



## PLEASE JOIN US!

At any of the 15 Support Groups Across the State

### York, Cumberland, Oxford and Androscoggin Counties

Laurie Cavanaugh, Regional Parent Support Coordinator, (207) 518-9546; Email: [lcavanaugh@crisisandcounseling.org](mailto:lcavanaugh@crisisandcounseling.org)

**Lewiston** - Meets 2<sup>nd</sup> Wednesday of each month at CMMC from 6:30-8 p.m. (meets Sept – June)

**Norway** - Meets 3<sup>rd</sup> Wednesday of each month at Stevens Memorial Hospital, from 6:30-8 p.m. (meets Sept – June)

**Portland** - Meets 1<sup>st</sup> Wed. ea month at PROP Head Start East End Children's Workshop, Congress St. from 4:30-7 p.m. (meets Oct–May)

### Kennebec, Somerset and Franklin Counties

Paige Cummings, Regional Parent Support Coordinator (207) 623-4474; Email: [pcummings@crisisandcounseling.org](mailto:pcummings@crisisandcounseling.org)

**Augusta** - Meets 2<sup>nd</sup> Tuesday of each month at Crisis & Counseling Center, 32 Winthrop St, from 6-8 p.m.

**Augusta** – Meets 4<sup>th</sup> Wed. each month at Southern Kennebec Child Development Corporation, Magic Years, 25 Industrial Dr. 6-8 p.m.

**Skowhegan** - Meets 4<sup>th</sup> Tuesday of each month at Youth & Family Services, 5 Commerce Drive from 9:30 to 11 a.m.

**Waterville** - Meets 1<sup>st</sup> Tuesday of each month at Alford Youth Center, 126 North Street from 6:30-8 p.m.

### Knox, Lincoln and Sagadahoc Counties including Brunswick area

Norman LeBlanc, Regional Parent Support Coordinator, (207) 721-0161; Email: [nleblanc@crisisandcounseling.org](mailto:nleblanc@crisisandcounseling.org)

**Bath** - Meets 3<sup>rd</sup> Thursday each month at Families CAN!, Mid-Coast Community Action, 34 Wing Farm Parkway, 9-11 a.m.

**Brunswick** – Meets 2<sup>nd</sup> Monday each month Mid-Coast Hospital, 121 Medical Ctr Dr; Running Start Conf. Rm, 3rd floor 6:30-8 p.m.

**Damariscotta** - Meets 1<sup>st</sup> Thursday each month at Mobius, Inc, 319 Main St. from 6:30-8:30 p.m.

**Rockland** - Meets 4<sup>th</sup> Friday each month at WIC Office, 7 Union St. from 10 a.m. - 12 p.m.

### Hancock and Waldo County

Cindy Seekins, Program Supervisor & Regional Parent Support Coord, (207) 223-9993; Email: [cseekins@crisisandcounseling.org](mailto:cseekins@crisisandcounseling.org)

**Searsport** - Meets 4<sup>th</sup> Tuesday of each month at Waldo County Head Start, 3 Back Searsport Rd from 5:30-7:30 p.m. (meets Sept – May)

**Ellsworth** – Meets 4<sup>th</sup> Friday of each month at KidsPeace of New England, 16 KidsPeace Way, from 10:30 a.m.-12:30 p.m.

### Penobscot, Piscataquis, Southern Aroostook and Washington Counties

Tonya Gray, Regional Parent Support Coordinator (207) 269-2234; Email: [tgray@crisisandcounseling.org](mailto:tgray@crisisandcounseling.org)

**Bangor** - Meets 3<sup>rd</sup> Tuesday of each month at Wings for Families and Children, 900 Hammond St. from 5 - 6 p.m.

**Enfield** – Meets 4<sup>th</sup> Monday each month at Enfield Station School, 561 Hammett Rd from 2:20 p.m. - 3:30 p.m.

**Please call to register your interest in attending or for more information contact us  
toll free at 1-800-264-9224 or visit us on the web at: [www.gearparentnetwork.org](http://www.gearparentnetwork.org)**

