr>
<td>Strong advice for teens to help them make informed and wise decisions on dating, bullying, addictions, depression, peer pressure, and much more.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Smart but Scattered</strong></td>
<td>Peg Dawson Ed.D. &amp; Richard Guare, Ph.D.</td>
<td>Book</td>
<td>314</td>
</tr>
<tr>
<td>Provides ways to assess children's strengths and weaknesses and offers guidance on day-to-day issues.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Someone Special, Just Like You</strong></td>
<td>Tricia Brown</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Pictures to help teach children that we should accept one another for the love we have to share and not judge on the basis of appearance or limitations.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Someplace to Go</strong></td>
<td>Maria Testa</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Davey's family lives in a shelter.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Something for Mom</strong></td>
<td>Norma Jean Weston</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>Matilda and her mom discover that both giving and receiving a birthday surprise can be an experience not to be forgotten.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Stick Up for Yourself
Kaufman, Raphael & Espeland
Book
117 Pages
Simple words and real-life examples show children how to stick up for themselves with other kids, sisters & brothers and even parents & teachers.

Teenagers Preparing for the Real World
Chad Foster
Book
100 Pages
This book describes skills of success and is written for those who want to succeed.

Touching the Hearts of Children Anthology: The Art of Being a Military Child
Military Child Education Coalition
Book
79 Pages
Within this collection of poems and art, you will see a glimpse of the world and family experiences through the eyes of children.

Tough Times, Resilient Kids
Dr. Sam Goldstein
DVD
58 Mins.
This DVD explores the American family and the lives of today’s youth, and discovers why some thrive, yet many others struggle.

View from the Balcony: Leadership Challenges in Systems of Care, A
Gary DeCarolis
Book
152 Pages
A look at the hard work and leadership that it takes to do systems change work, especially for parents and families.

Views From Our Shoes
Donald Meyer
Children's Book
Growing up with a brother or sister with special needs.

What Teens Need to Succeed
P. Benson, J. Galbraith & P. Espeland
Book
361 Pages
More than 1200 ideas for building assets at home, at school, in your community, in your congregation and with your friends, true stories and more.

Why Don’t They Like Me?
Susan Sheridan, Ph.D.
Book
162 Pages
Helping your child make and keep friends.

Topic: Non-Verbal Learning Disabilities

Bridging the Gap
Rondalyn Varney Whitney
Book
291 Pages
Offers powerful and practical strategies for raising a child with nonverbal learning disorder.

Non-Verbal Learning Disabilities
Marieke Molenaar-Klumper
Book
112 Pages
Offers information on characteristics, diagnosis and treatment within an educational setting.
## Topic: Obsessive Compulsive Disorder

### Blink, Blink, Clop, Clop: Why Do We Do Things We Can't Stop?
E. Katrina Moltz, Ph.D & Jennifer Jablonsky  
**Children's Book**
A humorous yet sensitive story that shows it is possible to learn to deal with Obsessive Compulsive Disorder and enjoy life.

### From Thoughts to Obsessions
Per Hove Thomsen  
**Book**  
Explains the symptoms, assessment procedures and treatment strategies of OCD in children and adolescents.

### Obsessive-Compulsive Disorder - Help For Children and Adolescents
Mizti Walsh  
**Book**  
Offers information on diagnosis, parenting techniques, navigating the special education system, understanding medication, therapy and more.

### Talking Back to OCD
John March, MD  
**Book**  
A unique 2-in-1 book that encourages young readers to take control of OCD and offers ways parents can help support them.

### Touch and Go Joe
Joe Wells  
**Book**  
This book is about Joe’s experience with OCD which started at age nine.

### When Once is Not Enough
Gail Steketee & Kerrin White  
**Book**  
Help for obsessive compulsives

## Topic: Other Disabilities

### ACC and Me
Kathryn Schlimoeller & Lynn Paul  
**Children's Book**
A children's book about agenesis of the corpus callosum.

