

Workshops for Parents

The Maine Parent Federation's GEAR UP Parent Involvement Coordinators will be offering three new workshops for parents involved in helping their children get to college.

- *Opening the Door to Higher Education for Your Child* Information and advice gathered from high school and college educators, financial aid advisors, experienced parents and students is shared with parents during this workshop. Useful suggestions for parents on how to be helpful in the college-going process are also presented.
- *Goodbye High School, Hello College* is a presentation of tips and cautions for parents as they help their young adult get successfully through the "Transition Time" ----that period of time that begins as your child is ready to pack and continues until he or she is a comfortable, confident college student.
- *The College Advisor* presents Bob Stuart, Director of the Maine College Circle in three regional workshops to demystify the college and financial aid application process and demonstrate to parents how college is a real option for their children.

Specific dates and locations have not yet been selected for these workshops. If you are interested in scheduling a workshop or would like to assist in coordinating one of the regional workshops, please contact Ray Cook, GEAR UP Parent Involvement Activities Coordinator. Ray can be reached at Maine Parent Federation by calling 1-800-8707746 or by e-mail at rcook@mpf.org.