

Maine State Resources

Resource & Email Address	Phone Number & Website Address
2-1-1 Maine	211 (out of state 1-877-463-6207) www.211Maine.org
504 Accessibility / Americans with Disabilities Act	207-623-7950(V) / 1-888-577-6690(T) www.maine.gov/rehab/ada
Acadia Hospital (Bangor)	207-973-6100(V) / 207-973-6142(T) www.acadahospital.org
Accessible Instructional Materials, Maine	http://aim.maineconline.org
ADA Center, New England ADAinfo@NewEnglandADA.org	1-800-949-4232 www.NewEnglandADA.org
Adoptive & Foster Families of Maine, Inc.	207-827-2331 / 1-800-833-9786 www.affm.net
Adult Abuse, Neglect and Exploitation	1-800-624-8404(V) / 1-800-606-0215(T) www.maine.gov/dhhs/oes/aps/ane_flyer.htm
AIDS Hotline	1-800-851-2437
Alcoholics Anonymous - Central Service Office (Ptld.) cso@csoamaine.org	207-774-3034 www.csoamaine.org
ALLTech at Spurwink info@alltech-tsi.org	207-321-6080 x114 www.alltech-tsi.org
Alpha One (Adaptive Equipment Loan Program)	1-800-640-7200 www.alpha-one.org OR www.alphaonenow.org
Alzheimer's Association - Maine Chapter	1-800-272-3900 www.alz.org/maine
Americans with Disabilities Act, Maine State	207-623-7950 (V) / 1-888-577-6690(T) www.maine.gov/rehab/ada
Aroostook Medical Center (Presque Isle)	207-768-4000 www.tamc.org
Aroostook Mental Health Center (Presque Isle)	207-498-6431 www.amhc.org
Arthritis Foundation - Northern New England	1-800-639-2113 / 1-603-224-9322 www.arthritis.org/chapters/northern-and-southern-new-england

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Assistive Technology Exchange in New England	www.getatstuff.com
Autism Society of Maine asm@asmonline.org	1-800-273-5200 www.asmonline.org
Behavioral Health Services - Adult & Mental Health Svcs.	207-287-4243 / 207-287-4250
Behavioral Health Services - Region 1	1-800-492-0846 - Family Info. Specialist
Behavioral Health Services - Region 2	1-800-866-1814 - Family Info. Specialist
Behavioral Health Services - Region 3	1-800-767-9857 - Family Info. Specialist
Behavioral Health Services - Region 4	1-800-963-9491 - Family Info. Specialist
Blind and Visually Impaired, Division for the	1-800-760-1573(V) / 1-800-633-0770(T) www.maine.gov/rehab/dbvi
Brain Injury Information Network	207-621-1410(V / T) / 1-888-893-0123 www.biin.org
C.A.R.E.S., Inc. - Client Assistance Program	207-377-7055(V/T) / 1-800-773-7055(V/T) www.caresinc.org
Cancer Society, American - New England Office	1-800-227-2345 www.cancer.org/inyourarea/index
Care Coordination, Partners in lisa.l.brown@maine.gov	207-287-5349(V) / 1-800-606-0215(T) www.maine.gov/dhhs/boh/cshn/carecoordination
Cary Medical Center (Caribou)	207-498-3111 www.carymedicalcenter.org
Catholic Charities Maine / Birthline psm@ccmaine.org	207-871-7464 x2670 / 1-800-227-3002 www.ccmaine.org/info.php?info_id=137
Child Abuse/Neglect Services	1-800-452-1999(V) / 1-800-963-9490(T) www.maine.gov/dhhs/ocfs/abuse.htm
Child and Family Services	207-624-7900(V) / 1-800-606-0215(T) www.maine.gov/dhhs/ocfs