### Angelman Syndrome A to Z
Julie Hyman & Alice Evans  
**Book**  
137 Pages  
Everything you ever wanted to know about Angelman Syndrome and then some!
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breathe Easy</td>
<td>Jonathan Weiss, Ph.D.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>A young people's guide to asthma.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Can't Play Won't Play</td>
<td>Sharon Drew &amp; Elizabeth Atter</td>
<td>Book</td>
<td>174</td>
</tr>
<tr>
<td>Simply sizzling ideas to get the ball rolling for children with Dyspraxia.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Casualties of Progress</td>
<td>Alison Johnson</td>
<td>Book</td>
<td>276</td>
</tr>
<tr>
<td>Personal stories from the chemically sensitive.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cat's Got Your Tongue?</td>
<td>Charles E. Schaefer, Ph.D.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>A story of a girl who is afraid to speak, who behavior is known as &quot;elective mutism&quot;.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Child with Special Needs, The</td>
<td>Stanley Greenspan, M.D. &amp; Serena Wieder</td>
<td>Book</td>
<td>496</td>
</tr>
<tr>
<td>The comprehensive approach to developmental challenges including Autism, PDD, language and speech problems, Down Syndrome, Cerebral Palsy, ADD and other related disorders.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children with Cleft Lip and Palate</td>
<td>Hardin Jones, Chapman, &amp; Scherer</td>
<td>Book</td>
<td>209</td>
</tr>
<tr>
<td>A parent's guide to early speech-language development and treatment.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children with Facial Difference</td>
<td>Hope Charkins, M.S.W.</td>
<td>Book</td>
<td>361</td>
</tr>
<tr>
<td>This book covers more commonly occurring conditions, plus rarer and severe forms of facial difference.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children with Fragile X Syndrome</td>
<td>Jayne Dixon Weber</td>
<td>Book</td>
<td>460</td>
</tr>
<tr>
<td>A comprehensive guide for parents and professionals. This guide is both supportive and authoritative.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coping with Chronic Fatigue Syndrome</td>
<td>Fred Friedberg, Ph.D.</td>
<td>Book</td>
<td>166</td>
</tr>
<tr>
<td>Strategies presented will help improve tolerance of symptoms, reduce the stress, generate a sense of well-being and more.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>David Explores Gaucher Disease</td>
<td>Carol Fisher, RN</td>
<td>Children's Book</td>
<td>33</td>
</tr>
<tr>
<td>A children's book that tells David's story and his quest to learn more about Gaucher Disease.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Dear Kids of Alcoholics
Lindsey Hall & Leigh Cohn
Children's Book
An honest book about alcoholism for readers 8 - 17.

Developmental Dyspraxia
Madeline Portwood
Book
212 Pages
Offers an intervention program which will significantly improve the cognitive functioning of the child or teenager with Dyspraxia.

Dyslogic Syndrome
Bernard Rimland
Book
192 Pages
Learn why millions of kids are hyper, attention-disordered, learning disabled, depressed, aggressive, defiant, violent and what can be done about it.

Executive Function “Dysfunction”
Rebecca Moyes
Book
125 Pages
Packed with real-world examples of executive functioning deficits and multiple strategies to overcome them.

Fetal Alcohol Syndrome
Ann Streissguth
Book
305 Pages
A guide for families and communities using compelling case stories about this completely preventable disability.

Finding My Way
Michelle Sherman, Ph.D & DeAnne Sherman
Book
130 Pages
A teen’s guide to living with a parent who has experienced trauma.

Hunter Syndrome Stories
Shire USA, Inc.
Children's Book
21 Pages
The children’s booklet will help children learn about Hunter Syndrome and understand how it affects kids who have HS. Can be used as a teaching tool in a classroom.

I Know the World’s Worst Secret
By Doris Sanford
Children's Book
A book about living with an alcoholic parent and choosing to grow in spite of the pain.

Kara Mia
Maryann Anglim & Walter Allen, M.D.
Book
The story of sudden loss and slow recovery in a teenager with Long QT syndrome.

Kids in the Syndrome Mix of ADHD, LD, Asperger’s, TS, Bi-Polar....
Martin Kutscher
Book
223 Pages
Up-to-date, all-in-one guide to the whole range of often coexisting neurobehavioral disorders in children.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Type</th>
<th>Pages</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kids with Celiac Disease</td>
<td>Danna Korn</td>
<td>Book</td>
<td>252</td>
<td>A family guide to raising happy, healthy, gluten-free children.</td>
</tr>
<tr>
<td>Late, Lost, and Unprepared</td>
<td>Joyce Cooper-Kahn, Ph.D. &amp; Laurie Dietzel</td>
<td>Book</td>
<td>232</td>
<td>A parent’s guide to helping children with Executive Function.</td>
</tr>
<tr>
<td>Little People: Learning to See the World Through My Daughter’s Eyes</td>
<td>Dan Kennedy</td>
<td>Book</td>
<td>296</td>
<td>Explores dwarfism from ancient times while sharing his own story about his daughter who was born with achondroplasia.</td>
</tr>
<tr>
<td>Lyme Disease</td>
<td>Maine Center for Disease Control and</td>
<td>DVD</td>
<td></td>
<td>A DVD about awareness and prevention.</td>
</tr>
<tr>
<td>My Book for Kids with Cansur</td>
<td>Jason Gaes</td>
<td>Children’s Book</td>
<td></td>
<td>Jason spent six months writing this book, without help, then asked his brothers to illustrate it.</td>
</tr>
<tr>
<td>My Buddy</td>
<td>Audrey Osofsky</td>
<td>Children’s Book</td>
<td></td>
<td>A young boy with Muscular Dystrophy tells how he teamed up with a dog trained to do things for him that he can’t.</td>
</tr>
<tr>
<td>My Dad Loves Me, My Dad Has a Disease</td>
<td>Claudia Black, Ph.D.</td>
<td>Children’s Book</td>
<td></td>
<td>A children’s book for help in understanding alcoholism.</td>
</tr>
<tr>
<td>My Friend Leslie</td>
<td>Maxine Rosenberg</td>
<td>Children’s Book</td>
<td></td>
<td>A lovely story of two friends, one with multiple disabilities.</td>
</tr>
<tr>
<td>Oppositional Child, The</td>
<td>O. Randall Braman</td>
<td>Book</td>
<td>215</td>
<td>How to recognize and change the self-defeating behavior of a child or adult who persists in doing the opposite of what he should do.</td>
</tr>
<tr>
<td>Raising an Emotionally Healthy Child When a Parent is Sick</td>
<td>Paula Rauch, MD</td>
<td>Book</td>
<td>213</td>
<td>Common sense advice for anyone supporting one who’s facing the demands of raising children while struggling with illness.</td>
</tr>
</tbody>
</table>
Teens Face to Face with Chronic Illness
Suzanne Le Vert
Book
Discusses chronic diseases, examines how they affect daily activities and relationships with family and friends.

