

**MAINE PARENT FEDERATION
ANNOUNCES
A SERIES OF FREE WORKSHOPS FOR PARENTS**

LOCATION: WATERVILLE HIGH SCHOOL

Register now to attend these free workshops offered by Maine Parent Federation. If you have a child receiving special education services or if you work with children who receive services and their families, these are workshops you won't want to miss. Attending the workshops will provide you with the opportunity to receive updates on special education regulations, learn about writing IEP's, explore how to resolve conflicts and discover ways to improve your child's challenging behaviors at home.

Location: Waterville High School, Waterville

Time: Thursday Evenings, 6:00 PM - 8:00 PM

DATES, TOPICS and DESCRIPTIONS

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March 6: Special Education: The 3 R's: Rights, Responsibilities and Results

Come on board as we maneuver through the maze of recent changes in the current Special Education Regulations. Come and explore with us the ABC's and learn the 3 R's. Discover how to ensure your participation in meetings that address desired educational outcomes. Gain knowledge of strategies for making the most of the Individualized Education Program (IEP) or Individual Family Service Plan (IFSP) meetings. We invite you to bring your insights and questions to this vital workshop.

March 13: Developing IEP's: A Step-by-Step Guide

Understanding what goes into the IEP, how to write an IEP and how to participate in the process can seem like a daunting task. Using the Maine Department of Education's IEP form, parents will gain an understanding of the various aspects of the IEP, participate in writing parts of the IEP and discover how to be a full participant in the process.

March 20: Making Peace with Conflict: Weathering the Storm

Through discussion, reflection and interaction, participants will become familiar with some of the common terms and tools used to manage conflict. Participants will have the opportunity to explore various approaches to resolving conflict and identify strategies that can be used to resolve future conflicts. This workshop provides an opportunity to view conflict resolution from the eye----or calm center----of a hurricane and leave with strategies that can help you in weathering the storm.

March 27: Why Can't Johnny B. Goode at Home?

In this 'spin-off' from our popular *Why Can't Johnny B. Goode at School?* workshop, the discussion on challenging behaviors continues. The focus shifts from school to home. During this workshop participants will gain an understanding of some of the causes of challenging behaviors. Strategies that can impact in positive ways on a child's behavior will be discussed and parents will learn some simple ways to take care of themselves.

Registration is required. Confirmation & directions will be provided upon receipt of registration.

Can't Attend in Waterville? Choose From Five Other Locations

Bangor * Portland * Rockland * Machias * Presque Isle

Call 1-800-870-7746 or email psteeves@mpf.org for more information



Maine Parent Federation Spring 2008 Workshops REGISTRATION FORM

Waterville High School Waterville, Maine

Please register me for the following workshops (check all that apply):

- March 6: Special Education: The 3 R's: Rights, Responsibilities and Results
- March 13: Developing IEP's: A Step-by-Step Guide
- March 20: Making Peace with Conflict: Weathering the Storm
- March 27: Why Can't Johnny B. Goode at Home?

Name

Address

City, State, ZIP

Email

Phone:

Accommodation Needed

Mail Form to:

Maine Parent Federation
ATTN: Penny Steeves
PO Box 2067
Augusta, Maine 04338

Fax Form to: (207) 623-2148

Register by Phone: (207) 623-2144 or 1-800-870-7746 Ask for Penny