Maine State Resources

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Child Care Resource Development Center	(see website for local district phone numbers) www.maine.gov/dhhs/ocfs/ec/occhs/devcenters.htm
Child Development Services - Main Office	207-624-6660 --- referrals: 1-877-770-8883 www.maine.gov/education/speced/cds
Child Welfare Services (Child Protection)	1-800-452-1999(V) / 1-800-963-9490(T) www.maine.gov/dhhs/ocfs/cw/protection.shtml
Children with Special Health Needs toni.g.wall@maine.gov	207-287-5139(V) / 1-800-606-0215(T) / 1-800-698-3624x5139 www.maine.gov/dhhs/boh/cshn
Children's Behavioral Health Services	207-624-7900(V) / 1-800-606-0215(T) www.maine.gov/dhhs/ocfs/cbhs
Children's Cancer Program, Maine	207-396-7565 www.mmc.org/mmc_body.cfm?id=2193
Civil Liberties Union, Maine info@mclu.org	207-774-5444 www.mclu.org
Civil Rights, Office for (Boston) OCR.Boston@ed.gov	1-617-289-0111 www.ed.gov/ocr
Community Action Programs	see website for local phone numbers www.maine.gov/dhhs/oes/medicare/cap.htm
Community Health & Counseling (Children's Services)	207-947-0366 / 1-800-924-0366 www.chcs-me.org/child.html
Community Inclusion and Disability Studies, Center for	207-581-1084 / 1-800-203-6957 www.ccids.umaine.edu
Consumer Affairs, Office of	207-287-4243 www.maine.gov/dhhs/mh/wellness/oca.shtml
Crisis and Counseling Centers	207-626-3448 (V/T) www.crisisandcounseling.org
Crisis Hotline	1-888-568-1112
Deafness, Maine Center on	207-797-7656 / 1-800-639-3884 www.mcdmaine.org
Developmental Disabilities Council, Maine info@maineddc.org	207-287-4213 / 1-800-244-3990 www.maineddc.org

Maine State Resources

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Diabetes Association, American askADA@diabetes.org	1-800-342-2383 www.diabetes.org
Disability Determination Services - Office of Elderly	207-377-9500 / 1-800-452-8718 www.maine.gov/dhhs/oes/dds
Disability Rights Center advocate@drcme.org	1-800-452-1948(V/T) www.drcme.org
Disease Control and Prevention, Maine Center for	207-287-8016 www.maine.gov/dhhs/boh
Dorothea Dix Psychiatric Center	207-941-4000(V) / 1-888-774-5290(T) www.maine.gov/dhhs/DDPC
Eastern Maine Medical Center (Bangor)	207-973-7000 / 1-877-366-3662 www.emmc.org
Education, Maine Department of	207-624-6600(V) / 1-888-577-6690(T) www.maine.gov/education
Elder Services, Office of	1-800-262-2232(V) / 1-800-606-0215(T) www.maine.gov/dhhs/oes
Electricity Lifeline Program	1-800-750-4000 www.cmpco.com/YourAccount/payyourbill/ServiceAndAssistance.
Fair Housing and Equal Opportunity (through MaineHousing)	207-626-4600 / 1-800-452-4660(V) / 1-800-452-4603(T) www.mainehousing.org/edufairhousing.aspx
Foster Parents Association, Maine	207-872-2265 www.fosterparents.com/states3/me.html
GEAR Parent Network	1-800-264-9224 www.gearparentnetwork.org
Genetics Program	207-287-5357 / 1-800-698-3624 www.maine.gov/dhhs/boh/cshn/genetic_services
Goodwill Industries of Northern New England	207-774-6323(V) / 207-774-6323(T) www.ginne.org OR www.goodwillnne.org
Governor Baxter School for the Deaf	207-781-3165 www.mecdhh.com
Graham Behavioral Services, Inc.	207-626-0003 www.gbsmaine.com

Maine State Resources

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Grieving Children, Center for cgcmaine.org	207-775-5216 www.cgcmaine.org
Health & Human Services, Maine Department of	207-287-3707(V) / 1-800-606-0215(T) www.maine.gov/dhhs
Heart Association, American - Maine Office	207-879-5700 www.heart.org/HEARTORG/localization/chooseState.jsp
Helping Hands for Children and Families hh@acap-me.org	207-768-3115 / 1-800-432-7881 x665 www.ainop.com/users/hhcf
Homeless Crisis Hotline	1-800-438-3890 / 1-800-452-4603
Housing Authority, Maine State	207-626-4600 / 1-800-452-4668(V) / 1-800-452-4603(T) www.mainehousing.org
Housing Discrimination Hotline ftheo_webmanager@hud.gov	1-800-669-9777(V) / 1-800-927-9275(T) www.hud.gov/mainehousing.org/edufairhousing.aspx
Human Rights Commission, Maine	207-624-6050 / 1-888-577-6690 www.maine.gov/mhrc
Immunization Program	207-287-3746 / 1-800-867-4775 www.maine.gov/dhhs/boh/ddc/immunization
Interpreting Services - Pine Tree Society	207-885-0536(V/T) www.pinetreesociety.org/interpreting_request.asp
Iris Network, The rchoate@theiris.org	207-774-6273 www.theiris.org
Jason Program, The	1-800-824-0043
Job Corps national_office@jobcorps.gov	1-800-733-5627(V) / 1-877-889-5627(T) www.jobcorps.gov
Keeping Maine's Children Connected susan.lieberman@maine.gov	207-822-0126 www.maine.gov/education/specced/kmcc
Kennebec Behavioral Health	207-873-2136 / 1-888-322-2136(V) / 1-800-437-1220(T) www.kbhmaine.org
Kids Legal Aid kla@ptla.org	207-774-8246 / 1-866-624-7787 / 711(T) www.kidslegalaid.org