Understanding Controversial Therapies for Children w/Autism, ADD and
Lisa Kurtz
Book 208 Pages
This book offers a balanced overview of complementary and alternative therapies and is a useful guide for parents.

Understanding Motor Skills in Children w/Dyspraxia, ADHD, Autism and
Lisa Kurtz
Book 159 Pages
A user-friendly guide to improving motor skills that includes clear diagrams and tables to outline key points and includes a normal development chart.

When Love is Not Enough
Nancy Thomas
Book 112 Pages
A guide to parenting children with RAD - Reactive Attachment Disorder.

When Your Child is Cutting
McVey-Noble, Khemlani-Patel & Neziroglu
Book 167 Pages
A parent's guide to helping children overcome self-injury. Learn how to talk to your child, understand why they cut and find help.

Wonder
RJ Palacio
Book 313 Pages
Auggie Pullman was born with a facial difference. He is just an ordinary kid with an extraordinary face. This funny, uplifting novel is a true story that will stay with you long after the

Topic: Parent Involvement

ABC's of Parent Involvement in Education, The
CT Parents Plus
Book 132 Pages
Offers a variety of creative ideas about how parents can help their children learn through everyday experiences.

Building Successful Partnerships
National PTA
Book 237 Pages
A guide for developing parent and family involvement programs.

Topic: Parent/Family Issues

100 Days and 99 Nights
Alan Madison
Children's Book 138 Pages
A children's story about a father's tour of military duty.
101 Ways to be a Long-Distance Super Dad or Mom Too!
George Newman
Book 123 Pages
Tips to help span the miles and improve communication, ways to make better use of your holidays and vacations together and much more.

After Your Child's Diagnosis
Cindy Binstock
Book 158 Pages
Offers parents resources, references, available alternatives and options and more.

All Kinds of Families
Norman Simon
Children's Book
A picture book that illustrates the diversities and similarities, in families.

Benni & Victoria
Patricia Arst
Children's Book
A boy who can't live with his mother, learns to cope.

Black, White, Just Right!
Marguerite Davol
Children's Book
This multiracial family is "just right".

Changing Families
David Fassler, M.D.
Children's Book
A guide to help children express their feelings.

Connection Parenting
Pam Leo
Book 200 Pages
Learn how to parent through connection instead of coercion.

Creating Compassionate Kids
Shauna Tomainey
Book 270 Pages
Essential conversations to have with young children. Written with wisdom and sensitivity, guides adults into conversations on a range of topics.

Deployments, Homecomings and Changes
Sesame Street
DVD
This kit contains two DVDs, a magazine for parents and caregivers, an a children’s activity poster.

Disability is Natural
Kathie Snow
Book 632 Pages
Revolutionary common sense for raising successful children with disabilities.
Do I Have a Daddy?  
Jeanne Warren Lindsay
Children's Book
A story about a single-parent child.

Family First  
Dr. Phil McGraw
Book
286 Pages
Your step-by-step plan for creating a phenomenal family.

Father Need  
Kyle Pruett, M.D.
Book
244 Pages
Shows why father care is as essential as mother care for your child’s physical, cognitive and emotional development.

Get Out of My Life...but first could you drive me and Cheryl to the Mall?  
Anthony Wolf, Ph.D.
Book
203 Pages
A parent's guide to the new teenager.

Going Solo While Raising Children with Disabilities  
Laura Marshak, Ph.D.
Book
372 Pages
In this book you will find a wealth of support, affirmation, and practical ideas for living well.

Grandparenting with Love and Logic  
Foster Cline & Jim Fay
Book
280 Pages
Offers practical solutions to today’s grandparenting challenges.

Grandparents as Parents  
Sylvie de Toledo & Deborah Edler Brown
Book
322 Pages
A guidebook for any grandparent who is helping to support, raise or is contemplating raising a grandchild.

Helicopters, Drill Sargeants, and Consultants  
Jim Fay
Book
112 Pages
Learn about these parenting styles and the messages they send to your children.

Home Again  
Dorinda Silver Williams
Children's Book
A children’s book written to help a child understand reunion with a parent when they return from deployment.

Into the Great Forest  
Irene Wineman Marcus & Paul Marcus, Ph.D.
Children's Book
A story for children away from parents for the first time.
It's Not Fair, Jeremy Spencer's Parents Let Him Stay Up All Night!
Anthony E. Wolf, Ph.D.  
A guide to the tougher parts of parenting.

Book

Kids Are Worth It!
Barbara Coloroso  
How to give your child the gift of inner discipline.

Book  
253 Pages

Lots of Moms
Shelly Rotner & Sheila Kelly  
Each mom is different.

Children's Book

Married with Special Needs Children
Laura Marshak & Fran Pollock Prezant  
A guide to keeping couples connected - eases concerns and addresses a broad range of marital and parenting issues.

Book  
296 Pages

Military Youth Coping with Separation: When Family Members Deploy
Uniformed West Chapter of the Academy of  
This is DVD is designed for older children and adolescents as they face military deployment in their family.

DVD

Mr. Poe & Friends Discuss Family Reunion After Deployment
Uniformed West Chapter of the Academy of  
This DVD is an animated multimedia deployment support toolkit for children, ages 6 to 11.

DVD   30 Mins.

My Dad Lost His Job
Mary Kalifon  
Helps families deal with dad's lost job.

Children's Book

My New Baby-Sitter
Christine Loomis  
Introducing a new baby-sitter into the family.

Children's Book

Over There (A Mommy Version and A Daddy Version)
Dorinda Silver Williams, LCSW-C  
A children's book written to help a child adjust to a parents deployment. A great tool to help talk about and support a child's feelings.

Children's Book

Parents Are Teachers, Too
Claudia Jones  
How to help your child achieve their full potential and feel really positive about themselves and their abilities.

Book  
190 Pages
Parents Do Make a Difference
Michele Borba, Ed.D. Book 246 Pages
How to raise kids with solid character, strong minds and caring hearts.

Parents, Teens and Boundaries
Jane Blustein, Ph.D. Book 202 Pages
Testing their limits is how teenagers grow and learn, yet some parents don’t know how to draw the line. Here are 20 relationship-building techniques.

Pick Up Your Socks….And Other Skills Growing Children Need!
Elizabeth Crary Book 108 Pages
A practical guide to raising responsible children. Helps you recognize where your child is and build on abilities.

Power Source Parenting
Bethany Casarjian Book 260 Pages
This book has answers to some of the most difficult challenges you’ll face, a great resource for young parents.

Relationship Rescue
Dr. Phil/Phillip McGraw, Ph.D. Book 254 Pages
A seven-step strategy for reconnecting with your partner.

Resilient Family, The
Paul Powers, Sc.D. & Arthus Dell Orto, Ph.D. Book 185 Pages
Practical advice and hope for families with a child who has a serious illness or disability.

Robert Lives with His Grandparents
Martha Hickman Children’s Book
Robert learns to be proud of his family.

Secrets of Happy Families, The
Bruce Feiler Book 307 Pages
This book show how we can create stronger parent/child relationships, manage chaos, teach values and grit, and have fun.

Seven Habits of Highly Effective Families, The
Stephen Covey Book or Audio 389 Pages
Jump-start your thinking and behaviors so that you can give your best to and get the most from your family.