Maine State Resources

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Learning Disabilities Association of Maine info@LDame.org	207-861-7824 / 1-877-208-4029 (within Maine) www.ldame.org
Legislature, Maine - House of Representatives	1-800-423-2900
Legislature, Maine - Office of the Senate	1-800-423-6900
Library, Maine State	207-287-5600(V) / 1-888-577-6690(T) www.maine.gov/msl
Literacy Volunteers info@lvmaine.org	207-773-3191 / 1-800-322-5455 www.lvmaine.org
Lung Association of New England, American info@lungne.org	1-800-548-8252 www.lungne.org
Maine Administrators of Services for Children with Disabilities madsec@mint.net	207-626-3380 www.madsec.org
Maine CITE (Assistive Technology Exchange) iweb@mainecite.org	207-621-3195(V) / 207-621-3482(T) www.mainecite.org
Maine Coast Memorial Hospital (Ellsworth)	207-664-5311 www.mcmhospital.org
Maine Handicapped Skiing info@skimhs.org	207-824-2440(V/T) / 1-800-639-7770(V/T) www.skimhs.org
Maine Medical Center (Portland)	207-662-0111(V) / 207-662-4900(T) / 1-877-339-3107 www.mmc.org
Maine Special Olympics	207-879-0489 www.specialolympicsmaine.org
MaineCare Services, Office of (formerly Medicaid)	1-800-321-5557--Option 1 OR 1-800-977-6740--Option 2 www.maine.gov/dhhs/oms
MaineGeneral Medical Center (Augusta) public@mainegeneral.org	207-626-1000 www.mainegeneral.org
MaineGeneral Medical Center (Waterville) public@mainegeneral.org	207-872-1000 www.mainegeneral.org
Make A Wish Foundation of Maine wishme@maine.wish.org	1-800-491-3171 www.mainewish.org

Maine State Resources

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Mid-Coast Hospital (Brunswick) mlabbe@midcoasthealth.com	207-729-0181 www.midcoasthealth.com
Mid-Coast Mental Health Center	207-701-4400(V/T) / 1-800-540-2072 www.penbayhealthcare.org/mcmentalhealth
Military Family Assistance Center	1-888-365-9287 www.me.ngb.army.mil/family
Military OneSource	1-800-342-9647 www.militaryonesource.com
Multiple Sclerosis Society	207-781-7960 www.msnewengland.org
Muscular Dystrophy Association portlandmea@mdausa.org	207-854-3749 www.mdausa.org (local info--type in your zip code)
Narcotics Anonymous	1-800-974-0062 www.namaine.org
National Alliance on Mental Illness (NAMI) - Maine info@namimaine.org	207-622-5767 / 1-800-464-5767 www.namimaine.org
National Kidney Foundation - New England nkfofmrnv@kidneyhealth.org	781-278-0222 / 1-800-542-4001 www.kidneyhealth.org
Newborn Bloodspot Screening Program, Maine eleanor.a.mulcahy@maine.gov	207-287-5357(V) / 1-800-606-0215(T) www.maine.gov/dhhs/boh/cshn/bloodspot_screening
Northern Maine Medical Center (Fort Kent)	207-834-3155(V) / 207-834-4100(T) www.nmmc.org
Parent/Teacher Association, Maine tbreen@zoneradio.com	207-848-3754 www.mainepta.org
Pathways Inc. wendyj@pathwaysmaine.com	207-795-4085 www.pathwaysmaine.com
Pine Tree Legal Assistance - Portland (Admin. Office)	207-774-8211 / 711(T) www.ptla.org
Pine Tree Society info@pinetreesociety.org	207-443-3341 www.pinetreesociety.org
Poison Center, Northern New England	1-800-222-1222 www.nnepc.org