Special Children, Challenged Parents
Robert Naseef, Ph.D. Book 291 Pages
Discusses the struggles and rewards of raising a child with a disability.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Special Kids Need Special Parents</td>
<td>Judith Loseff Lavin</td>
<td>Book</td>
<td>319</td>
</tr>
<tr>
<td>A resource for parents of children with special needs that gives readers advice, encouragement and comfort.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>That's My Child</td>
<td>Lizanne Capper</td>
<td>Book</td>
<td>198</td>
</tr>
<tr>
<td>Strategies for parents of children with disabilities.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Understanding Your Special Needs Grandchild</td>
<td>Clare Jones, Ph.D.</td>
<td>Book</td>
<td>126</td>
</tr>
<tr>
<td>This book will help grandparents realize and accept the vitally important role they play in their grandchild’s life.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Visit to the Big House, A</td>
<td>Oliver Butterworth</td>
<td>Children's Book</td>
<td>46</td>
</tr>
<tr>
<td>This book was written to help children cope with the difficulties of visiting a parent in prison.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voices from Fatherhood</td>
<td>Patrick Kilcarr, Ph.D. &amp; Patricia Quinn, M.D.</td>
<td>Book</td>
<td>184</td>
</tr>
<tr>
<td>The essential guidebook helps fathers enhance and deepen their relationships with their sons and the entire family.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What About Me?</td>
<td>Allan Potorkin, M.D.</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>When brothers and sisters get sick, ways parents can help their well children cope with a chronically ill sibling.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What Do You Do With a Child Like This?</td>
<td>L. Tobin</td>
<td>Book</td>
<td>204</td>
</tr>
<tr>
<td>Journey into the world of troubled children and enhance your understanding of the child’s total needs. Provides techniques to help.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What We Can’t Tell You</td>
<td>Kathleen Cushman</td>
<td>Book</td>
<td>158</td>
</tr>
<tr>
<td>Teens candidly share their feelings about their parents, and offer insight and strategies for connecting with adolescents.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>When the Bees Fly Home</td>
<td>Andrea Cheng</td>
<td>Children's Book</td>
<td></td>
</tr>
<tr>
<td>The tale of a family learning to celebrate two very different sons. Will foster positive discussions about gender and differences.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Young Children on the Homefront</td>
<td>Amy Kim &amp; Tracy Songer</td>
<td>DVD</td>
<td></td>
</tr>
<tr>
<td>Young Children on the Homefront: Coming Together Around Military Families -- family stories, family strenghts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Title</td>
<td>Author(s)</td>
<td>Type</td>
<td>Pages</td>
</tr>
<tr>
<td>------------------------------</td>
<td>------------------------------------</td>
<td>--------------</td>
<td>-------</td>
</tr>
<tr>
<td>An Autumn Called Evan</td>
<td>Deborah Klane</td>
<td>Book</td>
<td>210</td>
</tr>
<tr>
<td></td>
<td>Deborah’s extremely moving chronicle of life with an exceptional child.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beyond All Expectations</td>
<td>JoAnne Putnam</td>
<td>Book</td>
<td>208</td>
</tr>
<tr>
<td></td>
<td>The story of Paige Barton as told by her friend JoAnne Putman with Foreword by former Governor of Maine, Angus King, and Introduction by Debbie Gilmer.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boy in the Moon, The</td>
<td>Ian Brown</td>
<td>Book</td>
<td>293</td>
</tr>
<tr>
<td></td>
<td>Ian’s son was born with a very rare genetic mutation. This is their story, written with humor and stark honesty, and infused with a father’s love for his son.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chasing the Rabbit</td>
<td>Derek Volk with Dylan Volk</td>
<td>Book</td>
<td>265</td>
</tr>
<tr>
<td></td>
<td>The story of a Dad’s life raising a son on the spectrum.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Embracing the Monster</td>
<td>Veronica Crawford</td>
<td>Book</td>
<td>238</td>
</tr>
<tr>
<td></td>
<td>Find out first hand what it is like to live with hidden disabilities as you follow Veronica’s enlightening story.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Expecting Adam</td>
<td>Martha Beck</td>
<td>Book</td>
<td>328</td>
</tr>
<tr>
<td></td>
<td>Follow the parents true story about Adam, a child born with Down Syndrome.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>God Made Me Special!</td>
<td>Ryan C. Farrell</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ryan writes about his personal experiences dealing with Tourette Syndrome, OCD, ADHD and Conduct Disorder.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I Wish</td>
<td>Kate Divine McAnaney</td>
<td>Book</td>
<td>87</td>
</tr>
<tr>
<td></td>
<td>Dreams and realities of parenting a child with special needs.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Knowing Jesse</td>
<td>Marianne Leone</td>
<td>Book</td>
<td>254</td>
</tr>
<tr>
<td></td>
<td>A mother’s story of grief, grace, and everyday bliss of raising a son with Cerebral Palsy who is also quadriplegic, unable to speak, and wracked by seizures.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Longest Trip Home, The</td>
<td>John Grogan</td>
<td>Book</td>
<td>334</td>
</tr>
<tr>
<td></td>
<td>A funny, unforgettable, poignant, moving, memoir from the author of Marley &amp; Me.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Uncommon Fathers
Donald Meyer
Book
206 Pages
Nineteen fathers offer a seldom-heard perspective on raising children with special needs.

---

**Topic: Play**

**Face Your Feelings**
Lawrence Shapiro, Ph.D
Children’s Book
A play and read book for help children learn and feelings.

---

**Topic: Potty Learning**

**Once Upon a Potty for Her**
Alona Frankel
Children’s DVD
30 Mins.
Kids’ Music DVD - Kids and parents can watch, laugh, and learn and sing while coming to grips with the trials and tribulations of toilet training.

**Once Upon a Potty for Him**
Alona Frankel
Children’s DVD
30 Mins.
Kids’ Music DVD - Kids and parents can watch, laugh, and learn and sing while coming to grips with the trials and tribulations of toilet training.

**Potty Chronicles, The**
Annie Reiner, LCSW
Children’s Book
A story to help children adjust to toilet training.

**Potty Journey, The**
Judith Coucouvanis
Book
148 Pages
A guide to toilet training for children with special needs, including autism and related disorders.

---

**Topic: Recreation**

**Backyards and Butterflies**
Doreen Greenstein
Book
72 Pages
Ways to include children with disabilities in outdoor activities.

**Riding for the Disabled**
Vanessa Britton
Book
144 Pages
Covers training a horse to work with riders with disabilities, special aids, methods of instruction, benefits of therapeutic riding and more.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admission Matters</td>
<td>Springer, Reider, &amp; Franck</td>
<td>Book</td>
<td>316</td>
</tr>
<tr>
<td>What students and parents need to know about getting into college, offers lots of tips and tools to help.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Educated Child, The</td>
<td>William J. Bennett</td>
<td>Book</td>
<td>664</td>
</tr>
<tr>
<td>What your child should learn, 10 signs of a good school, books your child should read, character education and more.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Functional Assessments</td>
<td>Witt, Daly &amp; Noell</td>
<td>Book</td>
<td>267</td>
</tr>
<tr>
<td>Teacher's guide - step-by step guide to solving academic and behavior problems, grades K - 12.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Get On Top of It!</td>
<td>Laurie Hartwig &amp; Gina Meredith</td>
<td>Book</td>
<td>144</td>
</tr>
<tr>
<td>Teacher's manual - teaching students to problem solve.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guide to Colleges for Students w/ LD or ADHD, The</td>
<td>Marybeth Kravets &amp; Imy Wax</td>
<td>Book</td>
<td>831</td>
</tr>
<tr>
<td>This indispensable resource profiles 357 schools and has a Quick Contact Reference List for 1,000 additional schools.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Helpful Alphabet of Friendly Objects, A</td>
<td>Poems by John UpDike/Photos by David</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>A great way to review the alphabet, pictures and poems for each letter of the alphabet.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Helping Your Child Get Ready for School</td>
<td>Nancy Paulu</td>
<td>Booklet</td>
<td>50</td>
</tr>
<tr>
<td>Includes activities for children birth through 5.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Helping Your Child Succeed at School</td>
<td>L. John Gasson</td>
<td>Book</td>
<td>208</td>
</tr>
<tr>
<td>Advice to parents on how to contribution to their child's education and build a positive working relationship with teachers.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>High School Navigator</td>
<td>Jim Hudon, Linda Hudon, Gail Donahue Pepin and Gerry Pepin</td>
<td>Book</td>
<td>224</td>
</tr>
<tr>
<td>This book will help students make choices and guide them through high school and on to college.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How to Do Homework Without Throwing Up</td>
<td>Trevor Romain</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>If homework makes you uneasy or queasy, this book is for you.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# How to Help Your Child with Homework

**Marguerite C. Radenich, Ph.D.**

Encouraging good study habits and ending the homework wars.

---

## More Than a Test Score

**Robert Schultz & James Delisle**

150 Pages

Based on a survey of thousands of gifted teens - they talk about being gifted, talented or otherwise extraordinary.

## No Child Left Behind (NCLB)

**Peter Wright, Pamela Wright & Suzanne Heath**

339 Pages

Includes full text of the NCLB act, analysis and interpretation and a CD-ROM of resources and references.

## Real-Life Homeschooling

**Rhonda Barfield**

306 Pages

The stories of 21 families who teach their children at home.

## Seven Steps to Homework Success

**S. Zentall, Ph.D. & S. Goldstein, Ph.D.**

138 Pages

A family guide for solving common homework problems.

## Teaching the Tiger

**M. Dornbush Ph.D. & S. Pruitt, M. Ed.**

268 Pages

A handbook for individuals involved in the education of students with ADD/ADHD, TS or OCD.

## Teaching with the Brain in Mind

**Eric Jensen**

133 Pages

The latest, practical, easy-to-understand research on learning and the brain.

## Think College!

**Meg Grigal & Debra Hart**

323 Pages

This book offers options and educational opportunities to set the stage for successful, fulfilling community lives.

## Too Old for This, Too Young for That!

**Harriet Mosatche, Ph.D. & Karen Unger, M.A.**

190 Pages

A survival guide for the middle-school years.

## Upside-Down Brilliance - The Visual-Spatial Learner

**Linda Kreger Silverman**

400 Pages

Parents, teachers & friends of visual-spatial learners will delight in this book filled with illuminating insights, wisdom & practical suggestions.
## Visual Intelligence
Donald D. Hoffman

This book reveals the intelligence of vision, it explores the subtle hidden rules by which we construct objects, movement and colors.

**Book** 294 Pages

## When Gifted Kids Don’t Have All the Answers
Jim Delisle, Ph.D. & Judy Galbraith, M.A.

Offers proven, practical suggestions for encouraging social and emotional growth among gifted, talented and creative children.

**Book** 278 Pages

## You’re Smarter Than You Think
Thomas Armstrong, Ph.D.

A kid’s guide to multiple intelligences. Learn about 8 different intelligences and what they mean plus lots more valuable information.

**Book** 185 Pages

## Your College Experience
Gardner, Jewler, and Barefoot

Your successful college experience starts right here with strategies for success.