Maine State Resources

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Progress Center, Inc.	207-743-8049 www.progresscentermaine.org/home.asp
Psychological Association, Maine mepaaug@aol.com	207-621-0732 / 1-800-287-5065 www.mepa.org
Public Health Nursing - Central Office	207-287-3259(V) / 1-800-606-0215(T) / 1-877-763-0438 www.maine.gov/dhhs/bohdcfh/phn
Red Cross, American - Maine Headquarters	207-874-1192 / 1-877-372-7363 www.maineredcross.org
Redington-Fairview General Hospital (Skowhegan) info@rfggh.net	207-474-5121 www.rfggh.net
Regional Transportation Program, Inc.	207-774-2666 / 1-800-244-0704 www.rtprides.org
Rehabilitation Services, Bureau of (Central Office)	1-800-698-4440(V) / 1-888-755-0023(T) www.maine.gov/rehab/index.shtml
Respite for ME	207-626-3497 x143 / 207-626-7598 / 1-800-894-6264 www.respiteforme.com
Respite Services in Central Maine tpushard@childrenscenteraugusta.com	1-800-894-6264 / 207-626-7598 x143 www.childrenscenteraugusta.com
Respite Services in Northern Maine Nancy.Spencer@ucpofmaine.org	(207) 941-2952 www.ucp.org/ucp_localsrv.cfm/80/15095/15097/ 1431
Respite Services in Southern Maine jdaniello@woodfords.org	207-878-9663 / 1-800-439-0314 www.woodfords.org/programs/respice-care-for-children
Riverview Psychiatric Center	207-624-4600 www.maine.gov/dhhs/riverview
Safe Kids, Maine Coalition for paul.skm@gmail.com	www.safekidsmaine.org
Social Security Administration	1-800-772-1213(V) / 1-800-325-0778(T) www.ssa.gov
Southern Maine Medical Center (Biddeford) info@smmc.org	207-283-7000 www.smmc.org
Southern Maine Parent Awareness support@somepa.org	207-324-2337(V/T) / 1-800-564-9696 www.somepa.org

Maine State Resources

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Special Services, Division of (Maine DOE)	207-624-6650 / 1-800-577-6690 www.maine.gov/education/speced
Spina Bifida Association -- New England Chapter sbaa@sbaa.org	202-944-3285 / 1-800-621-3141 www.sbaa.org
Spring Harbor Hospital (Westbrook) shhinfo@springharbor.org	207-761-2200 / 1-888-524-0080 www.springharbor.org
Spurwink Services info@spurwink.org	207-871-1200 / 1-888-889-3903 www.spurwink.org
St. Mary's Regional Medical Center (Lewiston)	207-777-8100 www.stmarysmaine.com/content/view/1185/586
Starlight Children's Foundation - New England info@starlight.org	1-617-241-9911 www.starlight.org/newengland
Substance Abuse, Maine Office of osa.ircosa@maine.gov	207-287-8900(V) / 1-800-499-0027(V) / 1-800-606-0215(T) www.maine.gov/dhhs/osa/help/
Sudden Infant/Childhood Death Program	1-800-452-1926
Suicide Prevention Program, Maine Youth	207-287-8900 / 1-800-499-0027(V) / 1-800-606-0215(T) www.maine.gov/suicide/
Supplemental Security Income (SSI)	1-800-772-1213
Support Groups for the State of Maine	207-287-8900 / 1-800-499-0027
Sweetser	1-800-434-3000
Talking Books - Maine State Library	207-287-5650 / 1-800-762-7106
TANF (Temporary Assistance for Needy Families)	207-624-8333 / 1-800-452-1926
Technical Assistance Center, New England ADA	1-800-949-4232
Technical Exploration Center info@tecmaine.org	207-992-9270 / 1-866-274-0029 www.tecmaine.org

Maine State Resources

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Transportation Program, Regional (KVCAP)	207-622-4761 / 1-800-542-8227
Tri-County Mental Health Services info@tcmhs.org	207-783-9141 / 1-800-787-1155 www.tcmhs.org
United Cerebral Palsy of Northeastern Maine office@ucpofmaine.org	1-877-603-0030 www.ucpofmaine.org
United Way of Maine	listed on their website by location www.national.unitedway.org/myuw/local.cfm?id=browsecities&zip=00000&abbr=ME
Vocational Rehabilitation Services, Bureau of	1-800-698-4440 / 1-888-755-0023(T) www.maine.gov/rehab/
Volunteer Lawyers Project	207-774-4348 / 1-800-442-4293 www.vlp.org
VSA Maine sladek@vsartsmaine.org	207-607-4016(V/T) www.vsartsmaine.org
Western Maine Transportation Services	1-800-393-9335 www.wmtsbus.org
WIC Program	1-800-437-9300(V) / 1-800-606-0215(T) www.maine.gov/dhhs/wic/
Wings for Children & Families wingsmaine@wingsinc.org	207-941-2988(V) / 207-941-2971(T) / 1-800-823-2988 www.wingsinc.org
Wings for Children and Families, Inc. wingsmaine@wingsinc.org	207-941-2988 / 1-800-823-2988 www.wingsinc.org
Women, Work & Community--Maine Centers for	207-621-3440 / 1-800-442-2092 (in state) www.womenworkandcommunity.org
Youth Alternatives Ingraham	207-523-5049(V) / 207-874-1180(T) / 1-877-429-6884 www.yaimaine.org
Youth and Family Services yfsinc@yfsinc.org	207-474-8311 / 1-888-420-9605 www.yfsinc.org