**Book** 317 Pages

---

### Topic: Self-Esteem/Social Skills

#### Don’t Feed the Monster on Tuesdays!
Adolph Moser, Ed.D.


**Children’s Book** 61 Pages

#### I Want Your Moo
Marcella Bakur & Jill Neimark

A story for children 4 to 8 about self-esteem.

**Children’s Book**

#### It’s So Much Work to be Your Friend
Richard Lavoie

Addresses the social skills problems faced by many children and adolescents with learning disabilities.

**Book** 394 Pages

#### Raise Your Child’s Social IQ
Cathi Cohen, LCSW

Practical, step-by-step plan based on the highly successful Stepping Stones program.

**Book** 228 Pages

#### Self-Esteem Revolutions in Children
Thomas W. Phelan, Ph.D.

Understanding and managing the critical transitions in your child’s life.

**Book** 173 Pages

#### Sometimes I Drive My Mom Crazy...But I Know She’s Crazy About Me
Lawrence Shapiro

A book to booster the self-esteem of children with ADHD.

**Children’s Book**
Topic: Sensory Integration

Arnie and His School Tools
Jennifer Vennendall
Children's Book
47 Pages
Simple sensory solutions that build success - with the right tools, everybody’s day goes a little smoother!

Everything Parent’s Guide to Sensory Integration Disorder, The
Terri Mauro
Book
303 Pages
Learn how to get the right diagnosis, understand treatments and advocate for your child.

Getting Kids In Sync
Carol Kranowitz
DVD
26 Mins.
Sensory-motor activities to help children develop body awareness and integrate their senses.

Integrated Yoga
Nicole Cuomo
Book
102 Pages
This book offers easy-to-follow basic postures and sequences for children and young people with sensory issues, easily adaptable to adults.

Out-of-Sync Child, The
Carol Stock Kranowitz, M.A.
Book
356 Pages
Recognizing and coping with sensory processing disorder.

Preschool Sense
Carol Kranowitz
Book
64 Pages
Preschool sensory scan for educators, a valuable new tool to facilitate collaboration between OT’s and preschool teachers.

Sensory Integration and the Child
A. Jean Ayres, Ph.D.
Book
185 Pages
This book will give parents the opportunity to understand their child better.

Starting Sensory Integration Therapy
Bonnie Arnowine
Book
128 Pages
Fun, functional and easy to set up and clean up, these activities will help all kids (and mom and dads too) get in sync!

Topic: Special Education

A Guide to Collaboration for IEP Teams
Nicholas Martin
Book
240 Pages
Covers effective meeting management, principled negotiation, the emotional side, and conflict prevention.
All About IEPs
Peter Wright, Pamela Darr Wright & Sandra Webb O'Connor

Book 166 Pages

Easy to read book where you will find clear, concise answers to questions about IEPs.

Believe in My Child with Special Needs
Mary Falvey

Book 167 Pages

This book will guide you in helping your children achieve their potential in school. Helpful advice from an educator.

Better IEP Meetings - Everyone Wins
Barbara D. Bateman & Cynthia M. Herr

Book 126 Pages

This book provides help for both school personnel and parents regarding successful IEP meetings that focus clearly on the child.

Better IEP's
Barbara D. Bateman, Ph.D.

Book 276 Pages

Fourth Edition - The book gives you the know how to develop IEPs that are legally correct and educationally useful.

First IEP, The
Deborah Chen and Annie Cox

DVD 30 Mins.

This DVD answers common questions about IEPs and helps parents and new professional come together to ensure children’s smooth transition from early intervention to preschool.

From Emotions to Advocacy - The Special Education Survival Guide
Pamela Darr Wright & Peter W. D. Wright

Book 382 Pages

This book will teach you how to plan, prepare, organize and get quality special education services.

From Gobbledygook to Clearly Written Annual IEP Goals
Barbara Bateman

Book 104 Pages

A plain-speaking guide that shows how to move from foggy goals to clean, objective and effective annual goals.

Guide to Special Education Advocacy, A
Matthew Cohen

Book 392 Pages

This books will help parents, clinicians and advocates gain a better understanding of special education in schools.

Guiding Your Teenager w/Special Needs Through the Transition from School to Adult Life
Mary Korpi

Book 144 Pages

Help to design an effective transition plan that assists teenagers to develop realistic adult goals that support their unique interests and skills.

IEP Checklist, The
Winterman and Rosas

Book 215 Pages

Your guide to creating meaningful and compliant IEPs.
Implementing Ongoing Transition Plans for the IEP
IEP Resources Book 136 Pages
A new approach to the assessment and instruction of students in an ongoing life skills and transition program.

Making the Move to Managing Your Own Personal Assistance Services
Office of Disability Employment Policy Book 66 Pages
A toolkit for youth with disabilities transition to adulthood.

Nick Joins In
Joe Lasker Children's Book
Story of Nick, who uses a wheelchair, and how he and his classmates resolve their initial apprehensions about mainstreaming.

Parent's Complete Special Education Guide
R. Pierangelo, Ph.D. & R. Jacoby Book 332 Pages
Tips, techniques and materials for helping your child succeed in school and life.

Special Education Law
Peter Wright & Pamela Wright Book 442 Pages
Includes text of key laws and regulations, IDEA '04, Section 504, NCLB, FERPA and the McKinney-Vento act.

Surviving Due Process: When Parents and The School Board Disagree
Harbor House Law DVD 2 Hrs.
This DVD takes you inside a special education due process hearing, from initial preparation to testimony by the final witness.

Targeting Language Delays
Caroline Lee Book 362 Pages
Contains IEP goals and activities for students with developmental challenges.

Teaching Self-Determination to Students with Disabilities
Wehmeyer, Agran & Hughes Book 354 Pages
Versatile instructional methods for teaching basic self-determination skills to students with disabilities.

Transition Issues Related to Students with Visual Disabilities
Jane Erin and Karen Wolfe Book 55 Pages
Practical resource to help in preparing individuals for adulthood.

Transition of Youth & Young Adults w/Emotional Behavioral Difficulties
Hewitt Clark & Deanne Unruh Book 357 Pages
Provides a variety of easy-to-use, evidence-supported strategies to guide young adults through transition.
### Why Johnny Doesn’t Behave - 20 Tips and Measurable BIPs
Barbara Bateman & Annemieke Golly  
*Book*  
122 Pages

Discusses functional behavioral assessments and behavioral intervention plans, offers 20 concrete tips for teachers.

### Writing Measurable IEP Goals & Objectives
Barbara Bateman & Cynthia Herr  
*Book*  
136 Pages

Measurable goals and objectives can be surprisingly fast, easy to write and helpful - once the skill taught here has been learned!

### You, Your Child, and “Special” Education
Barbara Coyne Cutler  
*Book*  
294 Pages

A guide to dealing with the system -- the answers are in this empowering, no-nonsense guide.

---

#### Topic: Spina Bifida

**Children with Spina Bifida**
Marlene Lutkenhoff, R.N.  
*Book*  
405 Pages

Provides parents with guidance and support of help meet their child's often intensive needs from birth through childhood.

**SPINAbilities**
M. Lutkenhoff & S. Oppenheimer  
*Children's Book*

A young person's guide to spina bifida.

---

#### Topic: Tourette Syndrome

**Adam and the Magic Marble**
Adam & Carol Buehrens  
*Children's Book*

Two boys with TS find a magic marble that can cure the disorder but they decide their friend with CP needs it.

**Children with Tourette Syndrome**
Tracy Haerle  
*Book*  
298 Pages

This book depicts the broad range of Tourette Syndrome and provides information.

**Diagnosing and Treating Tourette Syndrome**
The Tourette Syndrome Association  
*DVD*

2 disc series, #1: Scientific literature on Adobe Acrobat PDF format on CD and #2: Medical and educational videos in DVD format

**Don't Think About Monkeys**
Adam Ward Seligman & John Hilkevich  
*Book*  
206 Pages

A collection of stories written by fourteen people who live with Tourette Syndrome.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Type</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>I Have Tourette’s But Tourette’s Doesn’t Have Me</td>
<td>HBO and the Tourette Syndrome Association</td>
<td>DVD</td>
<td></td>
</tr>
<tr>
<td>Tourette’s Syndrome</td>
<td>Mitzi Walsh</td>
<td>Book</td>
<td>400 Pages</td>
</tr>
<tr>
<td>What Makes Ryan Tick?</td>
<td>Susan Hughes</td>
<td>Book</td>
<td>305 Pages</td>
</tr>
<tr>
<td>Why Do You Do That?</td>
<td>Uttom Chowdhury &amp; Mary Robertson</td>
<td>Children’s Book</td>
<td>95 Pages</td>
</tr>
<tr>
<td>Topic: Visual Impairments</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Business is Looking Up</td>
<td>Barbara Aiello &amp; Jeffrey Shulman</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>Cane in Her Hand, A</td>
<td>Eleanor Mill</td>
<td>Children’s Book</td>
<td></td>
</tr>
<tr>
<td>Helping Children Who Are Blind</td>
<td>Sandy Niemann &amp; Namita Jacob</td>
<td>Book</td>
<td>192 Pages</td>
</tr>
<tr>
<td>Listen for the Bus - David’s Story</td>
<td>Patricia McMahon</td>
<td>Children’s Book</td>
<td></td>
</tr>
</tbody>
</table>
Luna and the BIG BLUR
Shirley Day
A story for children who wear glasses.

See the Ocean
Estelle Condra
Tells the story of a young girl, who is blind, who sees the beauty of nature with her mind and her heart.

Visual Perception Problems in Children w/AD/HD, Autism and Other LD’s
Lisa Kurtz
This book provides a comprehensive overview of vision problems in children with Autism Spectrum Disorders and specific learning disabilities.

When You Have a Visually Impaired Student in Your Classroom
American Foundation for the Blind
A great resource for teachers, provides essential information to help you work effectively with students who are blind or visually impaired.